

DEBORAH K. ELLIOTT-DESORBO, PH.D.

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EDUCATION:

The George Washington University
Ph.D. Clinical Psychology

Rutgers College, Rutgers University
B.S. Public Health, Psychology

EXPERIENCE: CLINICAL

St. Louis Behavioral Medicine Institute

St. Louis, MO

Feb 2017-present

*Clinical Psychologist

- *Director, Health Psychology Program

- *Director, Training: Oversees training of postdoctoral/postgraduate fellows & practicum students. Provides training opportunities for all clinicians w/in SLBMI and external to.

 - *Successfully obtained APA Accreditation for Continuing Education.

- * Founding Director, Gender Affirming Program (GAP) for Transgender and those with Non-Binary Identities

- *Founding Director, Provider Support Program: Provides mental health services to medical and mental health providers.

- *Member of Integrated Care team: Provides state-wide consultation and education to organizations with Integrated Care programs & education to integrated care providers.

- *Provides individual and couples therapy

- *Treated medical students & residents on-site at a local medical school (2018-2020)

- *Served as Behavioral Scientist, Mercy Family Medicine Program: Provided education and consultation to Residents and Faculty in a primary care clinic

Department of Veterans Affairs

Citrus Heights, CA

Nov 2014-Jul 2016

*Clinical Psychologist/Readjustment Counselor

- *Provided individual, group, and couples therapy to Combat Veterans and those who experienced Military Sexual Trauma

- *Served as Clinical Coordinator

- *Served as Acting Vet Center Director

Colorado Springs, CO

May 2010-Nov 2013

*Compensation and Pension Psychologist

- *Provided comprehensive psychological assessments to current and former members of the military to help determine their VA compensation and benefits

Deb Elliott-DeSorbo, Ph.D., LLC

Colorado Springs, CO

August 2009- May 2011

- *Private practitioner specializing in cognitive behavioral and Rogerian therapy

United States Air Force Academy 10th MDG, Family Practice Clinic

USAFA, CO

Sept 2008-August 2009

- * Behavioral Health Consultant; Captain, United States Air Force

 - *Provided integrated mental health care to active duty, dependants, and retirees at USAFA Hospital as a member of the Family Practice team; served as a consultant to Family Practice, Internal Medicine, Women's Health, and Pediatric clinics

 - * Served as member of the multidisciplinary Population Health and Women's Health Working Groups; provided psychological education to Diabetes & Healthy Living classes

EXPERIENCE:
CLINICAL(cont'd)

United States Air Force Academy, Academy Counseling Center,

USAFA, CO

August 2006-Sept 2008

* Staff Psychologist; Captain, United States Air Force

- *Conducted therapy with Cadets, Active Duty and Retired personnel and their dependents
- *Served as mental health consultant to 12 Commanders and 20 Enlisted Commanders; consulted on cases regarding the 1100 Cadets in their care
- *Conceptualized, designed, and executed Cadet Wing-wide Forums to include Women's Forum, AFSC Forum, and Life After USAFA Forum
- *Officer-In-Charge of Academy Counseling Center Basic Cadet Training program; trained 24 Cadet First Sergeants, supervised their support of 1348 Basic Cadets
- *Ran wing-wide Suicide Prevention and Violence Awareness programs
- *Served as the Traumatic Stress Response (TSR) Officer of the Cadet Wing
- *Served as liaison between Academy Counseling Center and Cadet Medical Clinic

Malcolm Grow Medical Center/United States Air Force

Andrews AFB, MD

August 2005-Aug 2006

* Psychology Resident; Captain, United States Air Force, BSC

- *Conducted individual & group therapy with Active Duty, retired, and dependent members
- *Performed neuropsychological evaluations
- *Provided 24/7 support to Family Advocacy program; assisted with issues of child and spousal abuse
- *Served as behavioral health consultant to Family Practice and Women's Health clinics

Whitman Walker Clinic

Washington, DC

Nov 2005-June 2006

*Volunteer therapist

- *Provided therapy for a trans man, wrote letter allowing him to start his transition

Children's National Medical Center, Department of Pediatric Neuropsychology

Washington, DC

Sept 2002-June 2004

*Practicum student, then Resident in Psychology

- *Administered and scored neuropsychological tests to children undergoing assessment for a wide range of problems (e.g. ADHD, brain tumors, learning disabilities, executive functioning difficulties). Tests included WISC, WASI, WRAML, TEACH, NEPSY, Grooved Pegboard, WCS, CMS, WJ III, TOVA, VMI, Tower of London DX, BRIEF, BASC, CVLT-C, WRAT
- *Assessed, conceptualized, provided feedback, and wrote reports for cases seen at the Executive Functioning clinic
- *Administered baseline neuropsychological assessments to Washington Caps players as part of a National Hockey League program

Mautner Project

Washington, DC

June 2004-September 2004

*Co-Facilitated "Kicking Butts" smoking cessation group

Greenbelt Cares, Greenbelt City Government

Greenbelt, MD

January 2004-January 2005

*Conducted family/couples therapy clients using a CBT approach

EXPERIENCE:
CLINICAL(cont'd)

Meltzer Center for Psychological Services
The George Washington University
Washington, DC

September 2002-July 2004

*Conducted therapy and administered and scored assessment batteries; wrote subsequent reports

Pervasive Developmental Disorders (PDD) Program — For Autism Spectrum Disorders
Children's National Medical Center

Washington, DC

Sept 2003-December 2003

*Co-led Social Skills Training group for children with high-functioning autism

EXPERIENCE:
TEACHING

University of the Rockies
Colorado Springs, CO & Denver, CO

May 2009-Apr 2010, Nov 2014-Jan 2020

*Adjunct Faculty, Schools of Organizational Leadership and School of Professional Psychology

Apr 2010-Nov 2014

*Associate Core Faculty (online): School of Organizational Leadership

*Classes taught include: History and Systems of Psychology, Human

Development, Survey of Psychology II, Biological Basis of Behavior, Learning Theory

*Served in the following roles: mentor to new faculty & Ph.D. students, peer reviewer for online faculty, content area coordinator for Health and Wellness program, course creator, course reviser, course reviewer, member: Student Community Standards Committee, President, School of Organizational Leadership

Dec 2010-Dec 2012

*Core Faculty (Associate Professor, Campus): School of Professional Psychology

*Classes taught include: Psychopathology, Social Psychology, History of Psychology

*Served in the following roles: Program Area Leader for MA in General Psychology, mentor to Master's and Doctoral students, dissertation chair, Institutional Review Board co-chair, advisor to Graduate Student Association, advisor to Golden Key National Honor Society chapter, supervisor to clinical students who saw patients at the Rockies Counseling Center, content area coordinator for Psychopathology, Personality, Life Span Development, & Human Sexuality, and President, Faculty Senate

Walden University

Minneapolis, MN

Jul 09-Nov 2014

*Contributing Faculty

*Class currently teaching/taught: Health Psychology, Advanced Psychopharmacology, Foundations for Graduate Study in Psychology, Social Psychology

The George Washington University

Washington, DC

May 2003 - December 2004

*Adjunct Faculty, Undergraduate program in Psychology

EXPERIENCE:
I/O PSYCHOLOGY

Applied Research Corporation (Founder/Supervisor: Dr. Joel Moses)
Metuchen, NJ

June 1997-October 1998

*Prepared and assisted in development of materials for psychological assessments for Industrial/Organizational Psychological Firm

*Provided editorial assistance in the completion of assessment reports

**EXPERIENCE:
RESEARCH**

Journal of Social, Behavioral, and Health Sciences

Feb, 2013-Dec 2015

*Reviewer of original articles submitted for acceptance to the Journal

National Cancer Institute/National Institutes of Health (NIH)

Bethesda, MD

June 2003-August 2005

*Research Assistant, Neuropsychology Group, HIV & AIDS Malignancy Branch

*Conducted interviews with patients with HIV who were part of our longitudinal medication adherence protocol; managed data related to said protocol

*Gathered quality of life data from children with cancer

*Assisted in the preparation of manuscripts to be submitted for publication

American Psychological Association

Washington, DC

May 2002-October 2002

*Lexicologist

*Identified and defined medically-related psychological terms for inclusion in the *APA Dictionary of Psychology*

***Center for Family Research, Department of Psychiatry,
The George Washington University Medical Center***

Washington, DC

January 2002-July 2003

*Research Assistant

*Conducted literature reviews in support of Breast Cancer/coping study

*Responsible for data collection in study looking at children of depressed parents

*Recruited participants, administered wide variety of measures to children and their parents, including a semi-structured interview

University of Medicine and Dentistry of New Jersey – New Jersey Medical School

Newark, NJ

October 1998-January 2003 (I took a study to with me to DC)

*Research Specialist in Department of Psychiatry

August 2000-January 2003

*Managed study “Prevalence of Childhood Trauma in Women with Fibromyalgia and Major Depression: A Community Study”

*Ran day-to-day operations of study

*Administered & scored multiple questionnaire (including Symptom Questionnaire, Pain Assessment, PCL-C, BDI, CTQ, Unwanted Sexual And Physical Abuse Experience, etc.); entered data and conducted preliminary analyses

August 2000-August 2001

*Worked in the Neuroscience Dept. at the Chronic Fatigue Cooperative Research Center

*Administered Diagnostic Interview Schedule (Q-DIS)

*Administered, scored Neuropsychological Battery (Wechsler Adult Intelligence Scale (WAIS-R), CVLT, REY Complex Figure, Trails A & B, CPT, etc.)

*Conducted longitudinal interviews

October 1998-August 2000

*Managed National Institute of Health (NIH)-funded study “Delay of Gratification and Substance Use, Abuse, and Dependence”

*Researched, created and prepared all study materials, protocols & consent forms

*Wrote and/or edited all study-related documents (grants, papers, etc.)

*Ran collection and analysis of the data; coordinated all study functions/locations

*Supervised staff ranging from 1-4 people

*Assisted in a study looking at the effects of Qigong on mice injected with lymphoma

*Assisted in development of research design/protocol

*Received certification in animal laboratory procedures; served as placebo practitioner

EXPERIENCE**RESEARCH** (cont'd):***Institute for Health, Health Care Policy and Aging Research****Rutgers University, New Brunswick, NJ**January 1998-May 1998*

*Managed Public Health Study entitled "How Adolescents Learn About AIDS"

*In charge of supply purchase, recruitment of all participants, running focus group sessions

*Assisted in development of the entire study a year previous:

*Researched basis for study, procured funding, obtained approval from Human Subjects Review Board, developed age-specific consent letter

Center for Research on Health and Behavior - Institute for Health, Health Care Policy and Aging Research*Rutgers University, New Brunswick, NJ**May 1996-August 1997*

*Research Assistant

*Scheduled and conducted in person psychological interviews for aging study

*Evaluated subjects based on observations, then evaluated data quality

PUBLICATIONS:

Elliott-DeSorbo, D., Martin, S., Wolters, P.L. (2009). Stressful Life Events and their Relationship to Psychological and Medical Functioning in Children and Adolescents with HIV Infection. *Journal of Acquired Immune Deficiency Syndrome* 52(3):364-370.

Martin, S., Elliott-DeSorbo, D., Wolters, P., et al (2007). Patient, caregiver, and regimen characteristics associated with adherence to highly active antiretroviral therapy among HIV-infected children and adolescents. *Pediatric Infectious Disease Journal* 26(1):61-67.

Martin, S., Wolters, P., Calabrese, S., Toledo-Tamula, M., Wood, L., Roby, G., Elliott-DeSorbo, D. (2007). The Antiretroviral Regimen Complexity Index: A Novel Method of Quantifying Regimen Complexity. *J Acquir Immune Defic Syndr* 45(5):535-44.

Elliott, D.K. Entries on psychogenic/hysterical disorders. (2006) In G.R. VandenBos (Ed.) *The APA dictionary of psychology*. Washington, DC: American Psychological Association.

Ciccone, D., Elliott, D., Chandler, H., Nayak, S., Raphael, K.. (2005). Sexual and Physical Abuse in Women with Fibromyalgia Syndrome: A Test of the Trauma Hypothesis. *The Journal of Clinical Pain*. 21(5): 378-386.

Chen, K., Sheth, A.J., Elliott, DK, Yeager, A. (2004). Prevalence and correlates of past-year substance use, abuse, and dependence in a suburban community sample of high-school students. *Addictive Behaviors* 29(2): 413-23.

Grzesiak, R., Elliott, D., Ciccone, D. (2002). Late Whiplash Syndrome: Current Psychological Theory and Practice. In Manalga GA, Nadler S (eds) *Whiplash* (pp 393-414). Philadelphia: Hanley & Belfus.

Chen, K., Shiflett, S., Ponzio, N., He, B., Elliott, D., Keller, S. (2002). A preliminary study of the effect of external qigong on lymphoma growth in mice. *Journal of Alternative & Complementary Medicine* 8(5):615-21

**POSTERS/
ABSTRACTS:**

Martin, S., Calabrese, S.K., Elliott-DeSorbo, D.K., Toledo-Tamula, M.A., Roby, G., Wolters, P.L., and Wood, L.V. A comparison of three methods of assessing medication adherence: Perspectives from researchers and participants. Paper presented at the 2007 Regional Conference on Child Health Psychology, Cincinnati, OH. (2007).

Calabrese, S.K., Martin, S.C., Elliott-DeSorbo, D.K., Toledo-Tamula, M.A., Wolters, P.L., & Wood, L.V. Methodological and conceptual considerations in the assessment of antiretroviral medication adherence in HIV-positive children and adolescents [Abstract]. Proceedings of the XVI International AIDS Conference, Abstract No. CDB0745 (2006).

POSTERS/**ABSTRACTS: (cont'd):**

Purdy, J.B., Freeman, A.F., Martin, S.C., Ryder, R., Elliott-DeSorbo D.K., Zeichner, S., Hazra, R. Decrease in HIV Concentration with Directly Observed Therapy in Treatment Experienced Adolescents: An Adherence Tool. (Presented to the 17th International Nursing Research Congress Focusing on Evidence-Bases Practice, 7/06)

Martin S, Wolters P, Elliott D, Zeichner S, Warren K, Smith A: A Comparison of Coping Strategies among Families of Children with HIV, Cancer, and Smith-Magenis Syndrome (Presented at Society of Behavioral Medicine, 3/04)

Martin S, Elliott D. Tamula, Mary Ann, Wolters P, Wood, L Comparison of Knowledge and Perceptions of Responsibility for Medication Adherence Between HIV-positive Children and their Caregivers (Presented at Society of Pediatric Psychology, 4/04)

Chen K, Elliott D: Delay of gratification and substance use/abuse/dependence: Preliminary findings from pilot data, Spring 1999.

Chen K, Ponzio N, Shiflett S, Elliott D, Keller S: Effects of Qigong on growth of lymphoma cells in vivo, Spring 1999

TRAINING:

- *PTSD (*multiple trainings, to include one by Patricia Resick, DoD and internationally recognized expert*)
- *Combat Stress (*multiple trainings*)
- *Traumatic Brain Injury (*also assisted in creating DoD didactic on the same*)
- *Suicide Assessment/Prevention (*multiple trainings*)
- *Marital Therapy (*trained in Gottman method*)
- *Behavioral Health Optimization Program (called Integrated Care in the civilian sector) (*6 month Air Force Training, followed by refresher conferences*)
- *Assessment/Treatment of Personality Disorders (*multiple trainings*)
- *Dialectical Behavioral Therapy
- *Treating Survivors of Sexual Assault (*multiple trainings*)
- *Assessment/Treatment of Self-Injury/Self-Mutilation (*multiple trainings*)

VOLUNTEER EXPERIENCE:

- *Outreach Program for Gender-Variant Children and their Families (I ran the children's group; see APA Monitor, Sept 2003 p. 40 for more information)
- *Camp Make-A-Dream, an organization serving children from ages 5-25 who have or have survived cancer (served as cabin leader as well as camp-wide group discussion leader)
- *The Valerie Fund, which serves children with cancer and blood disorders (camp counselor, fundraising volunteer, designated speaker for the organization)
- *Make-A-Wish Foundation
- *Saint Claire's Camp (Free camp for entire families where one or more members are infected with HIV or have AIDS)
- *Fisher House (comfort home for Veterans and families while the Veteran receives medical treatment)

PROFESSIONAL AFFILIATIONS:

Utah Psychological Association: Current President Elect
Psychological Society of the Pikes Peak Region (past president)
American Psychological Association
Missouri Psychological Association
Utah Psychological Association

AWARDS/HONORS:

Aug 2012: Inducted into the "President's Own" Redcoat Society, University of the Rockies
Sept 2008, Aug 2009: Awarded Air Force Commendation Medal