

# Angela Lewis

Phone: (920)342-5923

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## Educational Background

**Western Michigan University** 2016 - Expected 2023  
PhD, Counseling Psychology  
Counselor Education and Counseling Psychology Department  
Kalamazoo, MI

**University of Wisconsin-Milwaukee** 2014  
MS, Community Counseling  
Department of Educational Psychology  
Milwaukee, WI

**Alverno College** 2012  
BA, Psychology  
Supports: Global Studies and Art  
Department of Psychology  
Milwaukee, WI

## Professional Clinical Experience

**Psychology Institute of Las Vegas** 2022  
Clinical Practicing Counselor-Intern  
Las Vegas, NV

- Provided individual counseling and mental health services to community members in the Las Vegas area ages 16 and over.
- Administered neuropsychological and psychological test batteries to clients with Dementia, Alzheimer's, ADHD, cognitive impairments, anxiety, learning disabilities, and other mental health diagnoses.

**University of Nevada-Las Vegas**  
**Counseling and Psychological Services** 2021- 2022  
Pre-doctoral Intern  
Las Vegas, NV

- Provided individual counseling and mental health services to college students ages 18-50 presenting with trauma, grief, depression, anxiety, substance use, mood disorders, eating disorders, and schizoaffective disorders, and familial concerns

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- Completed eating disorder assessments which included an intake assessment, the Eating Disorder Inventory III (EDI III), and the Millon Clinical Multiaxial Inventory-IV (MCMI-IV)
- Provide one time consultation to help students utilizing coping mechanisms and identify resources to address presenting concern
- Provided referrals to the care manager on staff as well as to community based mental health services to address needs for continued mental health care
- Conducted risk assessments for suicide, self harming behaviors, and homicidal ideation on a weekly basis
- Facilitated several outreach programs and presentations specifically regarding CAPS services, general mental health concerns, and mental health services for LGBTQ, persons of color

### **Synergy Health Center**

2020- 2021

Mental Health/Child Counselor

Kalamazoo, MI

- Provided individual counseling and mental health services to approximately 60 clients presenting with trauma, grief, depression, anxiety, substance use, bipolar, and schizoaffective disorders, and familial concerns
- Provided individual counseling to approximately sixteen children ages 6-10 in the schools using cognitive behavioral framework
- Served as a team member for Breaking the Stigma: African American Mental Health Symposium

### **Humanities for Everyone Bridge Program**

2019-2020

Educational Counselor

Kalamazoo, MI

- Provided mental health support to approximately fifteen university students experiencing issues with adjustment, emotional distress, and prolonged trauma
- Provided mental health resources to educators and peer mentors to encourage self-care and utilization of mental health services among students
- Referred students to mental health providers in the community and at the university
- Presented to peer mentor programs during orientation about mental health and trauma informed services to students in peer mentoring programs

### **Kalamazoo College Counseling Center**

2018-2019

Intern Counselor

Kalamazoo, MI

- Conducted brief individual therapy with approximately sixty-five undergraduate college students regarding relational concerns, stress management, academic concerns,

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career-related concerns, sexual assault, depression, anxiety, and sexuality related concerns

- Developed and facilitated two outreach presentations on self-care and community for undergraduate college student organizations with approximately twenty students in attendance for each event
- Completed progress notes, treatment plans, and other documentation about client progress
- Reviewed and presented two case conceptualizations in staff meetings to ensure appropriate use of interventions for the counseling center attendees

### Western Michigan University

Center for Counseling and Psychological Services

2018-2019

Doctoral Assistant

Grand Rapids, MI

- Provided individual counseling to approximately fifteen community members regarding relational concerns, sexuality related concerns, depression, discrimination, anxiety, and suicidality
- Provided clinical supervision to a total of eight master level counseling students for a semester of fourteen weeks to ensure the welfare of the client and facilitate professional development for the counseling students
- Facilitated orientation for new master's level practicum students to acclimate students to the counseling center
- **Conducted psychological batteries to assess for learning disorders that included the Wechsler Adult Intelligence Scale 4<sup>th</sup> Edition, Wechsler Individual Achievement Test 3<sup>rd</sup> Edition, Integrated Visual and Auditory Test (IVA), and the Beck Depression Inventory**
- **Completed approximately fifty N-648 assessments** to identify mental health concerns that impairs an individual's ability to take the United States Citizenship and Immigration Services examination for naturalization
- Taught a practicum course for students in the master's counselor education program for one class

### Western Michigan University

Center for Counseling and Psychological Services

2016-2018

Doctoral Assistant

Kalamazoo, MI

- Facilitated over 150 intakes for individuals to ensure appropriate services provided at the clinic
- Provided individual therapy to approximately ten college students regarding relational, academic, and career related concerns

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- Completed file reviews and assisted master's level practicum counselors with administrative tasks
- Facilitated one-day orientations for new practicum counselors to acclimate students to the counseling center for six semesters
- Reviewed cases in staff meetings to provide appropriate campus and community referrals for clients

### **Dominion Day Youth Services**

2015-2016

Therapeutic Day Treatment Lead Counselor

Roanoke, VA

- Provided daily individual and group counseling to approximately twenty-five youth in school settings
- Provided weekly case management for youth and their families in the school and community
- Completed individualized service plans, reauthorization forms, progress review, and other relevant paperwork for continued services for clients
- Provided individual counseling to clients with presenting concerns of mental health concerns, trauma, education, and familial concerns
- Developed psychoeducational curriculum for summer program to educate youth on emotional regulation and interpersonal skills

### **Intercept Youth Services**

2015-2016

Home Based Child and Family Counselor

Roanoke, VA

- Provided individual and family counseling to approximately forty youth ages 5-18.
- Provided care coordination with psychiatric services, school services, social services, outpatient counseling services, and community agencies
- Completed individualized service plans, reauthorization forms, progress review, case management forms, resiliency checklists, and other relevant paperwork for continued services for clients
- Facilitated counseling with clients presenting with concerns including mental health, trauma, attachment, and familial concerns as well as increased risk for out of home placement
- Delivered various interventions including Cognitive Behavioral Therapy, Mindfulness Cognitive Behavior therapy, and Trauma Informed Cognitive Behavioral Therapy

### **Family Preservation Services**

2014

Therapeutic Day Treatment Counselor

Christiansburg, VA

- Provided daily individual and group counseling to ten youth for forty hours per week in school settings

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- Provided weekly case management for youth and their families in the school and community
- Completed individualized service plans, reauthorization forms, progress review, and other relevant paperwork for continued services for clients
- Facilitated school based mental health interventions with clients presenting with concerns including mental health, trauma, education, and familial concerns
- Utilized interventions of Cognitive Behavioral Therapy and Mindfulness Cognitive Behavior therapy

### **Milwaukee LGBT Community Center**

2013-2014

Masters Level Intern

Milwaukee, WI

- Provided individual counseling to approximately thirty ethnically diverse youth participants of the youth ages 13-24 development programs, Project Q and couple's counseling to couples in the Anti-Violence Program
- Developed and facilitated Healthy Relationships group for youth participants of Project Q, focusing on application of youth developing communication skills and building trust
- Coordinated treatment plans for clients who were participants in Project Q and the Anti-Violence Program
- Facilitated counseling with clients presenting with concerns including mental health, trauma, homelessness, discrimination, education, and familial amongst a variety of other high-risk concerns
- Provided interventions of Cognitive Behavioral Therapy and Mindfulness Cognitive Behavior therapy

### **Rogers Memorial Hospital**

2012-2013

**Psychiatric Technician**

West Allis, WI

- Worked with the Eating Disorder, Child and Adolescent, and Adult Units.
- Facilitated mental health psychoeducational groups for patients with eating disorders, detox, behavioral, and mental health concerns

### **Wisconsin Early Autism Project**

2011- 2013

Advanced Line Therapist

Brookfield, WI

- Provided applied behavior analysis interventions with approximately five children diagnosed with autism spectrum disorders

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### **Teaching/Program Development**

#### **Aquinas College**

2019 - Present

Adjunct Instructor in Psychology

Grand Rapids, MI

Fall 2019, Fall 2020

- Course Taught: Human Motivation
- Human motivation is an undergraduate course that covered theoretical frameworks and historical knowledge on human motivation and human behavior
- Developed curriculum based on the course text
- Developed and graded course assignments and exams

#### **Western Michigan University**

2019-2020

Graduate Assistant for the Equity in Mental Health Program

Kalamazoo, MI

- Worked with initiative developed through the Steve Fund called the Equity in Mental Health program, a program addressing barriers to mental health services for students of color on campus
- Developed mental health written material for racially minority students to address mental health concerns related to racial stress
- Facilitated a panel of undergraduate student organizations who had predominantly racial minority members to discuss mental health and seeking out resources to address mental health concerns
- Attended JED Foundation initiative meetings to encourage accountability and programming for addressing barriers to mental health resources for racially minoritized students on campus

#### **LGBT Resource Center**

2013-2014

BMO Harris Safe Space Project Manager

University of Wisconsin-Milwaukee

- Facilitated trainings with Safe Space program, which are designed to expand the inclusiveness of the campus environment for diverse populations, educate university staff, faculty, and students about LGBT+ issues, and provide trainings to several departments and students on campus on development as allies to the LGBT+ communities
- Developed all curriculum including educational information and training curriculum to train participants of the Safe Space trainings to conduct Safe Space trainings
- Incorporated intersectionality and microaggressions into Safe Space trainings relevant to the ally development of the trainings
- Facilitated and promoted Safe Space trainings throughout campus

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- Developed campus-wide Safe Space focus groups using previous participants to obtain feedback in developing a Train the Trainer Program. This program will enable individuals across campus to facilitate Safe Space trainings

### **Community Volunteer Experiences**

#### **Gryphon Place**

Contact Center Support Specialist

Kalamazoo, MI

2020

- Provided crisis intervention to callers experiencing suicidal ideation, domestic violence, and homicidal ideation
- Referred community members to local resources to meet emergency needs such as food crisis, mental health needs, and shelter needs
- Assessed for suicide risk on suicide hotline calls

#### **Impact 211**

2012- 2013

Community Resource Specialist

West Allis, WI

- Volunteered at Impact 211, which is a resource of the community accessed via telephone, linking community members in the Milwaukee and Wauwatosa areas to community resources in a database of over three-thousand resources
- Worked with community members presenting concerns related to housing crises, nutrition/food crises, health, mental health, suicide, legal crises, and other varieties of concerns to community resources
- Provided education about eligibility and applicability of community resources to their presenting concerns
- Assessed community members and provided information and referral to community-based resources in a database of over three thousand resources

#### **New Concept Center for Self-Development**

2012

Program Assistant

Milwaukee, WI

- Worked with New Concept Self Development Center, which is a local community organization at the Martin Luther King Community Center providing services to the community such as restorative justice programs, GED and adult education, sex education, youth services, parenting skills, driving permits, and career development resources to urban communities in Milwaukee, WI
- Developed curriculum for healthy initiative for participants at the local community center
- Facilitated United Way's Each One Reach One program at local elementary and middle schools with youth ages nine to sixteen

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### **Research Experiences**

#### **Western Michigan University**

2019-Present

Research Assistant

Equity in Mental Health Project

Faculty supervisor: Gary Bischof, PhD

- Served on the research team for the Mental Health and Wellness of Students of Color at WMU study

#### **Western Michigan University**

2016-2018

Research Assistant

Department of Counselor Education and Counseling Psychology

Faculty supervisor: Beverly Vandiver, PhD

- The Identity Research team conducted content analysis, factor analysis, and quantitative research on black racial identity in connection to academic self-concept, stereotype threat, and self-esteem

#### **University of Wisconsin-Milwaukee**

2012-2014

Research Assistant

Department of Educational Psychology

Faculty supervisor: Shannon Chavez-Korell, PhD and Leah Rouse, PhD

- The (Re)Search for Change team conducted culturally informed empirical research in terms of racial and ethnic identity, social behavior, group dynamics, and cultural adaptations of mental health interventions
- Research Care Team research focused on trauma and stress related issues with military personnel, law enforcement, and corrections personnel along with intergenerational historical trauma and cultural-competent interventions for American Indian communities
- Dissertation Team: The Dissertation Team sought to encompass the experience of Hmong women with application of the Conspiracy of Silence, exploring intergenerational trauma in Hmong women using the Trauma and the Continuity of Self: A Multidimensional, Multidisciplinary (TCMI) framework, and exploring the impact of psychoeducational interventions for Hmong women

### **Professional Conference Presentations**

**Lewis, A.** (2019). The impact of relational trauma on Black bisexual women. Poster presented at American Psychological Association Annual Convention. Chicago, IL.

**Lewis, A., Allen, D., & Gibson, B.** (2018). Whose voices are heard? Black women, community, and the public discourse around sexual assault. Poster presented at the Association of Black Psychologists' Annual Convention. Oakland, CA.

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- Lewis, A. & Butler, M.** (2018). Navigating blackness and queerness in Black spaces: Experiences of black LGBTQ folk in predominantly Black academic spaces. Poster presented at the Association of Black Psychologists' Annual Convention. Oakland, CA.
- Lewis, A. C.** (2018). The impact of trauma on academic admissions and career interests for Black women. Poster presented at the Great Lakes Regional Counseling Psychology Conference. Kalamazoo, MI.
- Butler, M. & Lewis, A.** (2017). The threat of Triple Jeopardy on the inclusion of queer, transgender, and non-conforming students of color in academia. Poster presented at the 9<sup>th</sup> Annual Diversity Research Symposium at Ball State University. Muncie, IN.
- Blanchard, S., Vandiver, B. J., Gibson, B., Allen, D., & Lewis, A.** (2017). Reexamining the factor structure of the academic self-concept scale with Black college students. Poster presented at the American Psychological Association Annual Convention. Washington, D.C.
- Lewis, A.** (2017). Clinical implication, interventions, and protective factors for suicidal African American women. Poster presented at the Association of Black Psychologists' Annual Convention. Houston, TX.
- Vandiver, B. J., Blanchard, S., Gibson, B., Allen, D., & Lewis, A.** (2017). A multivariate examination of the relationship between Black racial identity and stereotype threat. Poster presented at the Association of Black Psychologists Annual Convention. Houston, TX.
- Lewis, A.** (2017). Examining well-being and social marginalization in the lives of Black sexual minority women. Poster presented at the Great Lakes Conference. Muncie, IN.
- Lewis, A.** (2016). Minority stress in the field of counseling: Clinical supervision for minority counselors. Roundtable presented at the Southern Association for Counselor Education and Supervision. New Orleans, LA.
- Lopez, M., Lewis, A., & Leon, E.** (2014). Examining the relationship among ethnic identity profiles, perceptions of campus climate, and social connectedness for college students of color. Poster presented at Columbia University's Teachers College Winter Roundtable Conference. New York, NY.

## **Professional Leadership**

**American Psychology Association**

2016 – 2017

Division 17: Society of Counseling Psychology

Section on Positive Psychology Student Representative

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### **Professional Student Organizations**

**University of Wisconsin-Milwaukee** 2012-2014  
Secretary/Grant Specialist, Counseling Student Organization  
Department of Educational Psychology

**Alverno College** 2010- 2012  
Secretary/Outreach Coordinator, Psych Forum  
Psychology Department

### **Awards/Scholarships**

**Dr. James M. Croteau Memorial Scholarship** 2017

*This scholarship is awarded in honor of Dr. James M. Croteau to support students enrolled in Counselor Education and Counseling Psychology that endeavor to contribute to at least one of the following fields: LGBT studies, issues of sexual orientation or race, diversity and inclusion, and social justice.*

**Dr. Richard A. Rodriguez Division 44 Student Travel Award** 2019

*The Dr. Richard A. Rodriguez Division 44 Student Travel Award is sponsored by the Committee on Racial and Ethnic Diversity of the Society for the Psychology of Sexual Orientation and Gender Diversity. The purpose of the Dr. Richard A. Rodriguez Division 44 Student Travel Award is to encourage greater participation in Division 44 annual convention activities by LGBTQ students of color.*

### **Professional Affiliations**

#### **American Psychology Association**

Division 17: Society of Counseling Psychology Graduate Student Member

Division 35: Society for the Psychology of Women

Division 44: Society for the Psychology of Sexual Orientation and Gender Diversity