THE NEVADA PSYCHOLOGICAL ASSOCIATION PRESENTS

Fostering Cultural Humility: Expanding Perspectives about Self and Others

presented by Miguel E. Gallardo, Psy.D.

FRIDAY, April 6th, 2018
9:00am—4:45pm
Registration from 8:30—9:00am

College of Southern Nevada, WC I-108
6375 W. Charleston Blvd, Las Vegas, NV 89146

6 CE Credits

Approved for Nevada Psychologists. Approval pending: LCSWs, MFTs

NPA is approved by the American Psychological Association to sponsor continuing education for psychologists. NPA maintains responsibility for this program and its content.

Co-sponsored by:

UNLV

Registration Available Online: www.NVPsychology.org
About This Workshop:
The current sociocultural climate and discourse in the United States elucidates the importance of understanding our humanity while fostering deeper cross-cultural relationships. As the nation demographically represents a multitude of cultures, our ability to engage in thoughtful and meaningful discussions on cultural issues, remains ever present. This course presentation addresses the current literature on color-blind racial ideology, implicit bias, working with culturally diverse clients in therapy, and the major themes that surfaced from 20 psychologists examining their own cultural influences and the impact this examination has had on their personal and professional lives. The results provide insight into the importance of understanding one’s own cultural background as a way to enhance our multicultural dialogues, both personally and professionally.

Learning Objectives:
1. Define Implicit Bias and its impact in cross-cultural relationships
2. Discuss the importance of understanding the rationale and limitations of a color-blind racial ideology (CBRI).
3. Identify the challenges and benefits of understanding and discussing their own and others cultural identities.
4. Describe examples of how to address and incorporate cultural conversations in therapeutic settings.

About the Speaker:
Dr. Miguel E. Gallardo is a Professor of Psychology and Director of Aliento, The Center for Latina/o Communities at Pepperdine University. He maintains an independent/consultation practice where he conducts therapy, forensic/legal psychological assessments, and consults with organizations and universities on developing culturally responsive systems. He teaches courses on multicultural and social justice, intimate partner violence and professional practice issues.

Dr. Gallardo's areas of scholarship and research interests include understanding the psychotherapy process when working with ethnocultural communities, particularly the Latina/o community and in understanding the processes by which individuals develop cultural awareness and responsiveness. Dr. Gallardo has published refereed journal articles, books, and book chapters in the areas of multicultural psychology, Latina/o psychology, ethics and evidence-based practices, cultural humility, and racial colorblindness. Dr. Gallardo is a Series Editor with for the Cognella Series on Advances in Culture, Race, and Ethnicity.

Dr. Gallardo is currently Director of Research and Evaluation for the Multiethnic Collaborative of Community Agencies (MECCA), a non-profit organization dedicated to serving monolingual Arab, Farsi, Korean, Vietnamese, Chinese and Spanish speaking communities.

Audience:
This workshop is intended for psychologists, other licensed mental health professionals and graduate students of psychology. Seating is limited!
**EARLY BIRD DISCOUNT**
(BY 02/28/2018)

<table>
<thead>
<tr>
<th>Category</th>
<th>Regular Price</th>
<th>Discounted Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>NPA Member</td>
<td>$175.00</td>
<td>$150.00</td>
</tr>
<tr>
<td>Student Member</td>
<td>$50.00</td>
<td>$50.00</td>
</tr>
<tr>
<td>NON-Member</td>
<td>$250.00</td>
<td>$200.00</td>
</tr>
<tr>
<td>Student Non-Member**</td>
<td>$100.00</td>
<td>$100.00</td>
</tr>
</tbody>
</table>

**No other discounts applied for students. Students are not licensed or practicing in any mental health profession. They must show current enrollment in a regionally accredited college or university as a graduate student in psychology or a closely related profession.**

**HELP NPA BE A GREEN ORGANIZATION:**
- I will download an electronic copy of handouts (instructions will be sent by email to all registered attendees)
- I am unable to use electronic availability of handouts and need a paper copy made for me (additional fee)

**REGISTRATION:**

NAME: __________________________________________________________ DEGREE: _____________________________

License #: ___________________________________ Profession ________________________________________________

Address: __________________________________ City: __________________ State: ____ Zip: _______

Email: ____________________________________________ Daytime Phone: _____________________________

- Payment in the amount of $__________ is enclosed, by check, payable to NPA
- Please charge my credit card $________ (Complete area below)

**Visa/ MasterCard/ Discover/ American Express** (circle one)

Account#: ___________________________________ Exp Date: ______________

Security Code: (3 numbers on back of card; 4 numbers on front of AmEx): __________________________

Cardholder Name As it appears on the card: __________________________________________________________

Billing Address: _______________________________________________________________________________

Authorized Signature: __________________________________________________________________________

Register Online At: [WWW.NVPsychoLOGY.ORG](http://WWW.NVPsychoLOGY.ORG)

Fax (credit card only) to: (888) 654-0050 or Mail with check to: P.O. Box 400671, Las Vegas, NV 89140

**GENERAL INFORMATION:**

**Workshop Location:** The workshop will be held in the Auditorium WC I-108 at the College of Southern Nevada, located at 6375 W. Charleston Blvd, Las Vegas, NV 89146. Ample parking is available south of the building, just east of S. Torrey Pines and north of Oakey Blvd (parking lot shared with Opportunity Village). Directions and map available on our website: [www.NVPsychoLOGY.ORG](http://www.NVPsychoLOGY.ORG)

**Refunds & Grievance Policy:** Participants may direct questions or complaints to NPA at (888) 654-0050.

An administrative fee of $30 will be charged for cancellation of registration. Please note, no refunds will be granted after 03/23/2018.

**Approval:** Nevada Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. NPA maintains responsibility for the program and its content. NPA will issue certificates of completion by email no later than 5 days after workshop. APA CE rules require that we only issue credits to those who attend the entire workshop. Those arriving more than 15 minutes late or leaving before the entire workshop is completed will not receive CE credits.