

Curriculum Vitae

Christopher McCurry, Ph.D. Clinical Child Psychologist

Personal Information

Place of Birth: Kearny, NJ
Citizenship: United States
Mailing Address: P.O. Box 15651, Seattle, WA 98115
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WebSite

www.chrismccurrychildpsychologist.com

Professional Licensure

Licensed Clinical Psychologist, State of Washington, #1962

Education

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| 1994 | Ph.D. in Clinical Psychology
University of Nevada, Reno
Reno, NV 89557 |
| 1985 | M.A. in Developmental Psychology
San Francisco State University
San Francisco, CA 94132 |
| 1979 | B.A. in Psychology
Sonoma State University
Rohnert Park, CA 94928 |

Additional Graduate and Postgraduate Training

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| 1994-1995 | Postdoctoral Fellowship in Clinical Child Psychology
Department of Psychiatry and Behavioral Sciences
University of Washington School of Medicine
Seattle, WA 98195 |
| 1991-1992 | Predoctoral Internship
Department of Psychiatry and Behavioral Sciences
University of Washington School of Medicine
Seattle, WA 98195 |

Previous Clinical Affiliations

- 2001-2020 Psychologist and Partner
Associates in Behavior and Child Development, Inc., P.S.
Seattle, WA 98125
- 1995-2000 Attending Psychologist
Children's Hospital and Regional Medical Center
Department of Child Psychiatry
Seattle, WA 98105
- 1995-2000 Attending Psychologist
Child Study and Treatment Center
Lakewood, WA 98498

Current University Affiliations

Clinical Assistant Professor
Department of Psychology
University of Washington
Seattle, WA 98195

Professional Memberships and Activities

Association for Contextual Behavioral Science
Anxiety and Depression Association of America
Washington State Psychological Association.
2015 Board of Trustees President

Selected Bibliography

Refereed Journals

1. McCurry, C., McClellan, J., Adams, J., Ronnei, M., Storck, M., Eisner, A., Breiger, D. (1998). Sexual behavior associated with low verbal IQ in youth who have severe mental illness. Mental Retardation, 36, 23-30.
2. McClellan, J. & McCurry, C. (1998). Neurodevelopmental pathways in schizophrenia. Seminars in Clinical Neuropsychiatry, 3, 320-332.
3. McClellan, J. & McCurry, C. (1999). Early onset psychotic disorders: Diagnostic stability and clinical characteristics. European Child and Adolescent Psychiatry, 8 (Suppl.2), 1-7.
4. McClellan, J., McCurry, C., Speltz, M. L., & Jones, K. (2002). Symptom factors in early onset psychotic disorders. Journal of the American Academy of Child and Adolescent Psychiatry, 41, 781-789.
5. McClellan, J.M., Prezbindowski, A., Breiger, D., & McCurry, C. (2004). Neuropsychological functioning in early onset psychotic disorders. Schizophrenia Research, 68, 21-26.

Book Chapters and Articles

1. Hayes L. J. & McCurry, C. (1990). Moral and scientific aspects of the punishment controversy. In A. C. Repp & N. N. Singh (Eds.), *Perspectives on the use of nonaversive and aversive interventions for persons with developmental disabilities*. Sycamore, IL: Sycamore.
2. McCurry, C., Silverton, L., & Mednick, S. A. (1991). Psychiatric consequences of pregnancy and birth complications. In J. W. Gray & R. S. Dean (Eds.), *Neuropsychology of perinatal complications*. New York: Springer.
3. McCurry, C. (1994). Discussion of Kohlenberg: Acceptance and the therapeutic relationship. In S. C. Hayes, N. S. Jacobson, V. M. Follette, & M. J. Dougher (Eds.), *Acceptance and change: Content and contexts in psychotherapy*. Reno, NV: Context Press.
4. McCurry, C. (2015). *The Safety Dance: Caregivers and the anxious child*. [The Neuropsychotherapist](#), [18](#).

Books

1. McCurry, C. (2009). [Parenting your anxious child with mindfulness and acceptance: A powerful new approach to overcoming fear, panic, and worry using acceptance and commitment therapy](#). Oakland: New Harbinger Publications.
2. McCurry, C. (2015). [Working with parents of anxious children: Therapeutic strategies for encouraging communication, coping, and change](#). New York: W.W. Norton.
3. Waddington, E., & McCurry, C. (2016).
[Why must I eat my greens?](#)
[Why are people different colours?](#)
[Why do I have to say 'Thank You'?](#)
[Why is Daddy not at home anymore?](#)
London: Francis Lincoln.
4. Turrell, S. L., McCurry, C., & Bell, M. (2018). [Mindfulness and acceptance workbook for teen anxiety](#). Oakland: New Harbinger Publications.

Webinars

1. McCurry, C. (2012, November). [Strategies to free your kids from stress](#). 30-minute webinar. ParentMap. Seattle, WA.
2. McCurry, C. (2016, July). [ACT for Adolescents](#). One of several clinicians presenting in *ACT Mindfully*, a 16-hour training webinar. Psychwire. Melbourne, Australia.
3. McCurry, C. (2016, November). [ACT with Children](#). 90-minute webinar. PRAXIS/New Harbinger. Oakland, CA.
4. McCurry, C. (2017, February). [ACT with Anxious Children](#). 90-minute webinar. PRAXIS/New Harbinger. Oakland, CA.

5. McCurry, C. (2020, May). Acceptance and Commitment Therapy with Anxious Children, Teens, and Parents. 3-hour webinar. Connections Behavior Planning and Intervention. Kirkland, WA.
6. McCurry, C. (2020, August). Acceptance and Commitment Therapy with Anxious Children. 1-hour webinar. 1st Annual Meeting of ACBS Brazil. CEFI. San Paulo, Brazil.
7. McCurry, C. (2020, September through November). ACT with Children, Adolescents, and Parents. Series of four 1-hour webinars. Thrive Family Pte Ltd. Singapore.
8. McCurry, C. (2020, November). ACT with Parents. 10-hour webinar. Centro Integral de Psicoterapias Contextuales. Cordoba, Argentina.

Selected In-Services, Workshops, and Conference Presentations

1. McCurry, C. (2005, May). Asperger's Disorder: An ACT perspective. Symposium. Association for Behavior Analysis Annual Meeting. Chicago, IL.
2. McCurry, C. & Trimmer, K. (2005, October). Yoga and Meditation in Psychotherapy: An Introductory Workshop. Three-hour workshop. Washington State Psychological Association, Fall Conference. Lynwood, WA.
3. McCurry, C. (2009, March). Cognitive Behavioral Therapy and Beyond. Presentation. Developmental Pediatrics Conference: Autism, ADHD, Anxiety and Anorexia. Seattle Children's Hospital. Seattle, WA.
4. McCurry, C. (2009, October). Recent Advances in Understanding and Treating Child Anxiety. Six-hour workshop. Looking Glass Counseling and Adolescent Recovery Programs. Eugene, OR.
5. McCurry, C. (2010, March). Mindfulness and Acceptance Strategies for Anxious Children and Parents. Presentation. Anxiety Disorders Association of America Annual Conference. Baltimore, MD.
6. McCurry, C. (2010, October). Mindfulness and Acceptance and Acceptance Strategies for Anxious Children and Parents. Presentation. Children's Response Center. Bellevue, WA.
7. McCurry, C. (2011, February). Roadblocks to Achievement. Three-hour in-service. Lake Washington School District. Redmond, WA.
8. McCurry, C. (2011, March). The Anxious Preschooler: Assessment and Treatment. 90-minute Workshop. Anxiety Disorders Association of America Annual Conference. New Orleans, LA.
9. McCurry, C. (2011, June). Acceptance and Commitment Therapy: Origins, Concepts, and Treatment Strategies. Two-hour lecture to faculty and psychiatry residents, Seattle Children's Hospital. Seattle WA.
10. McCurry, C. (2012, January). Mindfulness and Acceptance Approaches to Understanding and Helping Anxious Children and Parents. Presentation. Pediatric Nursing Update: Evidence-Based Practice in School and Ambulatory Care Settings. Seattle Children's Hospital. Seattle WA.

11. McCurry, C. (2012, May). Acceptance and Commitment Therapy with Children and Parents: A Practical Guide. Six-hour workshop. Association for Behavior Analysis International Annual Meeting. Seattle, WA.
12. McCurry, C. (2013, January). Making Sense of Didaskaleinophobia: A Functional-Contextual Approach. Three-hour in-service on anxiety in the schools for Edmonds School District teachers and counselors. Edmonds, WA.
13. McCurry, C. (2013, January). School Anxiety: A Practical Guide. Presentation. Pediatric Nursing Update: Evidence-Based Practice in School and Ambulatory Care Settings. Seattle Children's Hospital. Seattle WA.
14. McCurry, C. (2013, February). The gift of resilience: Preparing our children for success in the world. Key Note Address. Northwest Gifted Child Association Annual Conference. Puyallup, WA.
15. McCurry, C. (2013, February). Acceptance and Commitment Therapy with Children and Parents: A Practical Guide. Six-hour workshop sponsored by Contextual Consulting. London, U.K.
16. McCurry, C. (2013, September). Mindfulness-based Therapies for Children and Their Parents. 90-minute workshop. Washington State Psychological Association Fall Convention. Seattle, WA.
17. McCurry, C. (2013, November). Grit, Zest, and Marshmallows: Preparing children for success in the world. Three-hour in-service. Ryther Child Center. Seattle, WA.
18. McCurry, C. (2014, May). Acceptance and Commitment Therapy with Children and Their Parents. Three-hour lecture. Bastyr University. Kenmore, WA.
19. McCurry, C. (2014, June). Parent-Child ACT: A Practical Guide. 90-minute workshop. 12th Annual Association for Contextual Behavioral Science World Conference. Minneapolis, MN.
20. McCurry, C. (2015, January). Mindfulness-based Therapies for Children and Their Parents: A Practical Guide. Six-hour workshop. Life Works. Des Moines, IA.
21. McCurry, C. (2015, April). Mindfulness and Acceptance-Based Therapies for Children and Their Parents. Three-hour workshop. Georgia Psychological Association Annual Meeting. Atlanta, GA.
22. McCurry, C. (2015, May). Mindfulness and Acceptance-Based Therapies for Children and Their Parents. Six-hour workshop. Trillium Behavioral Health/Oregon Social Learning Center Community Programs. Eugene, OR.
23. McCurry, C. (2015, September). Acceptance and Commitment Therapy for Teens and Children (and Their Parents). 2.5-hour workshop. PRAXIS - Washington State Innovators in Behavioral Therapy Conference. Seattle, WA.
24. McCurry, C. (2015, December). Mindfulness and Acceptance-Based Therapies for Children and Their Parents. Three-hour workshop. Washington State Psychological Association Fall Convention. Seattle, WA.
25. McCurry, C. (2016, January). A Transdiagnostic Approach to ADHD and Anxiety. 90-minute in-service for school nurses. Edmonds School District. Edmonds, WA.

26. McCurry, C. (2016, January). Anxiety and Stress, Coping and Resilience: A Practical Guide. Lecture. Pediatric Nursing Update: Evidence-Based Practice in School and Ambulatory Care Settings. Seattle Children's Hospital. Seattle WA.
27. McCurry (2016, March). Working With Parents of Anxious Children: A Process-Oriented Approach. Two-hour Master Clinician Session. Anxiety and Depression Association of America Annual Conference. Philadelphia, PA.
28. McCurry, C. (2016, May). Acceptance and Commitment Therapy (ACT) for Children and Teens (and Their Parents). Eight-hour workshop. Centro Integral de Psicoterapias Contextuales. Cordoba, Argentina.
29. Rombouts, S. & McCurry, C. (2016, June). ACT for parents and children. 90-minute workshop. 14th Annual Association for Contextual Behavioral Science World Conference. Seattle, WA.
30. Turrell, S., McCurry, C. & Bell, M. (2016, June). Fix my teen. Fix my parents. Three-hour workshop. 14th Annual Association for Contextual Behavioral Science World Conference. Seattle, WA.
31. Coyne, L., McCurry, C., Mulholland, N., Nagle, N., & Rockwell-Evans, K. (2017, April). Acceptance and Commitment Therapy with Children, Teens, and Parents. Two-hour workshop. Anxiety and Depression Association of America Annual Conference. San Francisco, CA.
32. McCurry, C. (2017, November). Mindfulness and Acceptance-Based Therapies for Children and Their Parents. Three-hour workshop. Washington State Psychological Association Fall Convention. Bellevue, WA.
33. McCurry, C. (2018, January). Acceptance and Commitment Therapy for Children, Teens, and Parents. Two-day Training Workshop. Ministry of Children and Family Development. Coquitlam, B.C., Canada.
34. McCurry, C. (2018, May). Acceptance and Commitment Therapy. Two-day Training Workshop. Counseling Centers of Spokane. Spokane, WA.
35. McCurry, C. & Rombouts, S. (2018, July). Children and Their Contexts. 90-minute workshop. 16th Annual Association for Contextual Behavioral Science World Conference. Montreal, Canada.
36. Turrell, S., McCurry, C. & Bell, M. & Lipsitt, E. (2018, July). Swipe Right: Using the Matrix to Enhance Teen and Family Work. 90-minute workshop. 16th Annual Association for Contextual Behavioral Science World Conference. Montreal, Canada.
37. McCurry C. (2019, January). Recognizing and Responding to Depression in Children and Adolescents. 90-minute lecture. Pediatric Nursing Update: Evidence-Based Practice in School and Ambulatory Care Settings. Seattle Children's Hospital. Seattle WA.
38. McCurry C. (2019, June). Mindfulness and Acceptance-based Therapies for Children and Their Parents. Three-hour workshop. Washington State Psychological Association. Bastyr University. Kenmore, WA.,
39. McCurry, C. & Rombouts, S. (2019, June). Entering the Matrix: Process-based Values Work with Children & Parents. 70-minute workshop. 17th Annual Association for Contextual Behavioral Science World Conference. Dublin, Ireland.