

Upcoming CE Events:

- November 8, 2013 MBSR: Cultivating Therapeutic Presence Holly Hazlett-Stevens, Ph.D UNR Reno • 6 CEs
- April 4th—5th, 2014 DBT Family Therapy Alan Fruzzetti, Ph.D United Healthcare Las Vegas • 12 CEs
- May 9th, 2014 NPA Annual Conference Legal & Ethical Risk Mgmt for Nevada Psychologists Stephen Behnke Ph.D. UNR Reno • 6 Ethics CEs
- September 2014 (date tba) Prostitution and Human Traf- ficking: Awareness, Under- standing, and Clinical Needs Lou Pascal Shera Bradley, Ph.D. Las Vegas • 6 CEs
- November 22, 2014
 "Last Chance Ethics"
 Hot Topics in Ethics & Risk
 Mgmt in Psychological
 Practice
 Eric Harris Ph.D.
 Las Vegas 6 Ethics CEs

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Nevada Psychological Association

NPA News

The Voice of Psychology in Nevada

2013 Fall Newsletter

IN THIS ISSUE....

THE APA APPORTIONMENT BALLOT – What it is and why you shouldn't just throw it away!

What is it? The Apportionment Ballot is used to determine the makeup of the <u>APA Council</u>. All APA members have ten votes that they can allocate to different divisions within APA. The ballots will arrive in early November.

What is the APA Council? It is the APA's chief governing body and it is the final decision making body. The APA Council votes on multiple issues that affect the practice of psychology everywhere, including here in Nevada. The APA Council votes on key issues such as budgets for state associations (like NPA), policy documents and guidelines that impact professional practice.

What should I do? First of all, don't throw away the ballot. In the event that you are not sure how to allocate your votes, please keep in mind that <u>NPA Needs Your Votes</u> and that you can allocate all ten votes to your state organization! We want to keep a strong voice on the council so that NPA and Nevada psychologists are appropriately represented. (for more details, see Page 10)

Also, take a look inside to receive the latest information on topics relevant to Nevada psychologists:

- Legislative Update from our NPA Lobbyist what happened in the 77th Legislative Session and what looms ahead.
- APA Council Representative Update including the latest from APA

NPA Legislative Committee Update – how they are working to protect the practice of psychology in Nevada and how you can help.

- Member Spotlight
- Upcoming CE Events and Annual Conference

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Council of Representatives Report (July—August 2013)

The Council of Representatives is the legislative body of APA and has full power and authority over the affairs and funds of the association within the limitations set by the certificate of incorporation and the Bylaws, including the power to review, upon its own initiative, the actions of any board, committee, division or affiliated organization. Council is composed of representatives of Divisions, representatives of State, Provincial and Territorial Psychological Associations (SPTAs) and the members of the Board of Directors. Council meets twice yearly, in February at APA headquarters in Washington, D.C. and in July/August at location during the annual APA Convention.

As the current Council Representative for Nevada, I have been delighted to get a better understanding of APA Governance and to participate in major changes to the governance structure and function. My term continues until 2014. The past Council meeting in Hawaii was action packed and intense as Council voted in major governance changes. This was the culmination of a three year Good Governance Project (GGP) to re-evaluate how APA can better represent and meet the needs of all SPTA psychologists and more quickly and efficiently respond to psychological matters as they arise (e.g., ACA reform, mental health and gun violence, the shortage of internships). There were 20 consent agenda items, including, but not limited to:

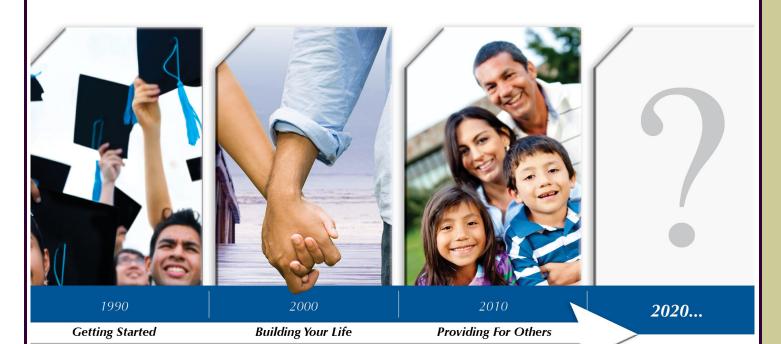
- 1. Revision of the APA Guidelines for the Undergraduate Psychology Major
- 2. Quality Professional Development and Continuing Education Resolution
- 3. Revised Standards for Educational and Psychological Testing
- 4. Revised Guidelines for Psychological Practice with Older Adults
- 5. Resolution on Counseling in HIV Testing Programs
- 6. Reauthorization of Reimbursement for Members of Ethnic Minority Members of Council

In addition to the consent agenda, the following items were approved by majority vote:

- 1. Policy Related to Psychologists' Work in National Security Settings and Reaffirmation of the APA Position Against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment
- 2. Resolution on Accreditation for Programs that Prepare Psychologists to Provide Health Services
- 3. Discussion and approval of Restructuring APA Governance, based on the work of the GGP task force. Motions that passed included a) enhanced use of technology to do the work of governance, b) broadening opportunities for leadership development, c) an APA governance-wide triage system to ensure that new items and emergent situations are addressed in a timely manner, d) expanding the scope of council to direct and inform policy and ensure policies are aligned with APA's mission and strategic plan, e) delegation of certain fiduciary responsibilities, f) changes in the Board of Director's Composition, g) development of an Implementation Work Group (IWG) to continue the task of developing the implementation and transition plans for governance changes.

I will keep you apprised of additional changes as they continue, as well as other matters from APA Council. Our next Council meeting will be February 2014 in Washington, D.C.

Respectfully submitted, Lisa M. Linning, PhD



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² Inflation Safeguard offers additional insurance coverage and the premium will be added to your bill.

The View From Carson City by Bryan Gresh, NPA Lobbyist

The Gresh Group, Inc. NPA Government Affairs Firm

"The Year 'Round View from Nevada's Capitol"

Historically, as the temperature falls this time of year, the first of the committed legislative candidates begin to make their initial forays into the necessary, though not necessarily enjoyable, world of fundraising phone calls and—maybe—a fundraising event. The recent legislative session is in the rear view mirror and interim committees will eventually begin, but, for now, what's the rush?



That, friends, *is* history. The way it used to be. No more. In today's political world which is Nevada, one session ends and the next begins. A mere 30 days after the close of the 77th Legislative session, the first in the onslaught of fundraising invitations hit the snail mailbox. Email invites hit the inbox soon after. Phone calls followed. But along with the pleas for money came the conversations about the 2015 session: who is looking at what in a bill, which of the recently passed measures needs to be 'tweaked' or what unintended consequences have crippled this sector or affected that business. And so while your NPA colleagues are looking at the measures we were active in during the last session, others—including your lobbying team—are already talking about what's on the horizon for 2015.

As those elements begin to take shape, let's catch our collective breathe and reflect on NPA's work during the recent session. Seasoned NPA legislative advocate Bryan Gresh directed our efforts from inside the cauldron that is the Legislative Building, along with valued team member Stacy Woodbury and furious note-taking intern Grayson Wilt. Outside the building, the NPA Legislative Committee was helmed by Judy Phoenix with Lisa Linning and past-President Lindsey Ricciardi dividing up the bill reading responsibilities as they became public.

So, let's take a look back (links for verbiage underlined/in blue are listed on bottom of page 6):

The Legislature adjourned sine die on June 3; however, the Assembly ran out of time and could not consider several pieces of legislation before the midnight deadline mandated by the Nevada Constitution which limits the legislative session to 120 days. Governor Sandoval called a <u>Special Session</u> of the Legislature in the early morning hours of June 4, and by the time most people were getting out of bed the five measures were quickly passed and legislators went home.

The rigors of the 2013 session of the Nevada Legislature are fading from memory, but the work of the Nevada Legislature continues on.

In 1987 the Legislature passed a bill creating the interim Legislative Committee on Health Care. Codified as <u>Nevada Revised Statutes 439B.200</u>, this Committee consists of three members of the Senate and three members of the Assembly and has broad powers to review almost any aspect of health care delivery within Nevada. Another such committee, the <u>Legislative Committee on Child Welfare and Juvenile Justice</u>, is specifically charged with reviewing issues related to mental health. At the end of each interim period these committees report back to the full Legislature, including recommendations for statutory changes. The Gresh Group will be following the activities of these key groups of legislators over the next eighteen months as the policy agenda for the 2015 legislative session evolves.

In addition to the interim policy committees, legislators are back on the campaign trail. All 42 Assembly members must run for election every other year. In the 2014 election, ten of 21 Senators must run for re-election as well. (Senators serve a four year term versus two years for Assembly members.) Lobbyists had

The View From Carson City by Bryan Gresh, NPA Lobbyist

only the briefest of respites – by early July the all hands alarm sounded and the 2014 campaign season began in earnest.

Though not a presidential election year, in Nevada the elections mark a turning point in government administration. All six of our Constitutional offices will be on the ballot. Governor Brian Sandoval is running for his second term, while the remaining five Constitutional offices of Lieutenant Governor, Secretary of State, Attorney General, Treasurer and Controller are up for grabs as the incumbents are all at the end of their Constitutionally-limited second term. Lieutenant Governor Brian Krolicki hasn't announced his intentions, but the rumor mill speculates he may be a candidate for Secretary of State. State Treasurer Kate Marshall announced a few months back she definitely is running for Secretary of State. Current Secretary of State Ross Miller is running for Attorney General and State Controller Kim Wallin has announced her run for Treasurer, with no other candidates presently announced in either race. State Senator Mark Hutchison of Summerlin is at presently the only announced candidate for Lieutenant Governor and his campaign has been endorsed by Governor Sandoval. Hutchison and Sandoval plan to campaign together. Freshman Assemblyman Andrew Martin of Las Vegas and former Assemblyman and present Board of Regents member Ron Knecht of Carson City both plan a bid for State Controller. Regardless of the outcome of the election, the offices in the State Capitol building will be vastly different than they are today.

When we last went to print with a Capitol Corner update, the Legislature was still several days out from adjournment. A recap of some of the main pieces of legislation dealing with mental health is definitely in order.

<u>SB 221</u> was the last bill standing relating to firearms in the possession of the mentally ill. The bill eked out of the Senate on an 11-10 party line vote on May 22. A huge, last minute lobbying effort by New York City Mayor Michael Bloomberg's *Mayors Against Illegal Guns* group resulted in the narrow 23-19 passage of SB 221 by the Assembly on the eve of *sine die*. Ultimately, the gambit failed when SB 221 was vetoed by the Governor on June 13, one of 17 measures the Governor vetoed during the session.

<u>SB 155</u> expands a clinical professional counselor's scope of practice to include the assessment and treatment of couples or families if he or she has "demonstrated competency" as of October 1, 2013. Such determinations must be made by the <u>Board of Examiners for Marriage and Family Therapists (MFTs) and Clinical</u> <u>Professional Counselors</u> (CPCs). For those interested in this issue, the Board presently indicates it will be holding workshops on potential amendments to Nevada Administrative Code Chapter 641A on October 22 and October 24.

<u>AB 155</u> made changes to the statutes related to mandatory reporting of suspected child abuse and neglect, including elevating the penalty for a second or subsequent failure of a mandatory reporter to report abuse or neglect to a gross misdemeanor effective October 1, 2013. The bill also requires the Legislative Committee on Health Care to review any chapter added to title 39, 40 or 54 of NRS that authorizes or requires the issuance of a license, permit or certificate to a person who provides any service related to health care to determine if the person should be included as a person required to report the abuse or neglect of a child, and report back to the full Legislature at the next session regarding any recommended changes to the statutes.

Some of the more compelling testimony of the session occurred during hearings on <u>AB 67</u>, a comprehensive bill which establishes the crime of human trafficking, creates new penalties, requires those convicted of sex trafficking to register as a sex offender and allows victims of human trafficking to bring civil action. Attorney General Catherine Cortez Masto personally testified at hearings on the bill, which became effective July 1. <u>AB 311</u> created the Contingency Account for Victims of Human Trafficking in the State General Fund as of July 1, and funds may be dispensed from the fund by the Interim Finance Committee to entities establishing or providing programs or services for victims of human trafficking.

The View From Carson City by Bryan Gresh, NPA Lobbyist

A third measure, <u>AB 338</u>, would have expanded efforts to outreach and identify victims of human trafficking by law enforcement and in schools, and to provide services and assistance to such victims. AB 338 died late in session when the Assembly failed to act on Senate amendments to the bill.

<u>AB 287</u> authorizes a court to order the involuntary admission of a person with a mental illness that is likely to self-induce harm to a community-based program or outpatient service, if appropriate. The bill requires a plan of treatment that meets certain requirements, authorizes a conditional release of a person under certain circumstances, outlines the process for petitioning a court to order a peace officer to take such a person into custody and deliver them to the outpatient program. These provisions became effective July 1, 2013.

<u>AB 386</u> establishes a pilot program in the Clark County School District and the Washoe County School District for the administration of mental health screenings to pupils enrolled in selected secondary schools within each school district. The districts must report on the pilot to the Legislative Committee on Health Care by April 1, 2014 and the Department of Education by December 1, 2014. AB 386 is effective July 1.

<u>AB 495</u> abolished the Committee on Co-Occurring Disorders effective July 1. The bill was a result of an interim review of the Committee on Co-Occurring Disorders by the Sunset Subcommittee of the Legislative Commission.

<u>SB 338</u> was a technical bill which changes the term "mental retardation" to "intellectual disability" and related terms in a similar manner in the Nevada Revised Statutes effective July 1.

The 2013 legislative session was remarkable mainly for its own inaction. There were high hopes and big promises to overhaul the tax structure and increase funding for education, but pundits aptly dubbed this the Session of Nothing. The effects of term limits have begun to take their toll at 401 South Carson Street, and legislative leadership was simply too inexperienced. As the full impact of term limits kicks in, we can expect less seasoned legislative leaders making the role of lobbyists as providers of information more critical. You can count on The Gresh Group to continue representing the interests of the Nevada Psychological Association to the fullest.

Opportunities abound for NPA members to join their colleagues and help make a difference in psychology in Nevada. Not much effort is required, and the work is rewarding. We invite you to drop in for a Legislative Committee conference call. Contact Executive Director Wendi O'Connor to find out more.

http://www.leg.state.nv.us/Session/27th2013Special/Reports/governor.cfm http://www.leg.state.nv.us/NRS/NRS-439B.html#NRS439BSec200 http://www.leg.state.nv.us/NRS/NRS-218E.html#NRS218ESec700 http://leg.state.nv.us/Session/77th2013/Bills/SB/SB221_EN.pdf http://www.leg.state.nv.us/Session/77th2013/Bills/SB/SB155_EN.pdf http://www.leg.state.nv.us/Session/77th2013/Bills/AB/AB155_EN.pdf http://www.leg.state.nv.us/Session/77th2013/Bills/AB/AB155_EN.pdf http://www.leg.state.nv.us/Session/77th2013/Bills/AB/AB155_EN.pdf http://www.leg.state.nv.us/Session/77th2013/Bills/AB/AB311_EN.pdf http://www.leg.state.nv.us/Session/77th2013/Reports/history.cfm?ID=770 http://www.leg.state.nv.us/Session/77th2013/Bills/AB/AB287_EN.pdf http://www.leg.state.nv.us/Session/77th2013/Bills/AB/AB386_EN.pdf http://www.leg.state.nv.us/Session/77th2013/Bills/AB/AB386_EN.pdf http://www.leg.state.nv.us/Session/77th2013/Bills/AB/AB386_EN.pdf



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Checks may be mailed to: NPA-PAC , PO Box 400671 , Las Vegas , Or Fax this form to 1-888-654-0050 Donations may also be made online at www.nvpsychology.o		\$0

NPA Legislative Committee Update (October 2013)

As we have in the past, NPA monitored the past legislative session closely for bills related to psychologist's scope of practice, the public impact of mental/behavioral health care legislation, and bills that would create mental/behavioral health policy or service provisions impacting psychologists. With the help of our proficient lobbyist, Bryan Gresh, NPA was able to weigh in on numerous bills to help amend verbiage or inform legislators about our concerns. (See more details about legislation we followed in the Gresh Group report.)

For the 2013 – 2014 legislative biennium, we have a new Legislative Committee with Laurie Drucker as Chair and Lisa Linning as Co-chair. During this interim year, the Legislative Committee is gearing up with a proactive agenda that includes tracking Affordable Care Act (ACA) implementation in Nevada and increasing our advocacy efforts to ensure equal access to psychological services and parity for mental health treatment. We want to increase our engagement and outreach activities, including across disciplines, for issues involving mental/behavioral health services. We are also building a PAC fund for greater access to lawmakers and to make sure we have "a seat at the table" when lawmakers meet about issues of concern for the field of psychology.

On October 5th we held a Legislative Retreat to further identify issues to address during the upcoming legislative session, and identify action items related to ACA healthcare reform and other advocacy/outreach efforts. We were fortunate to have a presentation of "Legislative 101" by our lobbyist, Bryan Gresh, with a special appearance by Assembly Health and Human Services Chairwoman, Marilyn Dondero Loop. Dr. Paula Squitieri discussed the Nevada Mental Health Commission, and Dr. Lisa Linning gave an overview of ACA healthcare reform and how it could impact psychology practices. Psychologists in attendance discussed how to better work with lawmakers about our concerns in areas such as ensuring coverage for psychological interns under Medicaid, laws governing the formation of medical corporations (i.e. antitrust laws), mental health parity coverage under ACA, and how to increase outreach in public health and medical settings.

The committee has several immediate goals: to expand our PAC fundraising with a goal of raising \$10,000 by January 2014, to meet with legislators to help them better understand who we are and (clarify) what we do, to share information with members about ACA implementation in Nevada and prepare for the next legislative session. We are hoping for more "boots on the ground" this year to accomplish our proactive goals. If you are interested in becoming more involved in the Legislative Committee, we welcome you! Legislative Conference calls will be held monthly on the 4th Friday at noon. Email <u>lvdrucker@gmail.com</u> to be included on the call list.

Laurie Drucker, Psy.D., Legislative Chair and Lisa Linning, Ph.D., Legislative Co-Chair

Member Spotlight—Holly Hazlett-Stevens, Ph.D.



Dr. Holly Hazlett-Stevens – psychologist, professor, wife, mother and orchestral musician - arrived in Reno after an academic journey that took her back and forth across the country. Her journey began at USC where she obtained her BA degree in Psychology and Music in 1993. She then moved across country to The Pennsylvania State University where she picked up a Master of Science and a PhD – both in Clinical Psychology. Soon, the lure of Southern California became too hard to resist. So, in 1999 Holly found herself traveling cross country again – but this time for her pre-doctoral internship at the Long Beach VA. The following year, she worked as a post-doctoral fellow at UCLA

and trained under Michelle Craske Ph.D. in the Anxiety Disorder Behavioral Research Program until 2001. During that time, Holly discovered that she enjoyed the balance of clinical work, supervision, research, writing and publishing that academia offered. When an Assistant Professor position opened up at UNR in 2001, Holly applied for and was offered the job. She became an Associate Professor in 2008.

Holly's academic interest has been focused on anxiety and worry. While at UCLA, she received specialized training in CBT for panic. She also coordinated a large research project which examined the use of CBT for panic within primary care settings. Holly's interest has evolved from a primary focus on laboratory research on questions of anxiety and worry into a research and clinical approach that incorporates the use of mindfulness based approaches. This evolution was probably inevitable given her long-standing personal interest in meditation. A pivotal moment in her life occurred during her first sabbatical in 2010 when she attended a training class with Jon Cabot-Zinn, Ph.D. and Saki Santorelli Ph.D., both leaders in the investigation into mindfulness based approaches. Holly described being "thrown into mindfulness and after about 36 hours of silence, then and only then did we start talking about clinical protocols". After this experience, she knew that wanted to incorporate mindfulness based approaches into her professional work. Although she is focused on developing the use of mindfulness based approaches as an intervention for individuals in the community suffering from stress, Holly is also interested in using this same approach with students and clinicians in a way that will be supportive of their clinical work. She recently started a part-time private practice focused on anxiety and worry using a treatment approach that integrates mindfulness based approach with CBT.

Dr. Hazlett-Stevens, her husband and two boys (ages 8 and 5) love to spend time hiking the beautiful trails around Reno and Lake Tahoe. When asked what she would do in her spare time (if she had any), Holly laughed and said that she would like to find time to play her bassoon. Little known fact: Holly played bassoon in city orchestras such as the Reno Philharmonic and for Reno Opera. Unfortunately, she became so busy that she had to give it up. Hopefully, she will be able to soon find time to return to her music.

2013 Fall Newsletter



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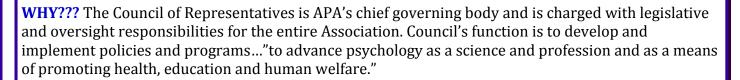
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THE APA APPORTIONMENT BALLOT-DOES IT MATTER?



While policy development begins with APA's boards and committees, and the Board of Directors, the final decision-making body is the Council. The Council votes on MANY items that impact state associations and the professional practice of psychology. In 2013, SPTAs composed 53% of the organized entities that make up Council, but had only 40% of the representatives and votes. The good news is that SPTAs have gained 5 seats since 2007, but <u>you need to vote to help NPA gain more seats</u>.

NPA Needs Your Votes! The number of votes obtained in the Apportionment Ballot process determines which SPTAs and Divisions get the additional seats past the one per entry. APA Members are given 10 votes to use as they wish—you can allocate all of your ten votes to your state (or split them up amount your SPTA and Divisions) to ensure that NPA, and all state associations, continues to have a voice on the APA Council. Because Divisions can draw from large pools across the country, many end up with multiple representatives on Council, whereas states typically can only muster enough votes for one seat.

Office Space for Rent

Office space available in a large, newly renovated office located near Charleston and Rainbow in Las Vegas. There are 4 independent psychologists that provide services including individual adult, child, family, and couples therapy, disability evaluations, psychological evaluations, ADHD evaluation and treatment and BST/PSR services. While we work independently, we regularly consult and refer clients to each other which would be ideal for either an established practitioner or someone building a private practice. We are looking for a professional, not necessarily a Psychologist, who provides services that would complement services already provided, including but not limited to LCSW/MFT, Psychiatrist, Psychiatric APN, Speech and Occupational Therapy. Full-time or part-time available. Office services include scheduling, reminder calls, and insurance verification. Billing services available at an additional cost. The office is located in a well-maintained office complex with beautiful landscape, including courtyard and fountain access. The office has plenty of parking and is centrally located, right on major bus routes. Please send Vita to Dr. Amy Guevara at DrAmyGuevara@gmail.com

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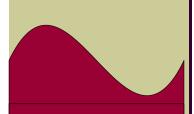
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Nevada Psychological Association

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Phone/Fax: 888-654-0050 E-mail: admin@NVpsychology.org



More information and details available on our website! www.NVpsychology.org

Coming in 2014 to Reno:

NPA 2014 Continuing Education Calendar

Annual Conference Legal and Ethical Decision Making for Nevada Psychologists Stephen Behnke, J.D., Ph.D. May 9th, 2014 University of Nevada, Reno Reno, NV 6 Ethics CEs

2014

Annual Strategic Planning Meeting May 10th, 2014 Reno, NV

MBSR for Mental Health Professionals Colleen Camenisch Summer/Fall (dates tba) University of Nevada, Reno Reno, NV 22 CEs for Psychologists 12 CEs for MFTs/LCSWs Coming in 2014 to Las Vegas:

DBT Family Therapy April 4th & 5th, 2014 Alan Fruzzetti, Ph.D. United Healthcare Las Vegas, NV 12 CEs

Prostitution and Human Trafficking: Awareness, Understanding and Clinical Needs

> Lou Pascal, Ph.D. Shera Bradley, Ph.D. September 2014 (date tba) Las Vegas, NV 6 CEs

Hot Topics in Ethics and Risk Management in Psychological Practice Eric Harris, J.D., Ed.D. November 22nd, 2014 Las Vegas, NV 6 Ethics CEs



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