

L. MICHELLE GRIMES, Ph.D.

Licensed Psychologist

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EDUCATION

- FELLOWSHIP AUGUST, 2015
Kennedy Krieger Institute, Johns Hopkins University School of Medicine
- INTERNSHIP July, 2014
Munroe-Meyer Institute (APA Accredited), University of Nebraska Medical Center
- Ph.D. Clinical Psychology August, 2014
Idaho State University (APA Accredited)
- M.S. Clinical Psychology August, 2012
Idaho State University
- B.A. Major: Psychology Minor: Anthropology August, 2004
University of Oregon

TEACHING EXPERIENCE

Assistant Professor in Child Clinical Psychology August, 2015 to Present
Southern Utah University
Chair: Garrett Strosser, Ph.D.

- Psychology 4500 Abnormal Child Psychology
- Psychology 1010 General Psychology
- Psychology 3430/3435 Principles of Psychological Assessment/ Lab
- Psychology 3800 Practicum
- Psychology 2010 Psychology as a Science and a Profession

Independent Course Instructor 2010 - 2013
Idaho State University, Department of Psychology
Supervisor: Shannon Lynch, Ph.D.

- Psychology 2225 Child Development –Online section
- Psychology 2225 Child Development
- Psychology 2228 Tests and Measures
- Psychology 3303 Research Methods (lab section)

Guest Lecturer/ Teaching Assistant 2013
University of Nebraska Medical Center
Supervisor: William Warzak, Ph.D.

- Teaching assistant for the Behavioral Parent-Training course through the Applied Behavior Analysis doctoral program at UNMC.

RESEARCH EXPERIENCE

ACCEPTED MANUSCRIPTS

Grimes, L.M., Kennedy, A., Labaton, R., Hine, J., & Warzak, W. (2015), *Caffeine as an Independent Variable in Behavioral Research: Trends from the Literature specific to ADHD*. Journal of Caffeine Research.

Nakaha, J., **Grimes, L.M.**, Nadler, C., & Roberts, M.W., (2015) *A treatment selection model of sibling conflict based on observational measurements*. Journal of Child and Family Studies.

Kennedy, A., **Grimes, L.M.**, Labaton, R., Hine, J., & Warzak, W., (2015) *Caffeine and Anxiety: Exploration of Methods in Animal Models* Journal of Caffeine Research

Hine, J., **Grimes, L.M.**, Labaton, R., Kennedy, A., & Warzak, W. (2014) *Methodological considerations in caffeine research and depression: Review of recent trends in the psychological literature*. Journal of Caffeine Research.

MANUSCRIPTS IN PREPARATION

Grimes, L. M., Forcino, S., & Nadler, C., *Teaching parents to code child behavior: A comparison of two methods*

Grimes, L M., & Roberts, M. W., *Interventions in sibling conflict: A review*

Kuhn, B., Elliot, A., & **Grimes, L.M.** *I wanna rock 'n roll all night: A review of treatments for sleep-related rhythmic movement disorder*.

CONFERENCE PRESENTATIONS

Grimes, L.M. (2018) *Listen to me! Using evidence-based principles to increase child compliance*. Invited presentation at the annual Southern Utah Early Childhood Collaborative Conference. St. George, Utah

Grimes, L.M., Forcino, S., Nadler, C (2018) *Teaching Parents to Observe Child Behavior: A Comparison of Two Methods*. Symposium accepted to the Association for Cognitive and Behavioral Therapy Annual Convention, Washington DC

Grimes, L.M. (2017) *Disruptive Behavior Disorders: From Theory to Practice*. Oral presentation at the SUU Child Behavioral Health Conference, Cedar City, Utah

Grimes, L.M. (2017) *Sleep Disorders in Childhood*. Oral Presentation at the SUU Child Behavioral Health Conference, Cedar City, Utah

Grimes, L.M. & Roberts, M.W. (2014), *Sibling Conflict Resolution Skills in a Targeted Developmental Period*, Poster presented at the National Conference in Child Clinical and Adolescent Psychology, Lawrence, Kansas.

Warzak, W. & **Grimes, L.M.** (2014) *Pill-Swallowing phobia in a typically developing adolescent patient*. Poster presented at the Applied Behavior Analysis International Annual Convention. Chicago, Illinois

Grimes, L. M. & Roberts, M.W. (2013) *Social skills training in a developmentally sensitive period: Preliminary results*. Poster presented at the Idaho Psychological Association Annual Conference. Sun Valley, Idaho

Grimes, L. M., & Roberts, M. W. (2012) *Alternate Form Reliability of the Sibling Conflict Resolution Scale (SCRS-III)*. Poster presented at the Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, Kansas

Nadler, C., **Grimes, L.M.**, & Roberts, M. W. (2012) *Parent collected home data: Replication and extension*. Poster presented at the Kansas Conference in Clinical Child and Adolescent Psychology, Lawrence, Kansas

Kuruvilla, B., VanNess, E., & **Grimes, L. M.** (2012) *Bullying and School Safety: The Importance of Adult Support*. Poster presented at the annual meeting of the Idaho Psychological Association, Sun Valley, Idaho.

Grimes, L. M. & Nakaha, J. (2011) *Sibling Conflict Resolution Skills: Measurement and Extension* Symposium presented at the 2011 Annual Convention of the Association for Behavior Analysis International, Denver, CO.

Grimes, L. M., & Johnson, K., (2011) *Social Support Moderates the Relationship Between Bully Victimization and Adolescent Substance Use*. Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Baltimore, Maryland.

Nadler, C., **Grimes, L. M.**, Warren, M., & Roberts. (2011). *Parent-Collected Observational Data Detect Developmental Differences in Child Aggression*. Poster presented at the annual meeting of the Idaho Psychological Association, Sun Valley, ID.

STUDENT AUTHORED MANUSCRIPTS

Judd, A. & **Grimes, L.M.** (In-Press) The relationship between art and aggression. *Southern Utah University HSS Journal*

Burkholder, C., Smith, S, **Grimes, L.M.** (2016) The reliability and validity of the Burkholder-Smith Test Anxiety Questionnaire. *Southern Utah University HSS Journal*, 55-67.

STUDENT-AUTHORED CONFERENCE PRESENTATIONS

Ashworth, L. & **Grimes, L.M.** (2018) *Development of the Fox Anger Inventory*. Poster accepted to the Annual Convention for the Rocky Mountain Psychological Association, Denver, CO

Golson, M., Barton, V., Roylance, L., **Grimes, L.M.** (2018) *Academic Grit Scale: A Psychometric Evaluation*. Poster accepted to the Annual Convention for the Rocky Mountain Psychological Association, Denver, CO

Hansen, B., Fonnesback, M., Poulter, L., Craven, N. & **Grimes, L.M.** (2018) *Reliability and Validity of the IPIP Enthusiasm Scale*. Poster accepted to the Annual Convention for the Rocky Mountain Psychological Association, Denver, CO

Miller, E. & **Grimes, L.M.** (2018) *The Third Week Survey: Evaluation of a survey to measure student retention at SUU*. Oral presentation at the SUU Festival of Excellence.

Tait, A., & **Grimes, L.M.** (2017) *Exploring the relationship between art and aggression*. Oral presentation at the SUU Psychology Department Research Symposium. Cedar City, Utah

Plesch, K & Whitney, W, Longhurst, D., & **Grimes, L.M.** (2017) *Reliability and Validity of the Sibling Conflict Questionnaire Revised (SCQ-R)*. Poster presented at the Annual Convention for the Association for Behavior and Cognitive Therapies, San Diego, CA

Johnson, K., Plesch, K., Whitney, W., **Grimes, L.M.** (2017) *Reliability and Validity of the KWK Vulnerability Scale*. Poster presented at the Annual Convention for the Association for Behavior and Cognitive Therapies, San Diego, CA

Busenbark, R., Rechis, M., & **Grimes** (2017). *Development and Psychometric Analysis of the Busenbark-Rechis Trust Scale*. Poster presented at the Annual Convention for the Rocky Mountain Psychological Association. Salt Lake City, Utah

Johnson, K., Plesch, K., Webster, W., **Grimes** (2017). *Assessing Vulnerability: Reliability and Criterion Validity of the NEO:N6*. Poster presented at the Annual Convention for the Rocky Mountain Psychological Association Annual Convention, Salt Lake City, Utah

Christenson, M. & **Grimes L. M.** (2016) *Assessing the reliability and validity of the Wilson-Patterson Conservatism Scale*. Poster presented at the SUU Festival of Excellence

Leidtke, B. (2016) *Empowered: A review of specialized services for students with developmental disabilities*. Oral presentation at the SUU Festival of Excellence

SELECTED CLINICAL EXPERIENCES WITH CHILDREN, ADOLESCENTS, AND FAMILIES

Outpatient Service Delivery 2015 - Present

Psychology Resources of Southern Utah, LLC

Owner-Operator

- Evidence-based clinical services to youth and families including evaluation and intervention. Emphasis on externalizing and internalizing concerns of childhood.
- Specialty clinic allows for behavioral parent training and observational assessments.

Postdoctoral Fellowship 2014 – 2015

Kennedy Krieger Institute/ Johns Hopkins University School of Medicine

Supervisor: Susan Perkins-Parks, Ph.D.

- Provide clinical services to children and families through the Behavior Management Clinic, which specializes in disruptive behavior disorders, as well as internalizing disorders, sleep, elimination, and other related disorders.
- Collaborated with medical providers and school professionals to coordinate care.
- Leadership Education in Neurodevelopmental Disabilities (LEND) program trainee.

Clinical Internship 2013 –2014

Behavioral Pediatrics Program, University of Nebraska Medical Center, Omaha, Nebraska

Internship First Rotation 7/1/2013 to 12/31/2013: Supervisor: William Warzak, Ph.D.

- Assessment and behavior management intervention for disruptive behavior disorders, pediatric elimination disorders, habit disorders, and internalizing disorders within an integrated care pediatric clinic. Provided consultation services within the interdisciplinary Neurobehavioral clinic which included pediatrics, neurology, and psychology. Co-led weekly didactic meeting for medical residents.

Internship Second Rotation 1/1/2014 to 7/1/2014: Supervisor: Brett Kuhn, Ph.D.

- Assessment and treatment of sleep disorders within the Pediatric Sleep Clinic. Consultation services within Fetal Alcohol Syndrome and Genetics Clinics. Conducted developmental assessments for infants within the NICU Follow-Up clinic at Children's Hospital of Omaha.

Child Externalizing Disorders Practicum 2009 – 2013

Idaho State University Psychology Clinic, Pocatello, Idaho

Supervisor: Mark W. Roberts, Ph.D.

- Assessment and behavioral parent training to address disruptive behavior disorders in preschool and grade-school children. Supervising graduate and undergraduate assistants.

SELECTED CLINICAL EXPERIENCES WITH ADULTS

Trauma and Substance Abuse Practicum 2011

Pocatello Women's Correctional Center, Pocatello, Idaho

Supervisor: Shannon Lynch, Ph.D.

- Co-facilitated Seeking Safety group for inmates with PTSD and substance abuse.

Primary Care Clinical Practicum

August, 2007 – January, 2008

Providence Family Medicine Residency, Anchorage, Alaska

Supervisor: Ray Pastorino, Ph.D.

- Provided clinical services to patients within a primary care clinic including Hmong refugees recently relocated to Anchorage, Alaska.

HONORS AND AWARDS

College of Humanities and Social Sciences Early Career Award	2018
SUU Festival of Excellence Distinguished Mentor Award	2018
SUU Influencer Certificate	2016, 2017, 2018
SUU Faculty Scholarly Development Fund (\$1500)	2016
SUU Faculty Scholarship Support Award (\$2000)	2016
ISU Humanities and Social Services Research Committee Award (\$1100)	2013
Idaho State University Psychology Department Research Award (\$100)	2010

SERVICE ACTIVITIES

SUU IRB Chair	2018
Manuscript Reviewer, Child and Adolescent Psychiatry and Mental Health	2018
Abstract Reviewer, Association for Behavioral and Cognitive Therapy (ABCT)	2018
Incoming President, ABCT Parents and Families SIG	2018
Conference Director, SUU Child Behavioral Health Conference	2017-Present
Member, ABCT Clinical Psychology at Liberal Arts Colleges SIG	2016-Present
Member, APA Division of Child Clinical Psychology	2014-Present
Event Organizer, Practical Parenting: Everyday Advice from Professionals	2017
Co-Chair, SUU University Curriculum Committee	2016-Present
Co-Advisor, PSI CHI Undergraduate Honor Society Co-Advisor	2016- Present
SUU Faculty Search Committee	2015, 2016, 2017