Understanding and Treating Chronic Pain: Psychological and Behavioral Aspects of Pain

Presented by: Akiko Okifuji, Ph.D.

FRIDAY, November 17th, 2017
9:00am—4:45pm
Registration from 8:30—9:00am

Truckee Meadows Community College
Red Mountain 256
7000 Dandini Blvd, Reno 89512

6 CE Credits

Approved for Nevada Psychologists. Approval pending: LCSWs, MFTs
NPA is approved by the American Psychological Association to sponsor continuing education for psychologists. NPA maintains responsibility for this program and its content.

Registration Available Online:
www.NVPsychology.org
Understanding and Treating Chronic Pain: Psychological and Behavioral Aspects of Pain

About This Workshop:
The main goal of this workshop is to help clinicians gain knowledge and skills essential to managing chronic pain. Chronic pain is one of the most common and disabling conditions in our society. It has been well understood that chronic pain is not a simple sensory dysfunction but it is a multifactorial and multi-symptom disorder. Various psychological factors are known to impact pain perceptions and quality of life in chronic pain patients. Psychological assessment and treatment should be an integrated part of chronic pain management. In this workshop, Dr. Okifuji will delineate the complexity of chronic pain and detail the psychological evaluation and treatment approaches.

Learning Objectives:
At the end of the workshop, participants will be able to:
1. Summarize the multifactorial nature of chronic pain.
2. Describe common co-morbidities and medication issues in chronic pain.
3. Discuss how psychological factors contributes to chronic pain.
4. Describe the essential components of psychological assessment of people with chronic pain.
5. Apply the psychological approaches to manage chronic pain.

About the Speaker:
Akiko Okofuji, Ph.D., a licensed psychologist, is Professor of Anesthesiology at the University of Utah and attending psychologist at the University of Utah Pain Management Center, where she provides behavioral medicine services as part of the interdisciplinary pain care team. She is also a faculty member of the Pain Research Center at the University of Utah, where she conducts various pain related clinical research projects. Over the past twenty five years, she has published a number of journal articles and book chapters related to the psychological aspects of chronic pain management.

Audience:
This workshop is intended for psychologists, other licensed mental health professionals and graduate students of psychology. Seating is limited!

Sponsored by:
Cost of Workshop/Registration - Chronic Pain 11/17/2017

EARLY BIRD DISCOUNT  
(BY 10/15/2017)

<table>
<thead>
<tr>
<th>Membership</th>
<th>NPA Member $175.00</th>
<th>Student Member $50.00</th>
<th>NON-Member $250.00</th>
<th>Student Non-Member $100.00</th>
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$150.00  $50.00  $200.00  $100.00

**No other discounts applied for students. Students are not licensed or practicing in any mental health profession. They must show current enrollment in a regionally accredited college or university as a graduate student in psychology or a closely related profession.**

HELP NPA BE A GREEN ORGANIZATION:

- I will download an electronic copy of handouts (instructions will be sent by email to all registered attendees)
- I am unable to use electronic availability of handouts and need a paper copy made for me (additional fee)

REGISTRATION:

NAME: ____________________________________________________________________________ DEGREE:_____________________________
License #:___________________________________ Profession__________________________________________________________
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Payment in the amount of $__________ is enclosed, by check, payable to NPA

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Register Online At:  WWW.NVPsychology.ORG
Fax (credit card only) to: (888) 654-0050 or  
Mail with check to: P.O. Box 400671, Las Vegas, NV 89140

GENERAL INFORMATION:

**Workshop Location:** The workshop is being held at Truckee Meadows Community College in Red Mountain 256, located at 7000 Dandini Blvd, Reno 89512 (just east of 395 and north of N. McCarran Blvd). Ample parking is available on-site. Directions and map are available on our website:  ww.NVPsychology.org.

**Refunds & Grievance Policy:** Participants may direct questions or complaints to NPA at (888) 654-0050. An administrative fee of $30 will be charged for cancellation of registration. Please note, no refunds will be granted after 11/03/2017.

**Approval:** Nevada Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. NPA maintains responsibility for the program and its content. NPA will issue certificates of completion by email no later than 5 days after workshop. APA CE rules require that we only issue credits to those who attend the entire workshop. Those arriving more than 15 minutes late or leaving before the entire workshop is completed will not receive CE credits.