JANET CAHILL, PH.D. - VITA

PROFESSIONAL POSITIONS

Professor Emerita and former Chair-Department of Psychology Rowan University
Past Director – Rowan Child and Family Assessment Clinic
Past Coordinator – Master's Program in Mental Health Counseling
Licensed Psychologist - NJ License 35SI004495
Licensed Psychologist – Nevada License PY 0673

Parent Child Interaction Therapy – Certified Therapist
Parent Child Interaction Therapy – Certified Level 1 Trainer

Current Position: Private Practice: Child Family Mental Health, LLC

Email: jcahill@childfamilymh.com
Fax: (877) 820-8318
Phone: (609) 923-1592

EDUCATION

- State University of New York College at Oneonta B.S. summa cum laude
- Philadelphia Child Guidance Clinic- Clinical Internship
- Temple University - Ph.D. Clinical Psychology

PROFESSIONAL MEMBERSHIPS

- Member – American Professional Society on the Abuse of Children
- Member – New Jersey Psychological Association
- Member – Nevada Psychological Association
- Member - American Professional Society on the Abuse of Children- Munchausen by Proxy Committee

AREAS OF ACADEMIC EXPERTISE

Major classes taught:

- Graduate Psychopathology – Differential Diagnosis
- Graduate Psychopathology - Etiology and Evidenced Based Treatment
- Graduate Social and Cultural Diversity
- Graduate Introduction to Counseling
- Graduate Counseling and Psychotherapy

- Undergraduate Intake and Interviewing Skills
- Undergraduate Developmental Psychopathology
- Undergraduate Abnormal Psychology

Academic Expertise:

- Psychopathology of adults, children and adolescents
- Best practice assessments for children and adolescents
- Forensic assessment
- Evidenced based treatment approaches
- Family systems and family therapy
- Child welfare and child abuse
- Computer based training techniques

CLINICAL AREAS OF EXPERTISE

- Forensic Evaluations
  - Parental Capacity Evaluations
  - Psychological and Bonding Evaluations
  - Custody Evaluations
- Factious Disorder Imposed on Another
- Psychological Assessments of Adults, Adolescents and Children
- Evidenced based treatment approaches
- Clinical supervision

RELEVANT PROFESSIONAL TRAINING

- Rutgers University Child Welfare Expert Witness Training 2004
- APSAC Clinic on Child Interviewing Techniques 2006
- Parent Child Interaction Therapy (PCIT) 2009
- Agency Trainer PCIT Training – Level I Trainer – 2011
- DBT Treatment for Children and Families – 2014
- Ethics Training from American Psychological Association – 2014
- Ethics Training from APA Trust – 2016-2020

EVALUATION PROJECTS

- 2002 -Outside evaluator for Camden County Health Mother's Health Babies Project
- 2002 - Outside evaluator for Center for Family Services pilot program in Multisystem Therapy.

CURRICULUM DEVELOPMENT (PARTIAL LIST)

Development and implementation of the following trainings for child welfare and mental health professionals:

- Engagement skills
- Assessment and Testing skills
- Professional Values and Child Welfare

- Observation Skills
- Content Areas and Interviewing Skills
- Interactive Skills
- Documentation Skills
- Child Interviewing
- Proactive Supervision (5 modules)
- Best Practice Assessment for Child Protection
- Evidenced Based Treatment for Children and Families

2014 – Development and implementation of yearlong CEU cycle for Evidenced Based Practice for Children and Families

2014- Development of New Jersey Statewide Training Workshop for Best Practice Assessment for Child Protection/Child Welfare.

2018- Development of Best Practice Assessment Training in Child Welfare for Psychologists

CONSULTANCIES (PARTIAL LIST)

- Child Welfare League of America
- Institute for Human Services
- New Jersey Division of Child Protection and Permanency
- New Jersey Department of Developmental Disabilities
- New Jersey Division on Aging
- 2003 – Served on Screening Panel for new Director of Youth and Family Services. Served on training consortium task force.
- 2004 - Designed and delivered out of home placement assessment protocol training for NJ Division of Youth and Family Services.
- The Center for Adoption Support and Education
- Nevada Division of Child and Family Services
- Rutgers University Forensic Assessment Coordination Center
- South Carolina CPS
- Colorado CPS
- Rowan University CARES

RECENT TRAINING WORKSHOPS:

- Behavior parenting training (8/31/09)
- Additional trainings for human service workers contracted by UMDNJ through 2009
- Evidenced based practice – Kendall models for depression and anxiety
- Evidenced based practice- Motivational Interviewing (2010)
- Development of web-based training for Transracial adoptions - The Center for Adoption Support & Education - Funded by the Kellogg Foundation (2011)
- Evidenced based practice in child and adolescent mental health (2012)
- Evidenced Based Training for Children and Family (2013 – 2020)
  - Parent Child Interaction Therapy

- o   Parent Management Training
  - o   Trauma Focused – CBT
  - o   Coping CAT and Taking Action
  - o   Social Skills Training for the Autism Spectrum
- Engagement Skills for Mobile Response Workers (Sponsored by UMDNJ -2015)
- Engagement skills for mental health workers (2013 and 2014)
- Parent Child Interaction Therapy (2014-2018)
- Parent Management Training for Nevada Division of Child Family Services – 2015
- Development of training on Best Practice Forensic Assessment in Child Welfare – New Jersey Department of Children and Family Services – 2016-2018
  - o   Ongoing training program for NJ Division of Child Protection and Permanency on Best Practice Assessments.
  - o   Development of Best Practice Protocols for Psychologists in Child Welfare – with Rutgers University's Forensic Coordination Center
- Parent Child Interaction Therapy – PCIT for Danelle Counseling Center and Nevada CPS - 2016-2017
- Parent Management Training (PMT) for Nevada Division of Child and Family Services -2016
- DSM 5 – Nevada Division of Child and Family Services – 2016-2018
- Best Practice Assessments for Child Protection for New Jersey Division of Child Protection and Permanency 2015-2019
- Best Practice Treatment for Substance Abuse in Child Protection – Nevada Division of Child and Family Services 2018
- Munchausen by Proxy for South Carolina Child Protection Agency (4/17/19)
- Engagement Skills and Motivational Interviewing for NJ Children's System of Care (2020)
- Munchausen by Proxy Training for Colorado Child Protection Agency (August 8, 2019)
- Best Practice Assessment for Rowan University CARES (2020)

SCHOLARLY PUBLICATIONS OR PRESENTATIONS (PARTIAL LIST)

Assessment and Evidenced Based Treatment Research and Presentations:

Cahill, J. (2020) Munchausen by Proxy – the Role of the Psychologist. *Accepted by American Professional Society on the Abuse of Children, New Orleans, Louisiana.*

Cahill, J. (2020) Using Parental Capacity Evaluations to support Family First Prevention Services Act and APSAC Service Planning. *Accepted by American Professional Society on the Abuse of Children, New Orleans, Louisiana.*

Cahill, J. (2017) *Presenter on Panel for Best Practice Guidelines for Munchausen by Proxy. Presented at American Professional Society on the Abuse of Children Annual Conference, Portland Maine*.

DeFiccio, B. and Cahill, J. (2017) Bridging the Science-Practice Gap – An Example of Successful Implementation *and Sustainability* of EBI in a Community Outpatient Clinic. *Presented at American Professional Society on the Abuse of Children Annual Conference, Portland, Maine*.

Cahill, J. Panel Presenter at New Jersey Coordination Summit on Forensic Evaluations- 3/16/16

Cahill, J. (2015) Munchausen Syndrome by Proxy and the DSM 5: New Name and New Implications for Child Protection. *Presented at American Professional Society on the Abuse of Children Annual Conference.* Boston, MA

Cahill J. (2015) Evidence treatment for children and families – an overview of best practice. *Presented at New Jersey Psychological Association Annual Conference.*

Cahill, J. (2011). Best practice assessment of bipolar disorder in children and adolescents. *APSAC Advisor.*

Cahill J. (2011). Are we overmedicating the children in our care? *Presented at American Society on the Abuses of Children Annual Conference, Philadelphia, PA.*

Cahill, J. (2009) *Bipolar Disorder in Children: Controversies and Best Practice Diagnosis. Presented at American Society on Abused Children, Atlanta, Georgia: 2009*

Cahill, J. (2009), *Evidence Based Practice for Disruptive Disorders. Presented at NJ Task Force Conference on Child Abuse and Neglect.*

Cahill, J & Tommasi, (2009). *Evidenced Based Practice: Challenges to Implementation and Review of Promising Programs for Children and Families. Presented at NJ Statewide Conference on Children's Mental Health.*

Cahill, J. (2008). *A Model Diagnostic Protocol for Children and Adolescents – The Importance of a Multimodal Approach.* Presented at Center for Child Advocacy, Third National Conference.

Cahill, J. & Kerwin, M.L. (2004). *Model assessment protocol for kinship care families.* Presented at Child Welfare League of America National Conference, Washington, D.C., February 23, 2004.

Other Research:

Cahill, J. and Feldman, L. (1988). *Evaluation of a stress reduction program for child protection worker.* Presented at Eastern Psychological Association, Buffalo, NY: April, 1988. Also accepted for publication in the ERIC Clearinghouse on Counseling and Personnel Services, #CG 021278, 1989.

Cahill, J. (1989) *Technology and stress: The role of the consulting psychologist*. Presented at the Eastern Psychological Association Meeting, Boston, MA.: April, 1989. Also ERIC # CG022235.

Cahill, J. (1992). Computers and stress reduction in social service workers in New Jersey. *Conditions of Work Digest: Preventing Stress at Work*, *11*: 197-203.

Cahill, J., & Feldman, L.H. (1993) Computers in child welfare. *Child Welfare*, *72*, 3-12.

Cahill, J. (1998). *Comparison of traditional and computer based trainings for case practice skills.* Presented at the APSAC National Colloquium, Chicago, Illinois.

Cahill, J. (1998) *Computers and case practice in permanency planning.* Presented at Child Welfare League of America, National Adoption Training Conference, Austin Texas.

Cahill, J. (1999). *Technology and training: Supporting child welfare*. Presented at the CWLA Trieschman Center 8th Annual Information Technologies Conference, Cape Cod, MA .

Cahill, J. (2000). *Preventing Communication Breakdown: Tools for Integrating Technology and Case Practice.* Presented at the CWLA Trieschman Center 9th Annual Information Technology Conference, Atlanta Georgia.

Cahill, J. (2004). *Staff training for the long run – Improving skills and retention*. Presented at CWLA Mid-Atlantic Training Conference.

Cahill, J., & Landsbergis, P.A. Evaluation of an occupational stress intervention in human services: Targeting skill development.
Presented at Work, stress and Health '95: Creating Healthier Workplaces., Washington, D.C.: September 1995.

DR. JANET CAHILL - SHORT BIOGRAPHY

Dr. Janet Cahill has a Ph.D. in clinical psychology from Temple University. She was trained as a family therapist at the Philadelphia Child Guidance Clinic. Dr. Cahill is a Professor Emerita in the Department of Psychology at Rowan University. She served as chair and was the coordinator of Rowan University's master's program for Licensed Professional Counseling. Her private practice specializes in assessing abused and neglected children and their families. She has developed model protocols in parenting evaluations and recommendations for evidenced based treatments. She has expertise in evaluations and treatment for Factitious Disorder Imposed on Another (aka Munchausen by Proxy).

She is a strong advocate for evidenced base treatment for children and families. She is a certified therapist and Level 1 trainer for Parent Child Interaction therapy (PCIT).

Dr. Cahill has consulted to many human services agencies, including the New Jersey Division of Child Permanency and Protection, the Nevada Division of Child and Family Services, South Carolina CPS, and Colorado CPS and Acenda.   An active trainer, she has provided numerous workshops to human service professionals in the community. An overarching goal of her activities is to bring academic expertise and evidence-based practice into community settings.