



Nevada Psychological Association

NPA NEWS

The Voice of Psychology in Nevada

2010 Annual Newsletter

Upcoming Events:

6/3 – 6/5/10

DBT Part II: DBT Skills Training

Alan Fruzzetti, Ph.D.
Las Vegas – 18 CEs

9/10/10

ACT and Trama

Dr. Victoria Follette
Las Vegas – 6 CEs

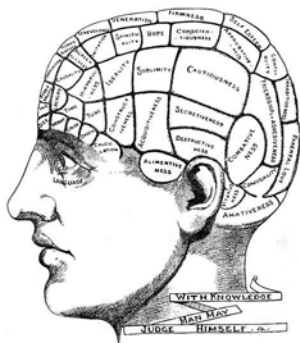
October (date TBA)

Eating Disorders

Speaker TBA
Reno – 6 CEs

Watch for more local workshops and gatherings on our website!

www.nvpsychology.org



MESSAGE FROM THE PRESIDENT

To My Brothers and Sisters in Psychology:

I am extremely excited about taking on the role of President of the Nevada Psychological Association. I must admit that I was slightly hesitant but with the encouragement of my friends and colleagues in NPA, I was able to see great potential in being able to positively influence change in the field of psychology in Nevada, and beyond.

As I was thinking about what to write in my first letter as president, I thought about all of the great things that NPA has been doing as an organization and how truly amazing many of the individuals involved in this organization are. I thought I would provide a list of all of the recent accomplishments of NPA. Then I thought this would be better left for the individuals who have led NPA in these specific tasks which you will read about in the rest of this newsletter. I believe it is more important for me to focus on how I see NPA transforming into a dynamic organization with a diversity of individuals.

At Strategic Planning, I was taken aside and asked by an individual what my leadership style was. Looking back, I was not yet prepared for this question. Now that I have had time to think about it, I can tell you that I am both a “person oriented” leader and at the same time a “task oriented” leader. I see these as interrelated since no task will be accomplished if there is not a personal relationship established with each and every individual who will be involved in completing these tasks. I also see the subgroups within psychology and our relationships with other mental health professions as interdependent on each other to provide quality services to our clients. I do not believe that our separate groups can survive without working together. I bring to this leadership position, my bias of a psychologist focused on Multicultural and Community Clinical issues. I define culture in the broadest sense to include not only race and ethnicity, but also a myriad of other levels of a person’s identity, including SES, age, gender, sexual orientation, field of study, degree, place of employment, geographic region, and the list goes on and on. I see our organization as needing to work with the changing cultural demographics of the state of Nevada.

So my focus as President will be to help NPA continue the excellent work that has already been initiated. We will need to prepare as a profession for the next legislative session when our profession/skills will be called into question, or even excluded from important legislation affecting mental health services in the state. We will also need to further educate and engage community members on what we, as psychologists, can positively contribute to their lives. These two things will help us not only survive, but to thrive as a profession. Although we have begun many other initiatives in recent times, I believe it is important for us to pull back and focus our resources on what we can do effectively with what we have at hand.

I initially addressed you as my brothers and sisters in psychology because I see our profession as a family. As with any healthy family, there are disagreements but still love and support for each other. I am hoping that you will stay connected with us and help us continue to be a healthy family. If you are not yet a member, please join us now and be welcomed into this family.

Luis F. Guevara, Psy.D.
President, Nevada Psychological Association

NPA Announcements

2010 NPA Psychologist of the Year Award

Dr. Lisa Linning, Ph.D.



Dr. Linning is being honored for her years of involvement with the Nevada Psychological Association. Her hard work has created relationships between students and professionals, and encouraged newly licensed psychologists to become involved with both their community and the organization.

Dr. Linning has participated actively in every area of NPA, from her days as a student rep, to her efforts to create relationships among professionals in the southern region. She advocates for psychology through involvement in legislative affairs, participates in the development of continuing education programming and outreach activities, is an active voice for honoring diversity and searches for opportunities to expand the organization and encourage others to participate.

2010 Mikawa Award for Outstanding Contributions To the Field of Psychology

Dr. Alan Fruzzetti, Ph.D.

Dr. Fruzzetti is the Associate Professor of Psychology and Director of the Dialectical Program at the University of Nevada in Reno, Nevada, USA. Dr. Fruzzetti received his B.A. from Brown University and M.S. and Ph.D. from the University of Washington in Seattle, where he trained with Dr. Marsha Linehan for four years (1987–1991).



Dr. Fruzzetti's research focuses on the further development, evaluation and training of Dialectical Behavior Therapy (DBT) with individuals, couples, parents, and families for chronic or severe individual and/or family distress. Dr. Fruzzetti currently has grant funding for a major treatment trial comparing DBT with psychodynamic psychotherapy and for the development of effective applications of DBT to women victims of intimate partner abuse.

News Flash: "John Friel spoke about 'Building Bridges in Recovery' at the 'All-Party Parliamentary Group on Drugs Misuse' in the House of Lords, British Parliament, in London on May 12, 2010.



2010 Student Poster Presentations

Annual Business Meeting

Renown, Reno NV

April 24, 2010

1st Place: Heidi LaBash

The Role of Couples' Interacting World Assumptions & Relationship Adjustment in Women's Post-Disaster PTSD Symptoms

2nd Place: Natalia Garrido/Heidi Seniuck

The Assessment of Basic Learning Abilities: The Role of Conditionality

3rd Place tie: Mary Harrison

"True Grit": An Innovative Humanistic Structured Living Program for Elderly Inmates.

3rd Place tie: Leeanne Hemenway

A Phenomenological View of Child Slavery Through the Eyes of Rescued Slave Children in Ghana



2009 Student Poster Presentations

Forgive For Good/ "Gift" Positive Psychology workshop

Embassy Suites, Las Vegas NV

October 17, 2009

1st Place: Rachel Davis

Diversity Issues in Recruitment and Retention of African American Mothers for Parenting Classes

2nd Place: Noelle Lefforge, M.A.

The Experience of Positive Emotions

3rd Place tie: Jessica Perreault

African and Caucasian Males: Judgement of Attraction & Social Qualities of an African American Female Face

4th Place tie: Timothy Day

Hope and Optimism: The Influence of Appraisals on Positive-Anticipatory Emotions

A Letter from our Past President

Dear Colleagues,

I wanted to take this opportunity to thank you for entrusting me to lead our state organization for the past year, and for your continuing involvement in Nevada Psychological Association. As I said at the beginning of my term, my involvement in NPA has allowed me the opportunity to meet some of the most committed, hardworking, knowledgeable people I have ever encountered, which includes our past board and committee members, our lobbyist, and all of you my colleagues.

This past year had just followed one of our busiest legislative sessions to date, where we had a powerful voice in our Legislature and our lobbyist estimated that our involvement had increased eightfold from previous session, and this is a trend that is forecasted to continue. Additionally, this past year the NPA has formed the Pre-doctoral Internship Training Consortium and is continuing to move forward towards offering opportunities for pre-doctoral internship training in Nevada.

Our CE offerings have been numerous and of extremely high quality, focusing on ethics, therapeutic interventions, assessment, and a year long intensive course in DBT.

We continue to improve our new Website, continue to focus our efforts on encouraging collaboration across disciplines, encouraging involvement of students and Early Career Psychologists, awards for Healthy Workplace, Diversity, public education, and continuing to maintain a strong voice on the legislative front.

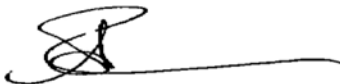
As this year comes to a close, we welcome new individuals to NPA Governance, such as our new Executive Director, Wendi O'Connor, and our new President Luis Guevara, Psy.D. our new President-elect Lisa Linning, Ph.D, and our new secretary Erin Oksol. Many thankfully continue: our Lobbyist Bryan Gresh, our Treasurer Shera Bradley, Ph.D., and our Diversity Delegate, Jo Velasquez, Ph.D. We say goodbye to others, including Laurie Drucker, Ph.D. Past President who has been instrumental in the abovementioned areas, and has left huge footsteps to fill. Also I would like to especially recognize Judy Phoenix, Ph.D. who has served as a valuable mentor to our new ED, and to all of us, and continues to be instrumental behind the scenes.

Additionally, all of our committee chairs and committee members, have been essential to our ongoing success, including, but not limited to Laurie Drucker, Ph.D., Michelle Carro, Ph.D., Shera Bradley, Ph.D., Lisa Linning, Ph.D., Melanie Crawford, Ph.D., Lindsey Ricciardi, Ph.D., Judy Phoenix, Ph.D., Marty Gutride, Ph.D., Jo Velasquez, Ph.D., Gary Leinkeit Ph.D., Luis Guevera, Psy.D., Beckie Grgich Psy.D., and many, many more.

This organization would not be anywhere near where it is without all of our current, past, and future officers, committee members and leaders, representatives, and members, and I thank all of you for all you do.

I am leaving you all in excellent hands and have full faith that we are on the path for continued growth and success, thanks to all of you.

Sincerely,



Staci R. Ross, PhD
2009/2010 President
Nevada Psychological Association

The View from Carson City

by Bryan Gresh, The Gresh Group Inc.
NPA lobbyist



Reports indicate the 2009 Legislative session was, without a doubt, the busiest and most successful in the history of NPA. Whether lending our support to keeping rural mental health clinics open to the long term storage of patient records to shaping landmark autism legislation, NPA was deeply, continually involved.

To recap some measures of interest to psychologists statewide:

Senate Bill 17 looked to change record keeping guidelines. The original version of SB 17 lengthened the time health care providers maintain records from 5 to 7 years and required psychologists to notify patients not less than 30 days prior to destroying those records.

Legislative chair Dr. Michelle Carro was one of the leaders in working with the bill's sponsor, Senator Valarie Wiener, to address various concerns. For NPA, the bill raised financial hurdles—everything from postage to personnel time. The bigger issues, though, were ethical and confidentiality concerns: sending off letters to the last known address, notifying people their records will be destroyed, had a big potential problem – who might actually get that letter? You don't know that you are actually sending the letter to the correct person any more.

The bill was amended *four* different times. But the version that ultimately passed provides that certain Boards, like psychology, simply post a statement on their websites that health care records of patients who are less than 23 years of age may not be destroyed and that health care records of other patients may be destroyed after 5 years. Further, a health care provider has to post a sign in their office telling patients their health care records may be destroyed after a certain amount of time. No letters, no confidentiality concerns.

A trio of bills involving licensure and scope of practice issues were part of our work this session. Only one of them, **AB102**, passed. Assembly Bill 102 authorizes a court to establish a program for the treatment of problem gambling. Unfortunately, in its original form, it focused on only certified clinical counselors and interns as providers. We were able to have psychologists and psychological assistants included in the bill.

NPA was instrumental in **Assembly Bill 162**, a landmark bill providing for autism treatment coverage in Nevada. Landmark for psychologists, too, because of a number of technical changes added to the bill we worked to insert. In concert with the bill's sponsors, we were able to ensure psychologists' authority and scope of practice were given equal footing alongside physicians as the doctorally trained professionals who should be overseeing treatment planning.

Assembly Bill 162 also provides for the appropriate licensure and board certification of behavior analysts, a group of professionals who, before passage of the bill, had neither in this state. And, since we were asked, we thought it would be best if the psychology board be tasked with writing regulations for, and licensing of, these individuals.

AB 260 called for annual training for mandated reporters of elder abuse, including psychologists. It was another of those bills calling for training perceived by many of our members as the beginning of a slippery slope, expecting psychologists to train for every little thing, no matter how well intentioned. The bill died.

And despite the ever-increasing legislative workload, NPA was prepared. The number of bills requiring our involvement kept multiplying, we were in a number of committees, we were providing language and amendments, and we were heard. Our pre-session planning and organization had us positioned to hit the ground running, otherwise we would have stumbled coming out of the gate and would not have enjoyed the success we did.

And now it all changes. Seventeen lawmakers are term limited out, 7 senators and 10 assembly members cast their final votes last session. So we must continue our education process. Time has come to crank up the PAC machine, meetings and checks. The problem with success? It breeds expectations of even greater success next time.

And that brings us to the back to the future. Where do we go from here? Your NPA Board has a limited Political Action Committee budget to work with this election cycle. Remember those pleas to contribute? That's what they are for. For a chance for NPA to support those lawmakers who continually support NPA and what we believe in.

We are currently meeting with candidates to thank them for their continued commitment to the Nevada Psychological

Association. We have nine candidates we can support financially with contributions ranging from \$500 to \$1000 dollars. That's a lot of money for us. The maximum per candidate, though, is \$10,000. But Gaming, Developers and others who used to give the maximum can't—not in this economy. So our contributions take on added significance this time around. And our contributions are now a lot of money to the candidates as well.

In early July, we'll get the first glimpse of what bill drafts are being requested by lawmakers for next session. We will look at every one of the more than 1,200 bill draft requests that will begin to trickle out this summer and pick out the ones that might apply to psychology. And the cycle will begin again.

The 2011 session will soon be upon us. We face uncertainty in Nevada like never before. The budget hole could be more than \$3.5 Billion dollars. Can we raise taxes in this economic climate to close that gap? And then we have to look inward and protect the practice of psychology from the biennial assault on our scope of practice. All this with more new faces pushing either red or green buttons than ever before. Bryan Gresh

***** Coming this Fall to a Regional Meeting near you: Let's Get Political *****
The Legislature: How it works, What our goals are, and What you can do to help Psychology

Political Action Committee: We have established a reputation for ourselves within the legislature as an organization that cares; that is willing to provide our expertise to our Legislators; that is willing to show up to the table to solve problems and facilitate progress in Nevada's social policy and mental and behavioral healthcare. In order for us to keep up our momentum, we need to maintain and continually fund the Nevada Psychological Association (NPA) PAC. Your Donation to NPA PAC will assist NPA in make sure Psychology's voice is heard in the Nevada Legislature. Thank you for your donation!

NPA PAC Donation

Date: _____

Name: _____ Title: _____ License #: _____

Address: _____ City: _____ State: _____ Zip: _____

E-Mail Address: _____ Daytime Phone: _____

Comments regarding your preferences for donations? Send us an email at: admin@nvpsychology.org

Payment Information: Fax (credit card only) to 1-888-654-0050

Payment in the amount of \$ _____ is enclosed by check payable to NPA-PAC.

Mail to: 505 E. Windmill Lane, Ste 1B #275, Las Vegas, NV 89123

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Meet Our Members

The Nevada Psychological Association represents psychologists working in diverse areas. Our membership includes psychologists working in state agencies and hospitals, private and non-profit treatment centers, university settings and private practices. Membership has steadily grown: in 2009 we had 106 Full members, 46 Early Career Psychologist members, 10 Associate members, and 39 Student members. Over the last three years, we've grown by more than 50% - much of that due to ECP and student involvement. We are pleased to continue to have members in our leadership who first became involved with NPA while they were students! NPA hopes to reach out to all psychologists in Nevada by offering diverse opportunities for engagement and involvement.

We are pleased to introduce the following members who reflect the growth of our organization:

Heidi La Bash is a third year Ph.D. candidate in the UNR Clinical Psychology Program and currently serves as a student representative to the Board. Heidi had a non-traditional path into the world of psychology with stints working in Japan, editing reports on weapons in space, and ultimately, finding herself sitting in on, by chance, a lecture on posttraumatic stress disorder. With her interest peaked, she began to explore this area and has never looked back. She worked for three years in the Women's Division of the National Center for PTSD in the VA Boston Healthcare System, prior to beginning graduate school. She is currently working on her thesis on the role of shame in the maintenance of PTSD, under the direction of Dr. Tony Papa. Her clinical interests include PTSD, but are wide ranging. She is looking forward to further developing her clinical repertoire next year at the Sierra Regional Center. Heidi joined NPA as a way to feel connected to the psychological community and to understand the many roles that psychologists can play in society. Heidi has been impressed by the level of activity, activism, and influence that can be had on community, state, and national levels. As a student representative, Heidi hopes to help students engage with the local psychology community and to learn about the many ways that they too can have influence, be it on an individual, or larger, level.

Karen Lopez will complete her Postdoctoral Fellowship at the Achievement Center at UNLV in June. Under the supervision of Brad Donohue, Karen has been coordinating a randomized controlled trial of Family Behavior Therapy, an intervention designed to concurrently eliminate substance use and teach parenting skills. Karen's clinical interests include working with children and families, with underserved populations, and with populations affected by substance-abuse. Karen also enjoys applied research, advocacy, and outreach. Karen recently joined NPA to connect with other psychologists in Nevada and to participate in continuing education opportunities.

Whitney Owens has been involved with the NPA since moving to Las Vegas in 2008. In April of 2009, she assumed the position of the Southern Region Secretary and became active in the Southern Region events. More recently, Whitney has taken on the role of Southern Region Vice President and is looking forward to the challenges of this position. Professionally, Whitney is an Early Career Psychologist who has been licensed since the Spring of 09. She currently works full time at the Center for Change in Las Vegas and has a small private practice in Henderson. Her specialties include addictive disorders, depression, anxiety and relationship issues. Whitney is excited to continue to get acquainted with other psychologists in Nevada and is proud to continue to serve on the Southern Region Board.



NEVADA PSYCHOLOGICAL ASSOCIATION

The NPA announces the adoption of Lifetime Member Status to any Psychologist age 65 years or older who has been an NPA member for 10 Consecutive Years or more.

NPA LIFETIME MEMBER STATUS

Lifetime Member status began with the 2006/2007 Membership Year. Self-referrals are encouraged. Please call the office with any questions at (888) 654-0050.

Current NPA Lifetime Members

Bob Quilitch

Liz Richett



Nevada
Psychological
Association

Membership Application/Renewal

505 E. Windmill Ln, Ste 1-B #275, Las Vegas, NV 89123 Phone/Fax 1-888-654-0050
You can also renew online at: WWW.NVPSYCHOLOGY.ORG

Membership Year: June 1, 2010–May 31, 2011

Information about you: Please complete the box below. This information will be used to update the NPA database. PLEASE print clearly.

Name: _____ **Degree** _____ **DOB** _____ **Sex:** M F
(optional) (optional)

Home	
Home Address _____	
City _____	State _____ Zip _____
Home Telephone (____) _____	Fax (____) _____
Toll Free Phone _____	Preferred E-Mail _____
Primary Employment	Secondary Employment
Title _____	Title _____
Employer _____	Employer _____
Address _____	Address _____
City _____ State ____ Zip _____	City _____ State ____ Zip _____
Phone _____ Fax _____	Phone _____ Fax _____
County _____	County _____

PREFERRED MAILING ADDRESS: Home Address Primary Employment Secondary Employment

I DO ___ DO NOT___ WISH TO BE LISTED IN THE NPA ON-LINE MEMBERSHIP DIRECTORY

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Subscribe me/keep me subscribed to the NPA Member listserv an interactive email communication list used by members to discuss pertinent information with colleagues, i.e., referral sources, ethical questions, practice information etc.

Receive NPA E-NEWS. This is a brief informational email with links to further information on-line.

My e-mail address is _____

I authorize NPA to send e-mails to me as necessary. _____ (initials)

Graduate College/University _____ Graduation Date _____ Degree _____

Licensed in NV- Lic# _____ Yr. Lic: _____

Licensed in other state: _____ Lic.# _____ Yr. Lic: _____

APA member Yes No National Register Yes No ABPP Yes No Specialty ABPP Area _____

I agree to abide by the ethical principles set forth by the American Psychological Association and I certify that all statements made herein are true and accurate to the best of my knowledge and belief.

Signature of Applicant: _____ Date _____

A. For Full Membership, there are three steps to figuring your dues:

_____ Full member, 5 years or more post licensing

_____ Full member/Early Career Psychologist, first licensed anywhere in the last 5 years.

A1. Choose Base Dues (choose one and ✓):

- Full member, 5 yrs post licensing \$120.00
- 4 years post licensing \$105.00
- 3 years post licensing \$95.00
- 2 years post licensing \$85.00
- 1 year post licensing \$75.00
- Licensing year \$65.00
- Post-doc/unlicensed \$65.00

A2. Add assessment by income

(This applies to all members no matter when licensed or where you work)

- 200,000 and up \$200.00
- 150,000-200,000 \$150.00
- 100,000-150,000 \$100.00
- 75,000-100,000 \$75.00
- 50,000-75,000 \$50.00
- Up to 50,000 \$25.00

A3. TOTAL (Add A1. and A2.) _____

B. Other Membership Categories:

- Associate/Affiliate Member** \$65.00

Those with a masters degree in psychology or equivalent, academic non-licensed psychologists, individuals, agencies or groups, with an interest in psychology as such, but not limited to: attorneys, MDs, certified paraprofessionals, or sponsoring agencies. This group excludes licensed psychologists as individuals or in a group practice.

- Student Member** \$45.00

Graduate or undergraduate students with an interest in psychology. Please include proof of student status with your application.

C. Additional Donation Opportunities:

- Lobbyist/Legislative Fund \$100.00 or _____ Other Donation
- Political Action Committee \$100.00 or _____ Other Donation
- NPA Training Consortium \$100.00 or _____ Other Donation
- NPA Century Fund \$100.00 or _____ Other Donation
- Student Fund \$25.00 or _____ Other Donation

D. Total of A3 or B, and C: _____

E. Make Your Payment:

- Check enclosed, make payable to NPA

- Credit Card Payment: Visa MasterCard Discover American Express (circle one)

- Please charge entire amount now Please charge in 4 equal recurring payments (add \$25 service fee)

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You can submit this renewal **online** at: www.nvpsychology.org

By fax to: (888) 654-0050 **By mail to:** NPA, 505 E. Windmill Lane, Ste 1-B #275, Las Vegas, NV 89123.

Any questions or concerns, contact Wendi O'Connor, Executive Director, at admin@nvpsychology.org or (888) 654-0050.

MEMBERSHIP IN NEVADA PSYCHOLOGICAL ASSOCIATION THE PSYCHOLOGIST'S SMART CHOICE

The Advantages of Joining NPA

NPA can keep you on the Cutting Edge

- Keep up to date on standards of practice and develop your skills and knowledge base
- Discounts on NPA's APA-Approved continuing education programs

NPA Can Help You Shape the Profession Through Advocacy

- Advocacy of psychology issues in the state legislature by our professional lobbyist.
- Speak out on legislative issues that are important to you through the NPA Legislative Committee, a dedicated volunteer committee of psychologists who communicate and advocate on behalf of our members and the profession of psychology.
- Association members testify on crucial bills at the state level.
- Members meet with our national representatives in our nation's capitol to influence federal legislation through the APA State Leadership Conference in Washington, DC
- NPA's Training Consortium is developing pre- and post- doc opportunities for our excellent students.

NPA Can Help Your Practice Grow

- Participate in the computerized statewide Referral Service Network.
- Market your practice with a professional webpage.
- Make presentations to businesses and community groups through the BOPN and PEC initiatives.
- Become a part of our Speaker's Bureau and receive referrals from individuals and businesses to do trainings and presentations.

NPA Can Connect You with Your Colleagues

- Meet and stay connected with your peers across the state through networking events and by becoming involved with committees and initiatives.
- NPA's listserv allows members to discuss and keep abreast of relevant issues.
- Attend local and statewide meetings to meet with fellow psychologists and share common interests.
- Receive peer recognition through NPA's "Distinguished Psychologist" or "Distinguished Service" awards
- Find an outlet for your talents and interests by serving on any of our active, effective committees and task forces.
- Use your online membership directory to keep in contact with your colleagues and have important numbers at your fingertips.
- When you join NPA, you become a member of one of our regional chapters. These regional groups offer a smaller, more easily accessible, and intimate setting in which to interact with your colleagues. Regions operate in a somewhat autonomous fashion, electing their own officers and representatives to the NPA Executive Board, and presenting their own schedule of programs which may include substantive CE programs, social, and networking events.

NPA can connect the Public to Psychologists

- Public education efforts to enhance the general understanding of psychology and to promote psychology services.
- Outreach to businesses, the media, and other social service organizations.

2010 – 2011 NPA Board Members



President, Executive Board: Luis Guevara, Psy.D. is currently a Licensed Psychologist at the CSN Counseling & Psychological Services program providing psychological services to the diverse student population at CSN. Dr. Guevara main focus is on Multicultural and Community Clinical Psychology working with clients from disadvantaged areas, most of whom have a multitude of co-occurring disorders including complicated traumas. Dr. Guevara earned his bachelor's degree in Psychology from the University of California, Berkeley, and his doctoral degree at the California School of Professional Psychology in Los Angeles.



President-Elect, Executive Board: Lisa Linning, Ph.D. is a Licensed Psychologist working for the State of Nevada, at Desert Regional Center, Children's Program, Las Vegas. Dr. Linning earned a B.S. from Idaho State University; M.A. and Ph.D. earned at University of Nevada, Las Vegas. She has been actively involved with NPA since 2002, serving as UNLV representative, APAGS representative, Secretary & President in the Southern Region. Dr. Linning stays active with advocacy for mental health and children's issues at the state and national level.



Past President, Executive Board: Staci Ross, Ph.D. is a Clinical Neuropsychologist working in private practice in Las Vegas. She has lived in Las Vegas for over 10 years, and has been involved in NPA for about the same period of time. She has primarily served on the Executive Board throughout the years, as Treasurer, in the legislative committee, most recently as President, and currently as Past-President.



Secretary, Executive Board: Erin Oksol, PhD. enjoys managing a busy private practice in Reno. She is a graduate of University of Nevada, Reno. Dr Oksol also serves as a consultant for several non-profit organizations in Reno, a research grant at the University of Nevada, Reno, and at West Hills Hospital. She values the professional camaraderie of NPA and looks forward to serving as your Secretary.



Treasurer, Executive Board: Shera Bradley, Ph.D. is a graduate of the University of Nevada, Las Vegas. She completed her pre-doctoral internship at the Ohio Psychology Internship Program and completed her post-doctoral training in Las Vegas in two private practices with Dr. Gary Lenkeit and Dr. John Paglini and was licensed in 2008. Her practice includes clinical and forensic services, including therapy and assessment for adolescents and adults. She is in her second term as the NPA Treasurer.



Northern Regional President, Executive Board: Melanie Crawford is a Clinical Psychologist in the Reno area. She is a graduate from the University of Denver, Colorado. Her private practice focuses on the neuropsychological assessment of children and adolescents. This is Dr. Crawford's fourth year on the Northern Region Board and her second year as Northern Region President.



Southern Board President, Executive Board: Lindsey Ricciardi, Ph.D. specializes in the treatment of eating and weight disorders. She currently maintains an interdisciplinary private practice with her husband Dominic focused on the treatment of obesity. She is also the Clinical Program Director of Center for Change Las Vegas a specialized eating disorder treatment facility. She has been an active member of NPA, starting as a student representative 8 years ago.

Northern Regional Vice-President: Yani Dickens, Ph.D. is a Licensed Psychologist working in private practice and also at the University of Nevada, Reno (UNR) Counseling Services. He provides UNR student athletes with counseling and sport psychology consulting services as an adjunct clinical faculty member with the University of Nevada School of Medicine. In private practice, Dr. Dickens provides sport psychology consultations, psychotherapy, and assessment.

Northern Regional Secretary: Brie Moore, Ph.D. is a Licensed Clinical Psychologist in private practice in Reno, Nevada. She specializes in the evidence-based treatment of behavioral health concerns as they present in children and their families, including childhood anxiety, depression, and noncompliance. Dr. Moore also specializes in the family-based treatment of childhood obesity. This is her second term as Secretary of the Northern Board.

Northern Regional Treasurer: Mandra Rasmussen-Hall, Ph.D. received her Ph.D. at the University of Nevada, Reno and has a private practice in Reno. She works with adults and couples, and has clinical expertise in treating problems associated with posttraumatic stress and difficulties regulating emotion.

Southern Regional Vice-President: Whitney Owens, Ph.D. has been involved with the NPA since moving to Las Vegas in 2008. In 2009, she became the Southern Region Secretary and involved in the Southern Region events. As Southern Regional VP, she is looking forward to the challenges of this position. Professionally, Whitney is an Early Career Psychologist who became licensed in the Spring of 2009. She currently works full time at the Center for Change in Las Vegas and has a small private practice in Henderson. Her specialties include addictive disorders, depression, anxiety and relationship issues.

Southern Regional Treasurer: Hengameh Maroufi, Ph.D. is a licensed Clinical Psychologist who has been licensed in California since 2007 and in Nevada since 2008. She works in independent practice conducting neuropsychological and psycho-educational assessment. Her career has mainly involved helping children and families. Hengameh is a mother of 3 boys who moved to Las Vegas from the San Francisco Bay Area in 2006.

Southern Regional Secretary: Nicole Williams earned her Ph.D. in Clinical Developmental Psychology from Bryn Mawr College in 2006. She completed her Clinical Internship at Friends Hospital in Philadelphia and served as a Postdoctoral Psychology Fellow at The Devereux Foundation the following year. She is in private practice in Henderson. Dr. Williams has a particular interest in Autism Spectrum Disorders and is a consultant for Autism Care West, Inc. Additionally, she has specialized training in Anxiety Disorders, and treats children and adults suffering from a broad range of anxiety symptoms, including compulsive hoarding, obsessive compulsive disorder, school refusal, and panic disorder.

APAGS Representatives, Executive Board: Josette Iribarne (Fielding, South) is in her first year of a doctoral program in clinical psychology through Fielding Graduate University. She is not a traditional doctoral student in that she works full time for the State of Nevada, Rural Regional Center. She is very excited to be on this journey and appreciates the opportunity to represent students as a member of NPA.

Heidi LaBash, M.A. (UNR) is a third year Ph.D. candidate in the UNR Clinical Psychology Program. She worked for three years in the Women's Division of the National Center for PTSD in the VA Boston Healthcare System, prior to beginning graduate school. She is currently working on her thesis on the role of shame in the maintenance of PTSD, under the direction of Dr. Tony Papa. She hopes to help students engage with the local psychology community and to learn the ways that they can have influence, be it on an individual, or larger, level.

Campus Representatives: Aadee Mizrahi (UNLV) and Harpreet Kaur (UNLV)

State Leadership Conference Summary Report for the Diversity Initiative 2009

In the late 1990's APA's Council of Representatives at the request of the Office of Ethnic Minority Affairs (OEMA) made several small grants available to State Provincial and Territorial Psychological Associations (SPTA's) to promote ethnic diversity initiatives. The goal of the grants is to develop leadership within governance at the State level and bring diverse members of the SPTA to the State Leadership Conference. This year (2010) the Diversity Initiative is in its 12th year. SLC offered many opportunities for the Delegates including the following: learning the details of the APA Practice Directorate's Legislative Agenda; learning how to be advocates with the U.S. Senate and House, and carry important messages to the members of Nevada's Congressional Delegation; becoming aware of trends and issues impacting across state lines that we may affect our membership; learning about best practices for association governance, leadership and management. As the 2010 NPA Diversity Delegate I had the distinct honor and privilege of accompanying our Federal Advocacy Chair, Dr. Gary Lenkeit, our Early Career Psychologist Representative, Dr. Shera Bradley and our Executive Director, Wendi O'Connor on visits to the Offices of Senators Harry Reid and John Ensign, Representatives Dean Heller, Shelly Berkley and Dina Titus. We successfully shared messages regarding Healthcare Reform and Medicare in the interest of psychologists and the people they serve.

Dr. Jo Velasquez, Ph.D., NPA Diversity Chair

NOTE: We currently have an opening for Diversity co-chair in the Northern Region.



Public Education Campaign

Although event planning for the Public Education Campaign has been some time in the making, the Nevada Psychological Association hosted five fabulous events for the campaign in the past month! A newly formed partnership between the American Psychological Association and the YMCA paved the way for a joint venture at the YMCA Healthy Kids Day, April 17, 2010. We had booths at each of the three YMCA's in Las Vegas. Each location had its own unique characteristics based on the amount of time they had been sponsoring similar events and on the number of vendors participating. Dr. Lisa Linning and Dr. Amy Guevara hosted the booth at the Centennial Hills YMCA event which had upwards of 30 vendors and multiple child friendly activities occurring simultaneously throughout the Y. The Durango Hills YMCA event, hosted by Dr. Lindsey Ricciardi and Dr. Michelle Gravely, was a bit smaller and allowed for more intimate conversations with participants. The Heinrich YMCA event hosted by Dr. Shera Bradley, Dr. Jo Velasquez and three UNLV students was a brand new event for that YMCA and NPA had the only booth. The crowd was not disappointed, however, as Dr. Velasquez and her students improvised and entertained them with interactive skits focusing on healthy self esteem and child safety.

Following this, on April 27th, Dr. Velasquez followed up with more of the family focused skits and another Nevada Psychological Association, Public Education Campaign booth at St. Thomas More. Last weekend Dr. Leanne Earnest hosted a booth at the Centennial Hills Hospital biannual Family Health Fair. It was interesting how many people quickly skirted away from the table when asked if they wanted to talk with a psychologist! The ones that stayed shared on how stressed they were and grabbed all the handouts they could on managing stress. As at the preceding events, the NPA stress-ball-brains were very popular and people were willing to share a stress management technique to "win" them.

Future plans are underway to replicate the YMCA events in the North (we're looking for volunteers!) and to follow up with a Public Education Campaign lecture series at the Y's partnering with Dr. Velasquez and the Diversity Committee. Hospitals represented at last weekend's health fair also requested information about how to get psychologists to speak at their monthly educational seminars! Psychologists and students interested in participating should contact:
Dr. Leanne Earnest at drleanneearnest@gmail.com.

Leanne Earnest, Ph.D., Nevada PEC Coordinator



From the Executive Director

I am very pleased to have been chosen to become NPA's new Executive Director in 2009. I was brought on to handle the financial end of the ED position in April after the departure of Jan Porter, and was happy to have been selected to take on the full responsibilities of the position in August. Coming from a bookkeeping background, it has been quite the learning experience for me, but I am thoroughly enjoying all the different aspects of the position. I would like to thank everyone for their support during this transition. As NPA's Executive Director, I will maintain vigilant recordkeeping, manage all central office functions for NPA, act as a support and contact for all NPA members and the public, as well as assist and organize all of NPA's plans and projects.

I greatly appreciate the continued support of the NPA Board during this transition, and want to put an enthusiastic "Thank You!!" out to Judy Phoenix for her indispensable assistance in teaching me the ropes. She has been a wealth of knowledge on policy and procedures as well as the backbone of energy for NPA in general. And I thank all of you members for being patient during my learning curve.

2009 was a profitable year for NPA and although we brought in less money compared to 2008, the net income for the year was higher. NPA made more than expected and spent less than was budgeted. NPA continues to build on its membership and CE events, both of which are the main sources of income. We have been very pleased with the response and registrations for the 10-Day Full Year Intensive training in Dialectical Behavior Therapy presented by Dr. Alan Fruzzetti this year (which has been long awaited in the southern region). We were fortunate to again receive a Grant from the APA to support Central Office functions.

We have exciting plans for 2010-2011, including implementing social networking through a new Facebook page where members can communicate in a less formal environment and which will serve as a complement to our website. More information will be coming soon! And we are continuing to increase the number of CE events throughout the year, both in the north and the south, so please check the website regularly for updates at www.nvpsychology.org.

Sincerely, Wendi O'Connor



In front of the Capitol Building

from left: Gary Lenkeit, Jo Velasquez, Shera Bradley.

A Review of State Leadership Conference Wendi O'Connor, Executive Director

Nevada had 5 delegates attend SLC this year. Gary Lenkeit attended for his 14th year as Federal Advocacy Coordinator, Shera Bradley as ECP delegate, Jo Velasquez as Diversity delegate, Leanne Earnest as Public Education Coordinator, and myself as Executive Director. The theme this year was "The Power of Advocacy". The theme reflects the tremendous effort that is needed to advocate for a profession as complex and multifaceted as psychology. It also speaks to the synergy that comes about when APA Practice integrates its resources with those of the 60 State, Provincial, and Territorial Psychological Associations (SPTAs) to confront these challenges.

As most of you know, NPA delegates attend SLC every year in March. I have heard many ask, "What is SLC all about?" I will attempt to answer that question: it is the most important APA-sponsored event of the year for all SPTAs! It is three days of informative and intensive workshops (details of what we found will be available to all of our members), followed by Hill Visits on the final day where we actually visit Nevada's Congressional leaders on Capitol Hill to lobby, on the behalf of our members and psychologists in general, on specific issues of importance to professional psychologists, with an emphasis on health care related legislation. This year, we lobbied about Medicare: 1.) To extend through 2011 restoration of outpatient mental health reimbursement cut by CMS (which was being voted on by the Senate while we were in DC), 2.) Make psychologists eligible for "psychotherapy + E&M" code reimbursement, and 3.) Add psychologists to the Medicare "physician" definition.

We also discussed Health Care Reform: Specifically, to pass health reform that integrates psychological services in primary care, preventive services and benefits packages. And even though we were only able to meet with Senator Ensign (Senator Reid, Congressmen Heller, and Congresswomen Titus and Berkley were out of town so we met with their Health Legislative Aides), we were very well received by each office. They listened with interest and expressed support of the issues we discussed.

We will have separate reports on the website soon, detailing what each delegate learned during the 3 days of workshops so I encourage you to check them out!

www.nvpsychology.org

NPA Northern Region 2009-2010 Yearly Report

This year in the North we held several events for local psychologists, which began with the Northern Region Fall Social in October. For the first time in many years, the Northern region also organized two CE dinners, which were held at Whole Foods Market. In January Dr. Susan Ayarbe presented on non medical treatments for ADHD and in March Dr. Holly Hazlett-Stevens presented on new treatments for generalized anxiety disorder. These CE dinners were generally well received and we plan to continue them next year. The Northern Region ECP group, which is coordinated by Dr. Mandra Rasmussen Hall and Dr. Kendra Beitz-Thompson was also active this year.

In late October they met with Dr. Martha Mahaffey and Dr. Earl Nielsen to discuss legal issues in psychology. The Northern ECP group is also planning an event for May 2010.

Melanie Crawford, Ph.D.

2009-2010 NPA Northern Regional President

NPA Southern Region 2009-2010 Yearly Report

During 2009, NPA Southern Region focused on networking and legislative advocacy. We held three main events during the year, hoping to appeal to diverse interests:

The Spring Family Friendly BBQ was held in Lisa Linning's backyard/patio. Approximately 30 ECPs and graduate students from UNLV brought a partner, children, or other family member. This was a relaxing and fun networking event!

The Fall Social welcomed newly licensed psychologists and incoming graduate students; attended by approximately 50 people. One free CE was offered for the panel presentation: Updates on Psychology in Nevada. Bryan Gresh, NPA Lobbyist, talked about the Legislative process and recent changes related to mental health; Gary Lenkeit, Ph.D. talked about psychologist licensure changes and the NV Pre-doctoral Internship Consortium; and Leanne Earnest, Ph.D. talked about the APA Public Education resources available to psychologist and those they serve. Much needed PAC donations were collected, thanks to a special matching contribution from some generous donors. PAC funds enable our legislative lobbying activities.

The third annual Holiday Mixer was held in December, co-sponsored by Spring Mountain Treatment Center. This function brings psychologists and psychiatrists from the Southern Region together for an evening of holiday fun, networking, and charity donation. This year's charity was Child Haven and donations were generous! Psychologists and Psychiatrists, alike, look forward to this relaxed opportunity to meet colleagues, talk about practice referral process, and build collaborative efforts.

CE events are an important part of the NPA endeavors and the Southern Region is delighted to have a year-long training available in Dialectical Behavior Therapy (DBT), offered by Alan Fruzzetti, Ph.D. from UNR. Thanks so much to the efforts of Stuart Ghertner, Ph.D., from Southern Nevada Adult Mental Health Services, who was very instrumental in partnering with NPA to make this training available to many MHDS State of NV employees, as well as community mental health providers!

Southern Region, and NPA, in general, has also benefited greatly this year through the generous sponsorship of Center for Change, Las Vegas. Center for Change provides specialized treatment for eating disorders (ED), and has been a welcome ED treatment program in the Southern Region. Thank you so much!

Respectfully submitted,

Lisa M. Linning, Ph.D.

NPA CLASSIFIED ADS

John C. Friel, Ph.D.

Licensed Psychologist
216 Mt. Rose Street
Reno, NV 89509
775.337.0299

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IMMEDIATE OPENING FOR PROGRAM DIRECTOR IN PRIVATE PRACTICE SETTING

Qualifications:

Licensed or license eligible psychologist who has strong background in standardized testing and assessment for at risk children.

Job Description:

Conducting psychological evaluations for youth in care.
Help oversee contract with the Department of Family Services.
Hiring clinicians to conduct assessments in one of 8 locations in the Valley.
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Salary: \$95,000-\$110,000 DOE
Health Insurance offered if desired
2 weeks paid vacation

If interested, email curriculum vitae to:

Dr. Stephanie Holland
sbh@drhollands.com

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Licensed Clinical Psychologist | drmoore@pinecresthealth.com

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Ph/Fax: (888) 654-0050

Email: admin@nvpsychology.org

NPA Continuing Education Calendar

DBT Training, Part II: DBT Skills Training

Featuring

Dr. Alan Fruzzetti, Ph.D.

June 3,4,5, 2010

Touro University/HD Convention Center

Las Vegas, NV

18 CE credits

Look for these CE topics in 2011:

Treatment of Generalized Anxiety Disorder

Adolescents and Drug Use

Psychopharmacology

Couples Therapy

Treatment of Sexual Disorders and Dysfunctions

Mindfulness in Psychotherapy

ACT and Trama

Featuring

Dr. Victoria Follette

September 10, 2010

St. Rose/San Martin Campus

Las Vegas, NV

6 CE credits

Go to our website
www.nvpsychology.org
for updated information
about NPA events!

Eating Disorders and Weight Management

Speaker TBA

October 2010 (Date TBA)

Reno, NV

6 CE credits