# XIMENA RADJENOVIC

- CURRICULUM VITAE - SPRING 2022 -

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# **EDUCATION**

2022	Ph.D. in Counseling Psychology Howard University   Department of Human Development and Psychoeducation Studies (Washington, DC) Dissertation: "Cultural Influence on Resilience and Trauma Associated Cognitive Appraisals"
2010	M.S. in Psychology University of Phoenix   Department of Psychology (Phoenix, AZ) Thesis: "Neurological Disorders: Effects on the Brain and Behavior" (GPA: 3.87)
2003	B.Sc. in Psychology University of Bucharest   Department of Psychology (Bucharest, RO) Major: Social Work and Psychology for Special Needs Children

## **CURRENT POSITIONS**

05/2022 -	CEO and Founder of RaD Diversity Consulting,
Current	Consulting Services, Las Vegas, NV - Washington, DC
08/2022 -	Postdoctoral Clinical Health Psychology Fellowship, Community
08/2023	Mental Health Center, George Washington University -

### **FORMER POSITIONS**

Psychological Services, University of Nevada, Las Vegas, NV
Psychology Externship, Psychological Assessment, Mental Health
Resources, Fredericksburg, VA

09/2018 -	Psychology Externship, Trauma Services Program, Veteran
05/2019	Affairs Medical Center, Washington, DC
08/2017 -	Psychology Externship, WENDT Center for Loss and Healing,
05/2018	Washington, DC
08/2017 -	Graduate Assistant, School of Education, Howard University,
05/2018	Washington, DC
01/2017 -	Psychology Practicum, Howard University Counseling Center,
05/2017	Washington, DC
09/2015 -	Research Assistant and Web Administrator, Division of Child and
06/2016	Adolescent Research Department of Psychiatry, University Hospitals Case Medical Center, Cleveland, OH
06/2015 -	Research Assistant, Division of Child and Adolescent Research
06/2016	Department of Psychiatry, University Hospitals Case Medical Center, Cleveland, OH
05/2014 -	Victim Advocate, Hotline, Cleveland Rape Crisis Center,
06/2016	Cleveland, OH
01/2014 -	Romanian Interpreter, Patient Global Services Cleveland Clinic,
06/2016	Vocalink Language Services, Cleveland, OH
09/2013 -	Research Assistant, Posttraumatic Stress Disorder (PTSD) Lab,
12/2015	Case Western Reserve University, Cleveland, OH
05/2011 -	Service Excellent Specialist and Trainer Specialist,
09/2013	Office of Patient Experience, Cleveland Clinic Foundation, Cleveland, OH
02/2006 -	Patient Service Navigator, Office of Patient Experience
01/2011	Cleveland Clinic Foundation, Cleveland, OH

### **CLINICAL EXPERIENCE**

08/2020 - Doctoral Psychology Internship [Supervisor: Sonia Dhaliwal, Psy.D.]
 07/2021 Student Counseling and Psychological Services (CAPS),
 University of Nevada, Las Vegas, NV

- Committing 40 hours weekly conducting psychological assessments and therapeutic services with adults
  - o Maintaining a *full caseload of 25-30 clients*
  - Providing outpatient services to include assessment and psychotherapy in person or using the video teleconference platform (telehealth)
  - Conducting crisis assessment and intervention during triage hours in person and on the phone
  - Conducting initial assessments for diagnosis and treatment plan
  - Providing brief individual and group psychotherapy for adults using interpersonal, emotion-focused, humanistic, and cognitive-behavioral theoretical approaches
  - Providing couple therapy utilizing emotion-focused therapy for couples
  - Co-leading together with Liz Carrasco, LCSW, the CAPS
     Cognitive Behavioral Therapy (CBT) Group 5 sessions
  - Co-leading together with Christina Patterson, Ph.D., the CAPS LGBTQ+ Support Group
  - Receiving five-hour weekly individual and group supervision
  - Writing initial psychological assessment notes, treatment plans, as well as clinical progress notes and associated outcome measure documentation
  - Providing clients with case management and referrals to community mental health care
- Participating in the *CAPS Trauma Rotation* [Supervisor: Liz Carrasco, LCSW]:
  - Providing trauma-specialized assessments and evidencebased treatments for trauma survivors; the rotation includes one hour of individual supervision per week with licensed staff
  - Developing expertise in screening for posttraumatic events in the client's history, and post-trauma adaptation including PTSD, anxiety disorders, and mood disorders.
  - Conceptualizing cases through a trauma-informed lens using interpersonal and emotion-focused theory
- Attending weekly seminars including:
  - Multicultural
  - Case Conference

- Clinical and Professional Issues
- Supervision of Supervision
- Professional Development
- Outreach
- Attending Clinical and Professional Issues Seminar Series:
  - The Art of Referral- CAPS Scope of Services
  - o CAPS Assessment: PHQ-9 and Lucas Functioning Scale
  - Evidence-Based Assessments
  - Group Counseling
  - Alcohol and Drug Assessment
  - LGBTQ+ Affirmative Therapy
  - An In-Depth Examination of Medications to Treat Mood and Anxiety Disorders
  - Cultural Identity Development and Cultural Competency
  - Working in Administration
  - o Domestic / Dating Violence at UNLV
  - Eating Disorders
  - Working with International Students
  - Integrative Models of Psychotherapy
  - o EPPP / Licensure / Credentialing
  - Next Steps: The Job Search
  - Brief Psychodynamic Interventions
  - Dialectical Behavior Therapy (DBT)
  - Domestic Violence Seminar
  - Trauma and Sexual Assault
  - Complex Trauma and Intro to EMDR Part 1
  - o Complex Trauma and Intro to EMDR Part 2
  - Moral Injury: A Wounding of the Soul
  - Working with Native American Students
  - Integrated Health Care
  - Motivational Interviewing
  - Mindfulness Based Cognitive Therapy
  - Couples Therapy
  - Military Cultural Competency: Understanding Our Student Veterans
  - Working in the Forensic Field: Conducting Violence Risk Assessments
  - Psychopharmacology
  - Sport Psychology: Working in Collegiate Athletics
  - Grief and Loss for College Students
  - College Students with Autism Spectrum Disorder
- Supervising GA / Practicum students who are enrolled in master, Psy.D., or Ph.D. clinical/counseling programs
  - Meeting once per week for individual supervision
  - Monitoring 3 cases
  - Discussing differential diagnosis and case conceptualization

- Discussing multicultural case formulations, multicultural competence, and cultural self-awareness
- Providing outreach, educational workshops and presentations for CAPS staff, GA / Practicum students, and UNLV staff and students
  - Workshop: "Gaining Control over Procrastination and Motivation" - developed and presented to the UNLV students together with Dr. Michael Browning
  - Workshop: "Healthy Romantic Relationships" developed and presented to the UNLV students together with Dr. Gerald Shorty
  - Presentation: "Borderline Personality Disorder" developed and presented to the GA / Practicum students
  - Presentation: "Therapeutic and Cultural Implications of Narrative Therapy in Collectivistic Family Systems" developed and presented to the GA / Practicum students
  - Tuesday Talks with People of Color (3 sessions):
     "Colorism", "Interracial Relationships", and "Family,
     Culture, and Integration" co-led discussions with the
     UNLV students together with Dr. Christeen Sonaly Silva
  - Presentation: "Cultural Connections" "Collectivistic and Individualistic Cultural Influences on Personality Development and Assessment" - developed and presented to the CAPS staff
- Providing consultation and collaborate with various departments within the UNLV campus
  - Conducting need assessments and research on clinical and multicultural issues for outreach and consultation projects
  - Capstone Project conducted needs assessment with Jean Nidetch CARE Center (UNLV) - trauma-informed, healing centered approach to violence prevention; developed a psychoeducational workshop on coping with vicarious trauma for JNCC CARE advocates, who offer direct service to survivors of relationship violence
- Attending and participating in staff, Clinical Assessment Team (consultation), joint provider (with Student Health Center), and cluster (Student Wellness unit) meetings
- Participating in selection and interviewing process for the 2021-2022 Internship Program at UNLV CAPS
- Participating in the *interviewing and evaluation process* for new clinical staff at UNLV CAPS
- Building professional identity, ethical decision-making skills, and multicultural competence

08/2019 - Psychology Externship [Supervisor: Roger Pasternak, Ph.D.]
 06/2020 Psychological Assessment, Mental Health Resources,
 Fredericksburg, VA

- Committing 16-20 hours weekly conducting psychological assessments and therapeutic services with children, adolescents, and adults
- Providing outpatient services to include court ordered, psychological, and psychoeducational testing, and individual therapy
- Conducting intake assessments for testing and therapy
- Conducting clinical interviews
- Providing individual therapy for adolescents and adults using treatment approaches such as Cognitive Therapy (CT), psychodynamic psychotherapy, and family systems approaches
- Receiving two-hour weekly individual and group supervision
- Writing psychological evaluation reports, treatment plans, as well as clinical progress notes and associated outcome measure documentation
- Administering the following assessments:
  - o Barkley Deficit in Executive Functioning Scale
  - Barkley Functional Impairment Scale
  - Beck Depression Inventory II (BDI-II)
  - Beck Anxiety Inventory
  - Behavior Assessment Systems for Children 3 (BASC-3)
  - o Bender Gestalt II
  - Brown Attention Deficit Disorder Scale
  - Children's Depression Inventory 2 (CDI-2)
  - o Children's Obsessive-Compulsive Scale (CMOCS)
  - Child Mania Rating Scale (CMRS)
  - Clark-Beck Obsessive-Compulsive Inventory (CBOCI)
  - Conners' Adult ADHD Rating Scale (CAARS)
  - o Conner's Continuous Performance Test 2<sup>nd</sup> Edition (CPT-2)
  - Kiddie Connors Continuous Performance Test-2<sup>nd</sup> Edition (KCPT-II)
  - Kaufman Battery Assessment for Children Second Edition (KABC-II)
  - Multidimensional Anxiety Scale for Children 2<sup>nd</sup> Edition (MASC-2)
  - Neo Personality Inventory (NEO-PI-3)
  - Million Clinical Multiaxial Inventory (MCMI-IV)
  - Minnesota Multiphasic Personal Inventory- 2 (MMPI-2)
  - Minnesota Multiphasic Personality Inventory- Adolescent (MMPI-A)
  - Peabody Picture Vocabulary Test (PPVT-4)
  - Personality Assessment Inventory (PAI)

- Rorschach Inkblot Test (Comprehensive System)
- Symptom Checklist 90 Revised (SCL-90-R)
- Test of Nonverbal Intelligence (TONI-4)
- Test of Memory Malingering (TOMM)
- Thematic Apperception Test (TAT)
- Trauma Symptom Checklist for Children (TSCC)
- Wechsler Adult Intelligence Scale- 4 (WAIS IV)
- Wechsler Abbreviated Scale of Intelligence (WASI-II)
- Wechsler Intelligence Scale for Children-Fifth Edition (WISC-V)
- Wechsler Memory Scales (WMS-IV)
- Wechsler Individual Achievement Test (WIAT)
- Woodcock-Johnson IV, Tests of Achievement (WJ-IV)
- Yale Brown Obsessive Compulsive Scale

# 09/2018 - Psychology Externship [Supervisor: Ranon D. Cortell, Ph.D.] 05/2019 Trauma Services, Veteran Affairs Medical Center, Washington, DC

- Committing 16-20 hours weekly conducting assessments and individual therapeutic services for veterans
- Conducting semi-structured clinical interviews with veterans (and family members where appropriate) for trauma assessment and treatment planning
- Screening veterans to determine if they are fit for testing
- Conducting comprehensive assessments for diagnosis clarification
- Reviewing relevant medical records
- Providing individual evidence-based psychotherapy to veterans (e.g., Prolonged Exposure Therapy)
- Receiving two-hour weekly clinical and administrative supervision
- Writing assessment notes and progress therapy notes and placing referrals and orders for psychological and medical services needed by veterans in VA computer database - CPRS
- Attending Trauma Services Program Clinical Meetings
- Attending mentorship meetings enhance knowledge about comprehensive assessment process
- Attending 2018 Washington DC VA Medical Center Mental Health Summit
- Attending weekly VA Extern Didactic Seminars including:
  - Prolonged Exposure Refresher
  - o Intern Professional Development Panel Discussion
  - Suicide Training Series
  - Acceptance and Commitment Therapy

- Diagnosis and Treatment of Borderline Personality Disorder
- Addressing Race/Racism within the Counseling Relationship
- Military Culture
- Therapeutic Assessment
- o Cognitive Behavior Therapy for Chronic Pain
- Health Psychology: Transplant Assessment
- Treatment of Obsessive-Compulsive Disorder and Body Dysmorphic Disorder
- o Cultural Considerations in Neuropsychological Assessment
- Military Sexual Trauma
- Motivational Interviewing
- Active Military Duty
- LGBT Healthcare
- Emotionally Focused Couples Therapy
- Dialectical Behavior Therapy
- Problem Solving Therapy
- Psycho-oncology
- o Racial Trauma
- Integrated Behavioral Couples Therapy
- o Postdoc Fellow Professional Development Panel Discussion
- Overview of Evidence-Based Psychotherapy
- Question & Answer with the Training Director

# 08/2017 - Psychology Externship [Supervisor: Susan V. Greynolds, Ed.D.] 05/2018 WENDT Center for Loss and Healing, Washington, DC

- Committing 20-25 hours weekly conducting assessments, individual, family, and group therapeutic services for children and adults
- Resilient Scholars Program assigned two schools to provide individual and group therapy for children
- SE Wendt Center assigned individual clients and families to provide therapeutic services
- Receiving one-hour weekly clinical and administrative supervision
- Discussing assessment, diagnosis, clinical cases, treatment plans, and therapeutic techniques
- Writing reports, assessment notes, progress client notes, and group therapy notes in client databases, such as InSync and Apricot
- Working on the center projects, such as "Coping with the Holidays"
- Attending weekly Trauma Adapted Family Connections (TA-FC) -RSP Case Conference Call

- Attending monthly Graduate Intern Clinical Case Conference
- Attending monthly Peer Supervision Meeting
- Attending monthly Intern Peer Meeting
- Completing online trainings:
  - o TF-CBT 10 hours
  - TF-CGT 6 hours
- Attending weekly trainings including:
  - Trauma 101: Group/Individual Work in the Schools and Home Visits with Families
  - Client Intake and Administration, Initial Client Session, Client Documentation, Resilient Scholars Program
  - Grief 101: Understanding Grief and Loss and the Implications for Counseling
  - Cultural Considerations for Grief, Loss, and Trauma Work in Community-Based Settings
  - o Domestic Violence
  - Suicide
  - Death Activity
  - o Child-Centered Play Therapy Part 1
  - o Play Therapy with Grieving and Traumatized Clients
  - The Complex Trauma Intern Training
  - Neurobiology of Trauma
  - Attachment Training
  - Terminating with Clients
  - Finding Your Clinical Voice
  - Mindfulness for Self and Clients
  - Working with Groups
  - Addiction and Grief
  - Loss and Trauma
  - Professional Networking and Next Steps

# 01/2017 - **Psychology Practicum** [Supervisor: Shareefah N. Al'Uqdah, Ph.D.] Howard University Counseling Center, Washington, DC

- Committing 10 hours weekly conducting intakes, one-on-one therapeutic services for Howard University students and community
- Formulating diagnoses and treatment plans based on clinical observations and assessment
- Submitting written weekly reports and client updates to supervisor
- Receiving three-hour weekly group and administrative supervision
- Attending weekly psychoanalytic seminar and case conferences

# 05/2014 - Victim Advocate, Hotline [Supervisor: M. K. Hagen] 06/2016 Cleveland Rape Crisis Center, Cleveland, OH

#### Role involved:

- Providing sexual assault survivors with support, information, referrals, and crisis intervention
- Speaking with survivors of sexual assault, their friends or family members, professionals in the community, law enforcement, and social workers
- Educating survivors on their options, rights and services
- Providing information and referrals regarding CRCC Therapeutic Services and Justice System Advocacy, post-assault healthcare, and community based social services
- Handling requests for Face-to-Face Advocates from hospitals and police stations

# 01/2014 - Romanian Interpreter, Cleveland Clinic [Supervisor: L. Lufkin] Vocalink Language Services, Cleveland, OH

#### Role involved:

- Providing Romanian language interpreting services for healthcare
- Administering and scoring standardized neuropsychological assessments and behavioral assessments for autism
- Interpreting for physician's appointments, neurological tests, and surgeries
- Interpreting for Physical Therapy, Occupational Therapy, and other appointments

# 02/2006 - Patient Service Navigator, Office of Patient Experience

01/2011 [Supervisor: C. Santalucia]

Cleveland Clinic Foundation, Cleveland, OH

- Present with the patient and their families when the patient was coding or in the process of dying, helping them work through their intense emotion and to cope more effectively
- Visiting patients on assigned units, addressing their needs, compassionately guiding them through their hospital experiences, and helping them navigate through the healthcare system
- Providing point of service solutions to enhance the patient experience in the following inpatient units: Neurological Institute including Step Down and ICU, Monitoring Epilepsy Seizure, Neurological Rehab, and part of the Bariatric Institute
- Serving in crisis intervention and conflict roles as needed

- Creating improvement plans regarding quiet at night, nursing responsiveness, and communication between physicians and nurses
- Serving as a mediator between all departments
- Supervising the Patient Service Liaison Program and Pet Therapy Program
- Educating staff about H.E.A.R.T. approach, a Cleveland Clinic service recovery model, when addressing the issues
- Publishing articles in different CCF magazines: Brainwaves, PSN Newsletter, OPE Website, EVS Newsletter, CCF Intranet

### **RESEARCH EXPERIENCE**

08/2016 - **Dissertation Research, School of Education**Current [Research Advisor: A. D. Ferguson, PhD]
Howard University, Washington, DC

- Conducted literature review on trauma-associated cognitive appraisals, coping, and resilience after trauma
- Completed first three chapters: Introduction, Literature Review, and Research Methodology
- Defended dissertation proposal October 7<sup>th</sup>, 2019
- 08/2017 Graduate Assistant (Part-Time), School of Education

05/2018 [Supervisor: K. E. Freeman, PhD]

Howard University, Washington, DC

- Committed 20 hours weekly serving as an office assistant for the Department Chair and conducting research for four professors
- Conducted research on academic help-seeking in college students
   theory and research
- Conducted research on Panafricanism school curriculums and school counselors working with male students from African background
- Completed IRB applications for studies
- Reviewed articles for definitions of intersectionality and how intersectionality is used in different papers
- Graded multiple choices exams and essays for undergraduates

- Research Assistant and Web Administrator (Part-Time), Child and
   Adolescent Lab [Supervisor: M. Pagano, PhD]
   University Hospitals Case Medical Center, Cleveland, OH
  - Contributed to the "Character Development through Service and Reduced Recidivism: Project SOS", a prospective, longitudinal, naturalistic study of 195 juvenile offenders court-referred to treatment; this study is looking at the data regarding juveniles' service work and spiritual transformation in Alcoholics Anonymous that facilitates their character development and return back in the community following treatment; role involved:
    - Advertising the "SOS" Tool, a "Service to Others in Sobriety" Questionnaire
    - Facilitating communication between doctors involved in this research project
    - Updating SOS Appendix for the research team (e.g., new publications, presentations, hits to website, and audio tapes from different AA Conferences/Conventions)
    - Reviewing clinical assessment data to develop specialized databases
  - Contributed to the "Helping Others" research project; this
    project's mission is to improve the quality of life for youth,
    families, and communities by providing a continuum of scientific
    information, education, and personal experiences on the role of
    service in addiction recovery; role involved:
    - o Administrating "Helping Others Live Sober" website
    - Helping to prepare transcripts/audio such as "Young People Speaker Tapes" (YPST) from AA Conferences for sharing on the website
    - Managing website updates uploading YPSTs, publications, and presentations
    - Identifying new Positive Psychology websites to cross link with "Helping Others Live Sober" website, communicating with the identified websites' contacts, and documenting the progress in website solicitation grid

# Research Assistant (Part-Time), Child and Adolescent Lab [Supervisor: N. McNamara, MD] University Hospitals Case Medical Center, Cleveland, OH

- Contributed to the "At Ease" Project, a research study for adults 18 to 65 diagnosed with PTSD, who have served or are currently serving in the armed forces, law enforcement, secret service, and other military related agencies, who have experienced traumatic events which have had lingering effects; this study is looking at a medication to help improve the quality of sleep; role involved:
  - o Collecting data -- Intake
  - Organizing intake data in the computer databases
- Contributed to the Longitudinal Assessment of Manic Symptoms (LAMS2) Project, which follows youth with elevated symptoms of mania into the period of greatest risk of developing bipolar disorder (adolescence and young adulthood); role involved:
  - Finalizing patient clinical packets in preparation of data entry
  - Entering patient clinical assessment data in SPSS databases
  - Auditing and finalizing the databases to ensure accuracy of the data that was entered
  - o Organizing and filing patient clinical assessment data
  - o Organizing patients' clinical folders in the library
  - Scanning and organizing patient phone screens and clinical assessments in computer databases
- 09/2013 Research Assistant (Part-Time), PTSD Lab [Supervisor: N. Feeny, PhD]
   12/2015 Case Western Reserve University, Cleveland, OH
  - Contributed to a psychotherapy process project, which aims to evaluate thin slice ratings of personality traits (Big 5 Model) and treatment motivation as predictors of outcome and dropout in both PE and SER conditions for PTSD patients; role involved:
    - Coordinating data entry
    - o Identifying and correcting errors in the rating process
    - Communicating with the coding team
  - Contributed to the Change and Grow Experience Scale (CHANGE)
     Project; this psychotherapy process project aims to explore in session therapeutic mechanisms of change during prolonged
     exposure therapy for PTSD; this project involves viewing and

coding videotaped psychotherapy sessions for variables thought to be associated with change (e.g., avoidance, emotion, view of self); role involved:

- Viewing and coding prolonged exposure therapy session tapes
- Rating and tracking data in the system
- Database management (e.g., supervising data entry process)
- Data management in SPSS database (e.g., verified data entered by coders, identified and reported errors and coding team's reliability issues, made necessary corrections in SPSS database)
- Meeting with the CHANGE Coding Team to discuss reliability issues
- Contributed to the Optimizing PTSD Treatment (OPT) Project, which is a PTSD treatment study comparing a cognitive behavioral therapy called Prolonged Exposure (PE) to a combination of PE plus medication (sertraline); role involved:
  - Organizing patient cortisol samples and updating cortisol collection data log in the computer databases
  - Organizing patient treatment packets (e.g., Prolonged Exposure (PE) and Prolonged Exposure + Sertraline (PE + SER))
  - Organizing Patient Clinical Assessment Packets for different stages of treatment (e.g., Intake)
- Conducted literature reviews in various areas including: PTSD, Personality Models (e.g., Big Five, approach/avoidance, positive/negative affect versus more obscure models of personality, dependent personality disorder and the Myers-Briggs), anger, avoidance, therapeutic alliance using databases such as Google Scholar, EBSCOhost, ProQuest, and PsychINFO
- Revised book chapters and biographies approved for publication
- Participated in Scientific Journal Clubs
- Contributed to advertising efforts for the PTSD Research Program in the Campus community (e.g., posting flyers in Campus)

05/2011 - Service Excellence Specialist and Trainer Specialist, Office of Patient
 09/2013 Experience [Supervisor: C. Santalucia]
 Cleveland Clinic Foundation, Cleveland, OH

### Key achievements:

- Conducted literature reviews in several areas such as empathy, compassion, and relationship building
- Developed the "Power of Empathy" PowerPoint Presentation and multiple series of educational materials for empathy and relationship building (Cleveland Clinic is currently using these educational materials for Caregiver Orientation toward a more empathetic approach with patients, visitors, and each other)
- 10/2008 Graduate Student, Psychology [Advisor: C. Seiler, PhD]
   06/2010 University of Phoenix, Phoenix, AZ

Conducted literature reviews for research papers, PowerPoint presentations and team projects on various areas (e.g., Abnormal Psychology; Anxiety Test Development; Applied Research Questions - inferential and descriptive statistics and research designs; Psychological Theories; Cognitive Psychology; ADD; PTSD; Multicultural Psychology; Organizational Psychology; Physiological Psychology; Psychology of Learning; Social Psychology, Survey)

### **PUBLICATIONS / PRESENTATIONS**

**Radjenovic, X.**, & Ferguson, A. D. (2019, February). *The psychological injury of racial trauma*. Paper presented at the 2019 Annual Winter Roundtable Conference in Psychology and Education -Teacher College, Columbia University, New York, NY.

Ferguson, A. D., Hyman, W., Hailey, J., Walker-Jones, M., Radjenovic, X., Jackson, M. (2017, August). *Justice for all: Exploring police interactions with marginalized populations*. Symposium presented at the Annual Convention of the American Psychological Association, Washington, DC.

Flores, J., Radjenovic, X., Cooper, A. A., Feeny, N. C., & Zoellner, L. A. (2015, May). Does anger predict early therapeutic alliance or attrition in treatment for Posttraumatic Stress Disorder (PTSD)? Poster session presented at the Meeting of the Anxiety and Depression Association of America, Miami, FL.

### **TEACHING AND PRESENTATION EXPERIENCE**

05/2011 - Trainer and Class Curriculum Development Specialist, Patient

09/2013 **Experience** [Supervisor: C. Santalucia]

Cleveland Clinic Foundation, Cleveland, OH

Functioned as a leader and facilitator for Communicate with H.E.A.R.T. Programs and as a Project Manager for Caregiver Recognition Programs.

### Key achievements:

- Developed and presented the World Class Care Award Program in collaboration with Caregiver Celebration; this program is currently in the execution phase in all national and international Cleveland Clinic Centers
- Created and presented the documents for Multidisciplinary
   Team Meetings and led the meetings for Hospice and Home Care
- Participated in the process improvement for *Communicate with H.E.A.R.T. classes* and *New Caregiver Orientation*
- Educated 10,000 medical professionals about the Communicate with H.E.A.R.T. Programs
- Supported Educational Forums and presented Patient Experience Posters and promotional materials, including Empathy Summit

### **ACTIVITIES AND SERVICE**

05/2004 - Trainer Volunteer, Army Community Service (ACS) 05/2005 Fort Campbell Military Base, Fort Campbell, KY

#### Role involved:

- Providing information, briefings, and trainings for soldiers and their family members
- Serving as a member of the International Spouses Support Group
- Providing emotional support to the military spouses who lost their husbands in Iraq

### **TRAINING WORKSHOPS**

04/2022 Introduction to R-PAS for Exner's Comprehensive System Users

George Washington University, Washington, DC Instructor: Donald J. Viglione & James H. Kleiger

11/2018 Group Processing

Mid-Atlantic Group Psychotherapy Society, Cambridge, MD

08/2017	Systematic Review & Meta-Analyses: Procedures & Statistics Howard University Hospital, Washington, DC
03/2015	Vicarious Trauma - Caring for Caregivers Cleveland Rape Crisis Center, Cleveland, OH
05/2014	CRCC Direct Service Volunteer Training Cleveland Rape Crisis Center, Cleveland, OH
06/2013	Peer Facilitation Certification Cleveland Clinic Foundation, Cleveland, OH
02/2012	Reike Therapy Cleveland Clinic Foundation, Cleveland, OH
08/2011	Introduction to Project Management Cleveland Clinic Foundation, Cleveland, OH
05/2010	Serving Leader Cleveland Clinic Foundation, Cleveland, OH Instructor: Ken Jennings, PhD, the author of "The Serving Leader" book

# **PROFESSIONAL ASSOCIATIONS / ORGANIZATIONS**

08/2018 - 08/2019	Mid-Atlantic Group Psychotherapy Society (MAGPS)
02/2015 - 02/2017	Anxiety & Depression Association of America (ADAA)
09/2014 - Current	American Psychological Association (APA)
06/2013 - 09/2013	American Society for Training & Development (ASTD)
04/2006 - 12/2010	Ohio Society of Healthcare Consumer Advocates
	(OSHCA)