

# Jordan N. Soper, PsyD, CST

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## EDUCATION, LICENSURE, AND CERTIFICATION

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- 12/2016-Present     **Licensed Psychologist (PY0808)**  
State of Nevada
- 05/2016-Present     **Licensed Psychologist (PY60632945)**  
State of Washington
- 12/2020-Present     **AASECT Certified Sex Therapist**  
American Association of Sexuality Educators, Counselors, and Therapists
- 08/2010-08/2015     **Doctor of Psychology in Clinical Psychology**  
*University of Indianapolis (APA-Accredited), Indianapolis, IN*  
Concentration: Adult Psychopathology and Psychotherapy  
Dissertation: Effects of Gender on Peritraumatic Affective, Dissociative, and Trauma-like Responses: A Rape Analogue
- 08/2010-05/2012     **Master of Arts in Clinical Psychology**  
*University of Indianapolis (APA-Accredited), Indianapolis, IN*
- 08/2007-05/2010     **Bachelor of Arts in Psychology**  
*University of Nevada Las Vegas, Las Vegas, NV*  
Designation: Magna Cum Laude  
Minor: Marriage and Family Therapy

## CORE COMPETENCIES

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- Evidence-Based Psychotherapies
- Cognitive Behavioral Therapy
- Sex Therapy
- Individual, Group, & Couples Therapy
- Supervision & Education
- Diversity, Equity, & Inclusion
- Program Development & Community Outreach
- Consultation
- Multidisciplinary Collaboration
- Sexual Health and Functioning
- Anxiety Disorders
- Trauma & PTSD
- Sleep & Nightmares
- Disaster Response

## CURRENT EMPLOYMENT

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- 12/2016-Present     **Owner & Licensed Psychologist**  
*Center for Sexual Health and Wellness*  
Henderson, NV

- Setting
  - Private Practice

- Duties
  - Provide adults with comprehensive, evidence-based individual, couples, and group psychotherapy, evaluation, and consultation services for a range of psychological conditions including anxiety disorders (e.g., GAD, Social Anxiety, Panic Disorder, OCD, Phobias), PTSD, trauma-related disorders, insomnia, nightmares, sexual health and functioning issues (e.g., desire/interest, arousal, performance, orgasm and ejaculation, pain, satisfaction, medical complications, exploration), and relationship distress. Populations treated include adults (18+), men, women, gender and sexual diverse, military service members and Veterans, first responders, therapists, members of the BDSM and Kink community, current and former sex workers, and individuals from diverse cultural and racial backgrounds. Engage in training and supervisory roles. Manage all aspects of the business including administrative, clinical, financial, advertising, and legal obligations.

## CLINICAL EXPERIENCES

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09/2016-06/2017     **Psychologist**  
*VA Southern Nevada Healthcare System*  
 Las Vegas, NV

- *Setting*
  - Primary Care Mental Health Integration, Southeast Clinic
- Duties
  - Guided mental health care for referred Veterans, provided a full range of psychological assessment services and diagnosed mental disorders, diagnosed mental disorders, conducted psychological and/or neuropsychological assessments, worked collaboratively with the interdisciplinary team to provide mental health care for Veterans, provided recovery-oriented education appropriate to patients with mental/behavioral health needs, their family members, and significant others, provided comprehensive evidence-based psychotherapeutic interventions, and provided same-day access to mental health services

09/2015-09/2016     **Postdoctoral Psychology Resident, PTSD Track**  
*VA Puget Sound Health Care System, American Lake Division*  
 Tacoma, WA

- *Settings*
  - PTSD Outpatient Clinic; Veterans Intensive PTSD program
- Duties
  - Individual, group, and couples psychotherapy; evidence-based and trauma-focused treatments; sex therapy; personality assessment; clinical research; supervision of interns; program development and evaluation; multidisciplinary teams

08/2014-08/2015     **Predoxal Psychology Intern, Generalist Track**  
*Hefner VA Medical Center (APA-Accredited), Salisbury, NC*

- *Settings*
  - Mental Health Outpatient Clinic; Marriage, Family, and Couples Clinic; Specialized Inpatient PTSD Unit; Women’s Health Clinic; PTSD Clinical Team
- *Duties*
  - Individuals, group, couples, and family psychotherapy; personality, neuropsychological, medical, ADHD, and diagnostic assessments; telehealth; sex therapy; program development; multidisciplinary teams

06/2013-07/2014     **Assessment Technician**  
*Meridian Psychological Associates*  
 Indianapolis, IN

- *Settings*
  - Private practice
  - Schools (K-12)
- *Duties*
  - Cognitive/intellectual, achievement, ADHD, neuropsychological, projective, memory, and personality assessments on children, adolescents, and adults

08/2013-05/2014     **Predoctoral Practicum Student**  
*Richard L. Roudebush VA Medical Center*  
 Indianapolis, IN

- *Settings*
  - Psychosocial Rehabilitation and Recovery Center; Intensive Outpatient Recovery Program
- *Duties*
  - Individual and group psychotherapy with Veterans who have serious mental illness diagnoses; cognitive/intellectual, neuropsychological, and personality assessments; multidisciplinary teams; clinical research

08/2012-08/2013     **Predoctoral Practicum Student**  
*VA Northern Indiana Health Care System*  
 Marion, IN

- *Settings*
  - Substance Abuse Residential Rehabilitation Treatment Program; Outpatient PTSD Clinical Team; Mental Health Clinic
- *Duties*
  - Individual and group psychotherapy with Veterans with comorbid PTSD and substance use disorders; cognitive, neuropsychological, personality, and medical assessments; multidisciplinary teams

08/2011-08/2012     **Predoctoral Practicum Student**  
*Psychological Services Center*  
 Indianapolis, IN

- *Setting*
  - Community mental health center
- *Duties*
  - Individual and couples psychotherapy with adults and adolescents of diverse backgrounds and psychopathologies; cognitive/intellectual, achievement, ADHD, personality, and Social Security Disability assessments; clinical research

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## PROGRAM DEVELOPMENT AND COMMUNITY OUTREACH

01/2016-09/2016     **Postdoctoral Psychology Resident**  
*VA Puget Sound Health Care System, American Lake Division*  
 Tacoma, WA

- Developed a multidisciplinary group treatment manual for male and female Veterans experiencing sexual health-related conditions focusing on topics related to sexual functioning, intimate relationships, co-morbidities between mental and physical health conditions and sexual functioning, and treatment options; trained staff psychologists and social workers in literature, training, and treatment related to sexual functioning

12/2014-08/2015     **Predoctoral Psychology Intern, Women’s Health Clinic**  
*Hefner VA Medical Center*  
 Salisbury, NC

- Developed a permanent psychology rotation within the Women’s Health clinic; provided individual psychotherapy to female Veterans with a range of gynecological, medical, and sexual concerns; created a treatment manual for future interns to utilize in individual, group, and couples therapy

01/2013-07/2014     **Consultant, Mental Health Education Task Force**  
*Indianapolis Department of Emergency Medical Services*  
 Indianapolis, IN

- Developed a self-sustaining community service program that instructed emergency medical service personnel to identify mental illness in the field, de-escalate difficult patients, and learn methods for providing a safe transportation of patients; co-facilitated in-class presentations, role playing exercises, de-escalation skills, and stigma reduction techniques

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## RESEARCH EXPERIENCES

09/2015-09/2016     **Co-Investigator**  
*VA Puget Sound Health Care System, American Lake Division,*  
 Tacoma, WA

- Examined the effectiveness of residential treatment on outcomes among Veterans with Posttraumatic Stress Disorder

09/2015-09/2016     **Sub-Investigator**  
VA Puget Sound Health Care System, American Lake Division,  
Tacoma, WA

- Examined the effectiveness of the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders on positive and negative affectivity among Veterans with Posttraumatic Stress Disorder

08/2011-02/2015     **Project Manager**  
University of Indianapolis  
Indianapolis, IN

- Examined the relationship between peritraumatic factors and the development of PTSD-like symptoms, rape myths and victim blame, and cognitive responses to stimuli utilizing an analogue model

02/2011-02/2013     **Project Manager**  
Riley Hospital for Children  
Indianapolis, IN

- Managed a large database that developed a programmatic research program to identify the frequency, prevalence and related psychosocial issues in co-morbid mood and anxiety disorders in children with rheumatologic conditions

09/2008-05/2010     **Clinical Research Assistant**  
UNLV Child Anxiety Disorders Clinic  
University of Nevada, Las Vegas

- Observed structured diagnostic interviews, administered and scored a variety of measures assessing psychological symptoms, trauma symptoms, and familial difficulties, performed SPSS data entry, and assisted in literature reviews

## **PUBLICATIONS AND PRESENTATIONS**

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**Soper, J.** (June, 2021). *Discussions In Culture & Experiences - Gender and Sexuality*. Presented at Pacific Psychology and Comprehensive Health Clinic, Portland, OR.

**Soper, J.** (April, 2021). *An Introduction to Sex Therapy*. Presented at The PRACTICE, University of Nevada, Las Vegas, Las Vegas, NV.

**Soper, J.** (February, 2021). *Private Practice 101*. Presented at Student Counseling and Psychological Services, University of Nevada, Las Vegas, Las Vegas, NV.

- Soper, J.** (January, 2021). *Performance Anxiety Reduction Seminar*. Presented at Aces & Arrows, Henderson, NV.
- Soper, J.** (November, 2020). *Working with Sexual Assault Survivors in the Emergency Department*. Presented at Touro University, Henderson, NV.
- Soper, J.** (July, 2020). *PTSD and Sexual Intimacy*. Presented at the Las Vegas Resiliency Center, Las Vegas. NV.
- Soper, J.** (September, 2019). *The Psychological Impact of Miscarriages*. Presented at Touro University, Henderson, NV.
- Soper, J.** (March, 2018). *Nevada Psychological Association Response and Recovery from the October 1<sup>st</sup> Las Vegas Shooting*. California Psychologist magazine.
- Soper, J.** (May, 2017). *LGBTQ: Introduction and Diversity Considerations*. Presented at the VA Southern Nevada Healthcare System, North Las Vegas, NV.
- Soper, J.** (March, 2017). *Sex Therapy 101*. Presented at the VA Southern Nevada Healthcare System, North Las Vegas, NV.
- Soper, J.** (October, 2016). *Professional Growth: Finances, Job Options, and Future Directions*. Presented at the VA Puget Sound Health Care System, Seattle Division, Seattle, WA.
- Soper, J.** (September, 2015). *An Introduction to Sex Therapy*. Presented at the VA Puget Sound Health Care System, American Lake Division, Tacoma, WA.
- Elwood, L., **Soper, J.**, and Olatunji, B. (January, 2015). *Anger Management Techniques*. The Encyclopedia of Clinical Psychology. Hoboken, New Jersey: Wiley-Blackwell.
- Naydenov, C., Elwood, L., and **Soper, J.** (November, 2015). *An Examination of Rape Myth Acceptance, Sex Differences, and Distress in a Rape Film Analogue Study*. Poster accepted for presentation at the Indiana Psychological Association Conference, Merrillville, IN.
- Allmond, J., Emsley, S., and **Soper, J.** (February, 2015). *Sexually Problematic Behavior*. Presented at the Hefner VA Medical Center Grand Rounds, Salisbury, NC.
- Soper, J.** & Elwood, L. (November, 2013). *Effects of Gender on Peritraumatic Affective, Dissociative, and Trauma-Like Responses: A Rape Analogue*. Poster accepted for presentation at the Indiana Psychological Association Conference, Merrillville, IN.
- Soper, J.**, Duckworth, H., Nabors, L., Lewis, D., and Mabrey, T. (October, 2013). *Education, Utility, and Application of Psychological Training with First Responders*. Paper presented at the Indiana Academy of Social Science Conference, Muncie, IN.

Elster, J., & Soper, J. (July, 2013). *Evidence-Based Treatment for Posttraumatic Stress Disorder and Substance Abuse Disorders*. Presented at the Susan Li Conference, Indianapolis, IN.

#### **EDITORIAL SERVICE**

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9/2021-Present Ad hoc reviewer, *Sexual Health and Compulsivity*  
11/2015-06/2018 Ad hoc reviewer, *Journal of Traumatic Stress*

#### **COMMITTEE SERVICE**

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01/2021-Present NPA Diversity, Equity, and Inclusion Committee, Member  
10/2017-05/2021 SPTA Public Education Campaign Coordinator for state of Nevada  
08-2017-05/2019 NPA Legislative Committee, Member  
04/2017-05/2019 NPA Executive Board, Secretary  
01/2017-05/2019 NPA Early Career Psychologists Committee, Member  
08/2017-05/2018 SPTA Federal Advocacy Coordinator for state of Nevada  
04/2017-06/2017 VASNHS Diversity Committee, Co-Chair  
09/2016-06/2017 VA Psychology Training Committee, Member  
09/2014-08/2015 VA Transgender Treatment Council, Member

#### **PROFESSIONAL MEMBERSHIP**

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- American Psychological Association (APA)
- Nevada Psychological Association (NPA)
- Association for Behavioral and Cognitive Therapies (ABCT)
- American Association of Sexuality Educators, Counselors, and Therapists (AASECT)
- Society for Sex Therapy and Research (SSTAR)
- OCD Foundation

## **PROFESSIONAL REFERENCES**

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### **Stacey Cherup-Leslie, Ph.D.**

Licensed Psychologist  
PCMHI  
Aleda E. Lutz VAMC  
800-406-5143 ext. 15136  
scherup@gmail.com

### **Shirley Baron, Ph.D., CST**

Licensed Psychologist  
405 N. Wabash Ave., #2615  
Chicago, IL 60611  
312-527-2940  
shirleybaron@gmail.com

### **Allison C. Aosved, Ph.D.**

Preceptor, Behavioral Psychology (PTSD) Postdoctoral Residency Track  
Director of Clinical Training  
Staff Psychologist, PTSD Outpatient Clinic  
Clinical Coordinator, Women's Trauma Treatment Coordinator  
VA Puget Sound Health Care System, American Lake Division  
253-583-1720  
Allison.Aosved2@va.gov

***Additional References and Supporting Documentation Furnished Upon Request***