

**Lindsey B. Ricciardi, Ph.D.**  
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## LICENSURE

Clinical Psychologist	State of Nevada May 2007 License #: PY0529
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## EDUCATION

Postdoctoral Fellowship	Department of Psychiatry University of Chicago Medical Center Eating and Weight Disorders Program Supervisor: Eunice Chen, Ph.D. June 2006
Professional Internship	Department of Psychiatry University of Chicago Medical Center Supervisor: Daniel le Grange, Ph.D. June 2005
Ph.D., Clinical Psychology	University of Nevada, Las Vegas Supervisor: Marta Meana, Ph.D. December 2005
M.A., Clinical Psychology	University of Nevada, Las Vegas Supervisor: Marta Meana, Ph.D. December 2001
B.A., Psychology, with Honors	University of Maine May 1998

## LEADERSHIP

Legislative Committee Member	Nevada Psychological Association May 2012-Current
Continuing Education Committee Board Member	Nevada Psychological Association May 2015-May 2016
Chair, Continuing Education Committee	Nevada Psychological Association May 2013-April 2015
Past-President	Nevada Psychological Association May 2013-May 2014

President	Nevada Psychological Association May 2012-May 2013
President-Elect	Nevada Psychological Association May 2011-May 2012
President, Southern Board	Nevada Psychological Association May 2009-May 2011
Vice President, Southern Board	Nevada Psychological Association May 2008- 2010
Secretary, Southern Board	Nevada State Psychological Association May 2007- 2008
Graduate Student Representative	Nevada State Psychological Association May 2003-May 2004
UNLV Graduate Student Representative	American Psychological Association for Graduate Students (APAGS), May 2001-May 2002
Graduate Student Liaison	Council of University Directors of Clinical Psychology, 2002-2003
Department Representative	Graduate Student Association UNLV 2001-2002

## **HONORS, AWARDS, TRAINING CERTIFICATES**

Outstanding Advocacy Award, Nevada Psychological Association 2015  
 Outstanding Contribution to Nevada Psychological Association 2012  
 Certification of Family-Based Therapy for Anorexia/Bulimia 2012  
 Dialectical Behavior Therapy, certification of 10-day comprehensive training 2010  
 First Place, Nevada State Psychological Association Poster Session, 2004  
 The President's Graduate Fellowship, UNLV, 2003  
 Graduate Summer Session Scholarship, UNLV, 2003  
 Outstanding Dissertation Proposal in Psychology, UNLV, 2003  
 James F. Adams/Graduate Student Association Summer Scholarship, 2002  
 Outstanding Master's Thesis in Psychology, UNLV, 2002  
 Second Place Award, Graduate Student Association Research Forum, 2002  
 GREAT Summer Scholarship, UNLV, 2001  
 Psi Chi, University of Maine (1996-1998)  
 Alpha Kappa Delta, University of Maine (1997-1998)  
 Deans Honor List, University of Maine (1995-1998)

## CLINICAL EXPERIENCE

### Lindsey Ricciard, Ph.D. LLC

Licensed Clinical Psychologist Private Practice  
June 2014- Present

Primary duties involve assessment, individual and group treatment, and clinical management of eating disorders and related conditions in children, adolescents and adults. Provision of general psychotherapy services such as treatment of depression, anxiety, and personality disorders. Responsible for training and supervision of Ph.D. level UNLV clinical psychology practicum students and clinical psychology predoctoral interns (as a Site Supervisor through the Nevada Psychological Association Training Consortium) and postdoctoral fellows. Comprehensive DBT treatment for eating disorders including therapist consultation, phone coaching, group skills training, and individual therapy. Provide training to community and mental health/medical professionals on eating disorders and related concerns through public speaking and workshops.

### Surgical Weight Control Center

Assessor and Support Group Facilitator  
September 2010-present

Provide training and supervision to clinical psychology practicum students/interns/postdocs to conduct preoperative psychosocial evaluations for bariatric surgery candidates. Utilize clinical interview and evidence based assessment tools to make informed decisions regarding preparedness and safety to move forward with surgery. Provide resources to patients. Facilitate monthly support group.

### Creative Health Solutions

Director of Behavioral Health Services  
Licensed Clinical Psychologist  
June 2007-May 2014

Responsible for the assessment, treatment and clinical management of eating disorders and obesity in adolescents and adults. Responsible for the design and implementation of a multidisciplinary eating and weight disorders program that includes educational seminars, skills training workshops, medical management, weekly group therapy sessions and individual psychotherapy sessions as indicated. Provision of general psychotherapy services such as treatment of depression, anxiety, and adjustment issues, as well as behavioral medicine services. Training and supervision of Ph.D. level UNLV clinical psychology practicum students and clinical psychology predoctoral interns (as a Site Supervisor through the Nevada Psychological Association Training Consortium) and postdoctoral fellows in the assessment and treatment of eating and weight disorders. Comprehensive DBT treatment for eating disorders including therapist consultation, phone coaching, skills training, and individual therapy. Participation in weekly interdisciplinary staff treatment team meetings.

### Center for Change Las Vegas

Program/Clinical Director  
July 2008- July 2010

Responsible for coordination and set up of all aspects of Eating Disorder treatment facility including but not limited to interviewing, hiring, negotiating wages and scheduling of new employees, coordinating with staff at primary location in Utah, meeting and planning with

other Las Vegas directors, adaptation and implementation of existing policies and procedures to Las Vegas facility, marketing, education and outreach, Joint Commission accreditation and site visit, setting up contracts and single case agreements with insurance companies, utilization management, and event planning. Direct implementation and supervision of all staff for all aspects of clinical programming including assessments, group and individual psychotherapy, and therapeutic meals and outings. Facilitated weekly multidisciplinary team meetings including psychiatrist, physicians, social workers, psychologists, nurse, mental health technicians, dietitians, and experiential therapists.

Eating and Weight Disorders Program

Department of Child Psychiatry  
University of Chicago Hospitals  
July 2004- June 2006

Conducted diagnostic assessments, including the Eating Disorders Examination and semi-structured clinical interview, to children, adolescents, and adults seeking services for a variety of eating and weight disorders. Participated in weekly group didactics and group supervision/training related to eating disorder assessment and various treatment approaches including family-based therapy, cognitive-behavioral therapy, dialectical behavior therapy, interpersonal therapy, supportive psychotherapy. Provided weekly empirically-supported psychotherapy for adolescents and adults with bulimia nervosa, binge eating disorder, or eating disorder NOS. Trained and supervised psychology interns and externs to perform assessments and provide psychotherapy supervision to psychology interns. Supervisor: Daniel le Grange, Ph.D. & Eunice Chen, Ph.D.

Center for Surgical Treatment of Obesity

Department of Surgery  
University of Chicago Hospitals  
July 2004-June 2006

Participated in weekly multidisciplinary team meetings, conducted preoperative psychosocial assessments, conducted follow-up psychosocial assessments and brief interventions, facilitated monthly support groups and trained and supervised psychology interns and externs to perform duties listed above. Developed and implemented a comprehensive preoperative workshop (PREP) to prepare patients for psychosocial challenges of surgery. Supervisors: Daniel le Grange, Ph.D. & Eunice Chen, Ph.D.

Outpatient Psychiatry Department

Department of Psychiatry  
University of Chicago Hospitals  
July 2004-June 2006

Provided psychological services to a diverse population of adolescents and adults seeking treatment for a variety of psychological difficulties and disorders including depression, anxiety, and personality disorders. Assisted clients seeking medical treatment through the university hospital with psychosocial and behavioral issues related to management of physical illnesses and conditions. Supervisors: Scott Hunter, Ph.D.

Anxiety and Depression Clinic

Department of Psychiatry  
University of Chicago Hospitals  
June 2004-January 2005

Conducted manualized Behavioral-Activation (BA) therapy with severely depressed adults as part of a research study investigating the efficacy of a newly developed treatment protocol. Supervisor: Jackie Gollan, Ph.D.

Clinical Supervision  
of Graduate Student

Psychology Department  
University of Nevada, Las Vegas  
August 2003-June 2004

Provide weekly one-hour clinical supervision to advanced practicum student. Additional duties include orienting student to practicum site, procedures and policies. Supervisor: Marta Meana, Ph.D.

Clinical Psychology Practicum

Women's Specialty Care  
Summerlin, Nevada  
August 2002-December 2003

Provided psychological services, including pain management and sex therapy, to individual patients and couples seeking services for a variety of psychological difficulties and disorders including, but not limited to, coping with various medical conditions, sexual dysfunction, post-partum depression, and chronic pelvic pain. Supervisor: Marta Meana, Ph.D. and Warren Volker, M.D.

Clinical Psychology Practicum

Student Counseling and Psychological Services  
University of Nevada, Las Vegas  
August 2001-May 2002

Provided weekly, one-hour therapy sessions to university students seeking psychological services for a variety of psychological issues including, but not limited to, developmental, individuation, and separation issues, depression, anxiety, adjustment disorders, interpersonal problems. Supervisor: Ken Swartz, Psy.D.

Support Group Facilitator

Gastric Bypass Support Group  
University Medical Center  
Department of Surgery  
January 2000-June 2004

Facilitate bimonthly, support groups for patients who have experienced gastric bypass surgery or laparoscopic banding. Supervisors: Marta Meana, Ph.D. & Barry L. Fisher, MD

Clinical Psychology Practicum

Federal Bureau of Prisons  
Nellis Airforce Base, Las Vegas, Nevada  
June 2001-August 2001

Co-facilitated group therapy sessions for male inmates with a variety of offenses who all had substance related issues. Assisted in various educational components of Residential Drug Treatment Program. Supervisor: David Greene, Ph.D.

Clinical Psychology Practicum

Center for Individual, Couple and Family  
Counseling  
University of Las Vegas, Nevada  
September 2001-May 2001

Provided one-hour therapy sessions to a diverse range of clients seeking psychological services for a variety of Axis I and Axis II disorders and psychosocial stressors.

Supervisors: Brad Donohue, Ph.D. and Christopher Kearney, Ph.D.

Psychiatric Technician

Acadia Hospital  
Bangor, Maine  
December 1998-May 1999

Facilitated a wide range of services for adolescents with eating, mood, anxiety, substance, psychotic and behavioral disorders. Supervisor: Marcia Bean, RNC

Peer Educator

Cutler Health Center  
Orono, Maine  
April 1996-May 1997

Created, designed and executed educational programs in dormitories, local schools and other colleges; Specialized in programs pertaining to body-image, self-esteem, eating disorders, nutrition, physical fitness, and stress reduction. Supervisor: Sherri Cousins, MA

**RESEARCH EXPERIENCE**Co-Principal Investigator:

Study on the Impact of Group Dialectical-Behavioral  
Therapy on Obese Binge Eaters  
University of Chicago Hospitals  
2005-2007  
Co-PI: Eunice Chen, Ph.D.

Designed and coordinated study investigating the impact of group dialectical-behavioral therapy on obese binge eaters. Co-lead weekly therapy groups.

Co-Principal Investigator:

Study on the Impact of Obesity Surgery on Sexual and  
Relational Functioning  
University of Nevada, Las Vegas  
2001- 2006  
Co-PI: Marta Meana, Ph.D., Barry Fisher, MD

Designed, coordinated, and analyzed results of prospective dissertation study investigating the impact of surgically achieved dramatic weight loss on the relationships and social standing of gastric bypass patients.

Co-Principal Investigator: Study on Psychosocial Aspects of Gastric-Bypass Surgery  
University of Chicago Hospitals  
2004 – 2006  
Co-PI: Daniel le Grange, Ph.D., Maureen Dymek, Ph.D., Eunice Chen, Ph.D., John Alverdy, M.D.

Responsible for design, analysis, and dissemination of results of longitudinal study of more than 350 weight-loss surgery patients investigating various psychosocial factors, such as quality of life, depression, self-esteem, and eating behavior.

Co-Principal Investigator: Study on Motivation for Weight-Loss Surgery  
University of Nevada, Las Vegas  
2003 – 2004  
Co-PI: Marta Meana, Ph.D., Barry Fisher, MD

Designed a pilot measure investigating numerous motivational factors for undergoing weight-loss surgery. Currently exploring psychometric properties of measure and investigating relationship between motivation and long-term outcome in over 200 weight-loss surgery patients.

Co-Principal Investigator: Study on Perceived Psychosocial Outcomes of Gastric Bypass Surgery.  
University of Nevada, Las Vegas  
University of Nevada School of Medicine  
Sept 1999 – November 2001  
Co-PI: Marta Meana Ph.D., Barry Fisher, MD

Designed, coordinated, analyzed and disseminated results of a qualitative study of ways in which gastric bypass patients perceive surgery to have changed their lives.

Research Assistant Women's Gynecologic Pain Group  
University Medical Center  
September 2000-May 2001

Assisted in the establishment of a clinic devised to assess and treat women who experience gynecologic pain. Conducted clinical assessment interviews and pain assessments. Supervisors: Marta Meana, Ph.D. and Warren Volker, M.D., Ph.D.

Research Assistant Department of Psychology  
University of Las Vegas, Nevada  
August 1999-May 2001

Assisted in the coordination of a study investigating prevalence of dyspareunia and attitudes and beliefs of college women regarding this pain disorder. Supervisor: Marta Meana, Ph.D.

Research Assistant

University of Maine, Orono  
Spring Semester 1997, Spring Semester 1998

Assisted in the collection and analysis of data for study investigating high-risk sexual interactions among adolescents and the relationship between assertiveness and contraception use. Supervisor: Douglas Nangle, Ph.D.

**TEACHING/SUPERVISION EXPERIENCE**Practicum Supervisor/Adjunct

June 2007- Present

Assistant Professor

UNLV Department of Psychology

Responsible for training and supervision of Ph.D. level UNLV clinical psychology practicum students and postdoctoral fellows as an eating disorder specific clinical training site. Supervisor duties include didactic trainings, weekly supervision, co-facilitation of groups, review of videotaped sessions and feedback, and chart review. Ultimate goal as supervisor is preparation for internship by providing practicum students experience in assessment, individual and group therapy, working with various populations and disorders and working towards proficiency in several treatment modalities (DBT, FBT, CBT, etc.). Practicum students also gain training and experience in psychosocial aspects of bariatric surgery and spend some of their practicum time at the Surgical Weight Control Center.

Psychologist/Instructor

Creative Health Solutions  
June 2007-Present

Responsible for the design and implementation of educational classes and workshops related to weight management, healthy eating, assertiveness, stress management, dysfunctional thinking and attitudes, and body image.

Part-Time Instructor

*Health Psychology*  
*Personality Psychology* (2 sections)  
Department of Psychology, UNLV  
January 2007-May 2007

Part-Time Instructor

*Introduction to Psychology* (8 sections)  
Department of Psychology, UNLV  
July 2001-June 2003  
Supervisor: Christopher Heavey, Ph.D.

Teaching Assistant

*Statistics in Psychology*  
University of Las Vegas, Nevada  
August 1999-May 2001



## PUBLICATIONS

Sheets, C., Peat, C., White, E., Berg, K., Bocchieri-Ricciardi, L., Chen, E., Mitchell, J. (2015). Postoperative Psychosocial Predictors of Outcome in Bariatric Surgery: A Review. *Obesity Surgery*, 25, 330-45.

Meana, M, & Ricciardi, L. (2007) Obesity surgery: Stories of altered lives. University of Nevada Press. Reno. <http://www.unpress.nevada.edu/books.asp?ID=2493>

Fischer, S., Chen, E., Katterman, S., Roerhig, M., Bocchieri-Ricciardi, L., Munoz, D., Dymek-Valentine, M., Alverdy, J., & Le Grange, D. (2007) Emotional eating in a morbidly obese bariatric surgery seeking population. *Obesity Surgery*, 17, 778-784.

Chen, E, Bocchieri-Ricciardi, L., Munoz, D., Fischer, S., Katterman, S., Roehrig, M., Dymek-Valentine, M., Alverdy, J., & Le Grange, D. (2007) Depressed mood in Class III obesity predicted by weight-related stigma. *Obesity Surgery*, 17, 669-671.

Bocchieri-Ricciardi, L, Chen, E.Y., Munoz, D., Fisher, S., Dymek-Valentine, M., Alverdy, J.C., le Grange, D. (2006) An investigation of presurgical binge eating status: Effect on eating behavior and weight outcome in gastric bypass patients. *Obesity Surgery*, 16, 1198-1204

Bocchieri, L. & Meana, M. (2003). Review of "The desirable body: Cultural fetishism and the erotics of consumption." Jon Stratton. *Archives of Sexual Behavior*, 23(4), 388-390.

Bocchieri, L.E, Meana, M., & Fisher, B.L. (2002). Psychosocial outcomes of gastric bypass surgery: A qualitative study. *Obesity Surgery*, 12(6), 155-165.

Bocchieri, L., Meana, M., & Fisher, B.L. (2002). A review of the psychosocial outcomes of surgery for morbid obesity. *Journal of Psychosomatic Research*, 52, 155-165

## PEER-REVIEWED CONFERENCE PRESENTATIONS

Ricciardi, L. *Should we weed out the cannabis users?* Symposium entitled, *How I do it: Handling challenging clinical situations*, presented at the American Society for Metabolic and Bariatric Surgery Masters in Behavioral Health Course, November, 2015. Los Angeles, California.

Ricciardi, L. *Integrated multidisciplinary approach in bariatric surgery: More than the sum of its members.* Interdisciplinary symposium presented at the International Federation of the Surgical Treatment of Obesity Integrated Health Postgraduate Course, October 2010. Long Beach, California.

Sogg, S., West-Smith, L., Fabricatore, A., Ricciardi, L., & Friedman, K. *Clinical dilemmas in the pre-surgical psychosocial evaluation: Case conference and panel discussion.* Symposium presented at the American Society for Metabolic and Bariatric Surgery, June 2010. Las Vegas, Nevada.

**Ricciardi, L.** *Eating disorders and obesity in kids: A one size fits all approach to prevention and treatment.* Paper presented at the Nevada Early Childhood Health and Immunization Summit. September 2009, Las Vegas, Nevada.

**Ricciardi, L.,** Chen, E. & Mitchell, J. B. *Psychological predictors of bariatric surgery outcomes.* Paper presented at the Annual Meeting of the American Society for Metabolic and Bariatric Surgery, June 2009, Grapevine, Texas.

Ricciardi, D. & **Ricciardi, L.** *Applying understanding of eating disorders treatment to treatment of obesity.* Paper presented at the 2009 Eating Disorder Coalition of Tennessee Annual Forum for Professionals: Eating Disorders & Obesity: A National Crisis? April 2009, Nashville, Tennessee.

**Bocchieri-Ricciardi, L.,** Meana, M., Fisher, B., & Crosby, R. (2006). *Investigation of weight-related relationship adjustment in female obesity surgery patients.* Paper presented at the Annual Meeting of the American Society for Bariatric Surgery, June 2006, San Francisco, California.

**Bocchieri-Ricciardi, L.,** Chen, E. Y., Munoz, D., Fischer, S., Dymek-Valentine, M., Alverdy, J. C., & le Grange, D. (June 2006) *A prospective investigation of presurgical binge eating status on eating behavior and weight outcome in gastric bypass patients.* Oral paper presented at the annual meeting of the Academy for Eating Disorders, Barcelona, Spain.

**Bocchieri, L.,** Meana, M., & Fisher, B. L. (2002). *Perceived psychosocial outcomes of gastric bypass surgery: A qualitative investigation.* Paper presented at the Annual Meeting of the American Society for Bariatric Surgery, June 24-28, Las Vegas, Nevada.

**Bocchieri, L.,** Meana, M., & Fisher, B. L. (2002). *The question of outcomes in gastric bypass surgery.* Poster presented at the Annual Convention of the Western Psychological Association, April 11-14, Irvine, California.

**Bocchieri, L.,** Meana, M., & Fisher, B. L. (2002). *Sexual functioning following gastric bypass surgery: A qualitative investigation.* Paper presented at the Annual Meeting of the Society for Sex Therapy and Research, March 14-17, Las Vegas, Nevada.

Meana, M., Nunninck, S., Forrest, T., & **Bocchieri, L.,** (2001). *Perceived etiology of dyspareunia in college women.* Poster presented at the Annual Meeting of the North American Society for Psychosocial Obstetrics & Gynecology, February 28-March 3, Kona, Hawaii.

Forrest, T., **Bocchieri, L.,** & Meana, M. (2000). *Expectations and beliefs about painful intercourse in college women.* Paper presented at the Annual Meeting of the Society for Sex Therapy and Research, March 2-5, Santa Rosa, California.

## **INVITED LECTURES/WORKSHOPS/COMMUNITY/PRESS EVENTS**

*Eating disorders: What every clinician needs to know.* Utah Psychological Association. Invited lecturer. November 2, 2018.

*Ethical issues in the prevention and treatment of eating disorders.* Southern Utah University Child Behavioral Health Conference. Invited lecturer. Michelle Grimes, PhD. May 17, 2018.

*Eating Disorders: Evidence supported interventions in the outpatient setting.* Southern Utah University, Child Behavioral Health Conference: Invited lecturer. Michelle Grimes, PhD. May 18, 2018.

*Eating disorders: Distinguishing the facts from the myths.* Touro University. Invited lecture for students. Carla Perlotta, Ph.D. February 27, 2018.

*Eating disorders: debunking common myths.* Touro University. Invited lecture for Doctor of Osteopath and Physician Assistant students. Carla Perlotta, Ph.D. March 7, 2017.

*Expanding your toolbox. Interventions for eating disorders and related concerns.* Utah Psychological Association. February 17, 2017.

*Understanding and diagnosing eating disorders.* Invited lecturer for advanced DSM social work course. University of Nevada, Las Vegas, School of Social Work. Kathleen Berquist, LCSW, JD, Ph.D. October 2015.

*If I only knew: Understanding and avoiding common pitfalls in the identification & management of individuals with eating disorders across the diagnostic spectrum.* Invited lecturer for the International Association of Eating Disorder Professionals, Utah Chapter. University Neuropsychiatric Institute Auditorium, Salt Lake City, Utah. June 2015.

*I had no idea: Understanding common pitfalls in the assessment and treatment of eating disorders and how to avoid them.* Invited lecturer for Touro University Doctor of Osteopath and Physician Assistant students. Amie Duford, PA-C, MPAS. March 2015.

*The role of the dietitian in the treatment of eating disorders (from the perspective of a psychologist).* Invited lecturer for Advanced Dietetics course taught by Molly M. Michelman, MS, RD. University of Nevada, Las Vegas. February 2015.

*Evidence based treatments for eating disorders: Current trends.* Invited lecturer/trainer for University of Nevada Las Vegas Clinical Psychology Internship Program at the Student Counseling and Psychological Services. Dr. Emily Slife. October 2014.

*Psychological consultation in a medical setting.* Invited lecturer for Advanced Practicum Seminar in Clinical Psychology Doctoral program. Course taught by Dr. Michelle Paul. University of Nevada, Las Vegas. May 2014.

*Eating disorders: The role of the dietitian.* Invited lecturer for Advanced Dietetics course taught by Molly M. Michelman, MS, RD. University of Nevada, Las Vegas. March 2014.

*Eating Disorders: What to do and what not to do as a health care professional.* Invited lecturer for Touro University Doctor of Osteopath and Physician Assistant students. Amie Duford, PA-C, MPAS. March 2014.

*Obsessed with food and dieting.* Invited speaker for Temple Ner Tamid. Las Vegas, Nevada. February 2014

*Is there a "right" treatment for eating disorders? A review of evidence-based approaches.* Invited speaker for Center for Change Annual Conference. Orem, Utah. February 2013.

*Eating disorders: Diagnosis, risk factors, and evidence-based approaches.* Montevista/Red Rock Behavioral Hospital. Las Vegas, NV. December 12, 2012.

*The dangers of food.* Interview and television special on eating disorders for Univision Television. May 11, 2012. <http://www.tvkinc.com/noticia/2012/05/11/367780-lado-oscuro-comida-2.html>.

*A mindfulness-based approach to living with IBD.* Invited speaker for the Crohn's and Colitis Foundation of America (CCFA). Sunrise Hospital, Las Vegas, NV. November 2011.

*Eating disorders and obesity.* Continuing education workshop for treatment providers presented in conjunction with the Nevada Psychological Association. Henderson Convention Center, Las Vegas, NV. October 2011.

*Coping with the stress of living with IBD.* Presentation for the Crohn's and Colitis Foundation of America. Hampton Inn Tropicana, Las Vegas. February 2011.

*Eating disorders affect EveryBODY:* University of Nevada, Las Vegas. Presentation for Eating Disorders Awareness Week. February 2011.

*Walking a thin line: Prevention and treatment of eating disorders and obesity in youth.* Presentation for educators during the Clark County School District staff development day. November 2010.

*The role of self-talk and body image in changing health behaviors.* Presentation for employees at Behavioral Healthcare Options, Inc., United Health Care. October 2010

*Walking a thin line: The role of the media in the development of body image and disordered eating.* University of Nevada, Las Vegas. Presentation for Eating Disorders Awareness Week, February 2010.

*A review of evidence based strategies for the treatment of eating disorders:* Montevista Hospital invited lecturer for in-service presentation for clinical care staff. February 2010.

*Eating disorders features and risks,* Sunrise Hospital, in-service for nurses and social workers. February 2010.

*A review of risk factors for eating disorders,* Clark County School District, Invited lecturer for school district social workers. January 2010.

*Emotional eating,* Women's Care Center, St. Rose Dominican Hospitals. Quarterly lecture. June 2006-Current.

*Assertiveness.* Women's Care Center, St. Rose Dominican Hospitals. Quarterly lecture. June 2006-Current.

*Strategies to Cope with Emotional Eating.* Invited lecturer/group facilitator for Eating Disorder Support Group at St. Rose Dominican Hospital. February, 2008.

*The Dr. Jo Show: 1030AM KLAV Radio.* Invited with Dr. Dominic Ricciardi to discuss obesity and eating disorders with Dr. Jo Valesquez on talk radio show. December 2007.

*Weight Loss: Getting Started:* Lake Las Vegas Yacht and Beach Club, St. Rose Dominican Hospitals Corporate Wellness Event. Invited Lecture. December 2007.

*Without the Weight: The Psychosocial Impact of Obesity Surgery.* Nevada State Psychological Association. Invited lecture with Marta Meana, Ph.D. for Nevada mental health providers for continuing education (CE) credit. September 2007.

*Portion control.* St. Rose Dominican Hospitals Corporate Wellness sponsored event. Invited lecture with Dr. Dominic Ricciardi for City of Henderson employees. October 2007.

*The Dr. Jo Show: 1030AM KLAV Radio.* Participated in discussion of psychosocial aspects of weight loss surgery with Jo Valesquez, Ph.D. during talk radio show. October 2007.

*Handling stress before it handles you.* St. Rose Dominican Hospitals Corporate Wellness sponsored event. Invited lecture for Marnell-Carrao employees. August 2007.

*Weight Loss 101.* Women's Care Center, St. Rose Dominican Hospitals. Monthly June 2006-2010.

*Weight management.* St. Rose Dominican Hospitals Corporate Wellness sponsored event. Invited lecture with Dr. Dominic Ricciardi for Williams Sonoma/Pottery Barn employees. July 2007.

*Couples Practice Focuses on Weight, Southwest View Newspaper.* Interview with local newspaper about weight management and current practice. July, 2007.

*Nutrition and weight control.* St. Rose Dominican Hospitals Corporate Wellness sponsored event. Invited lecture with Dr. Dominic Ricciardi for TRIRIGA employees. June 2007.

*Coping with and tolerating distress.* Invited lecture/guest facilitator for Eating Disorder Support Group, St. Rose Dominican Hospital. February, 2007.

*Preoperative readiness education program (PREP).* Center for the Surgical Treatment for Obesity, University of Chicago Hospitals. Ongoing Patient Workshop, Chicago, Illinois, November 2005-April 2006.

*Pharmacotherapy and the obesity epidemic.* Department of Psychiatry, University of Chicago Hospitals, Invited Lecture for Psychiatry Residents, January 2006.

*Changing behavior to fit the new me.* Weiss Memorial Hospital, Obesity Help 2005 Regional Conference, Invited Lecturer. Chicago, Illinois. October 2005

*Psychosocial aspects of weight loss surgery. Current and new trends in weight loss surgery.* University of Chicago Hospitals, Department of Surgery. Invited Lecturer. Chicago, Illinois. May 2005.

*From pre- to post-op: The role of the mental health care provider in weight loss surgery patients.*  
Grand Rounds, Department of Psychiatry, University of Chicago Hospitals, Chicago, Illinois.  
October 2004.

## **PROFESSIONAL MEMBERSHIP**

Member, International Association for Eating Disorder Professionals (2017-Current)  
Member, Nevada Psychological Association (2006-Current)  
Member, American Psychological Association (2006-Current)  
Member, Academy of Eating Disorders (2005-Current)  
Member, Mental Health Advisory Board, ObesityHelp and Contributing Author (2007-Current)  
Member, Association for the Society of Bariatric Physicians (2007- 2010)  
Member, North American Association for the Study of Obesity (2004-2007)  
Student Affiliate, American Psychological Association (1999-2005)