

Curriculum Vitae

TONYA DENISE ARMSTRONG

(née Farmer)

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EDUCATION

M.T.S., Theological Studies Duke Divinity School, Durham, NC, December 2003.
Magna cum laude.

Postdoctoral Fellowship Department of Psychiatry and Behavioral Sciences, Duke
University Medical Center, January 1999 to August 2001.

Ph.D., Clinical Psychology University of North Carolina at Chapel Hill, December 1998.

M.A., Psychology University of North Carolina at Chapel Hill, December 1994.

B.A., Psychology and Music Yale University, New Haven, CT, May 1992.

PUBLICATIONS

Armstrong, T. D. (2018). Blossoming hope: The Black Christian woman's guide to mental health and wellness. Durham, NC: Overflowing Hope Media.

Armstrong, T. D. (2016). African-American congregational care and counseling: Transcending universal and culturally-specific barriers. Journal of Pastoral Care and Counseling, 70(2), 118-122.

Armstrong, T. D. (2009). African and African-American traditions in America. In Lucy Bregman, ed., Religion, Death, and Dying, Vol. 3: Bereavement and Death Rituals (Santa Barbara, CA: Praeger Perspectives).

Armstrong, T. D. (2009). Practicing compassion for dying children. In J. Swinton and R. Payne (Eds.), Attending to God in Life and Death: Christian Practices for End of Life Care (Grand Rapids: Eerdmans).

Armstrong, T. D., & Costello, E. J. (2003). Community studies on adolescent substance use,

- abuse, or dependence and psychiatric comorbidity. Journal of Consulting and Clinical Psychology, 70, 1224-1239.
- Armstrong, T. D., & Crowther, M. R. (2002). Spirituality among older African Americans. Journal of Adult Development, 9, 3-12.
- Armstrong, T. D., Crum, L., Rieger, R. H., Bennett, T. A., & Edwards, L. J. (1999). Attitudes of African Americans toward participation in medical research. Journal of Applied Social Psychology, 29, 552-574.
- Armstrong, T. D. (1996). Exploring spirituality: The development of the Armstrong Measure of Spirituality. In R. L. Jones (Ed.), Handbook of Tests and Measurements for Black Populations, (Vol. 2, pp.105-115). Hampton, VA: Cobb & Henry Publishers.
- Berkel, L.A., Armstrong, T. D., & Cokley, K. O. (2004). Similarities and differences between religiosity and spirituality in African American college students: A preliminary investigation. Counseling & Values, 49, 2-26.
- Chung, T., Martin, C. S., Armstrong, T. D., & Labouvie, E. W. (2002). Prevalence of DSM-IV alcohol diagnoses and symptoms in adolescent community and clinical samples. Journal of the American Academy of Child and Adolescent Psychiatry, 41, 546-554.
- Crowther, M. R., Green, B. L., & Armstrong, T. D. (2004). African Americans, spirituality, and health: The impact on beliefs, attitudes, and behaviors. In I. L. Livingston (Ed.), Praeger Handbook of Black American Health: Policies and Issues Behind Disparities in Health, 2nd edition, (Vol. 2, pp. 554-565). Westport, CT: Greenwood Publishing Group.
- Dew, R.E., Daniel, S.S., Armstrong, T.D., Goldston, D.B., Triplett, M.F., & Koenig, H.G. (2008). Religion/spirituality and adolescent psychiatric symptoms: A review. In Child Psychiatry and Human Development. Published online Jan 25, 2008.
- Hanson, L.C., Armstrong, T. D., Green, M. A., Peacock, S., Elliot-Bynum, S., Goldmon, M.V., Corbie-Smith, G., Earp, J.A. (2013). Circles of Care: Development and initial evaluation of a peer support model for African Americans with advanced cancer. Health Education and Behavior. 40 (5), 536-543.
- Knotts, R. S., Finn, W. F., & Armstrong, T. D. (1995). Psychosocial issues affecting kidney donation and transplantation. Perspectives, 15, 11-23.
- Roberts-Lewis, A. C., & Armstrong, T. D. (2010). Moving the church to social action. Social Work & Christianity, 37 (2), 115-127.
- Sackreiter, A., & Armstrong, T. D. (2010). Radical hospitality: Welcoming the homeless stranger. Social Work & Christianity, 37 (2), 204-228.

SELECTED PRESENTATIONS

- Armstrong, T. D. (2018, October). Ethically and Clinically Effective Practices for African-American Youth. Presenter for the 2018 NAMI Statewide Conference, Greensboro, NC.
- Armstrong, T. D. (2018, June). Preaching and Public Health: Serious Preaching in Dangerous Times. Panelist for Theological Think Tank co-sponsored by the Hampton University Ministers' Conference and the Smithsonian Institution's Center for the Study of African American Religious Life, Hampton, VA.
- Armstrong, T. D. (2018, June). Making Music in the Midst of Melancholy. Plenary address presented at the 84th Annual Choir Directors' and Organists' Guild, Hampton University Ministers' Conference, Hampton, VA.
- Armstrong, T. D. (2018, February). The Ethics of Cultural Humility. Two-hour workshop presented at the UNC School of Social Work Continuing Education Series, Chapel Hill, NC.
- Armstrong, T. D. (2017, November). Multi-Faceted Approaches for Supporting Adults and Children in Grief. Day-long workshop presented for the Marine and Family Programs, Cherry Point Marine Corps Air Station, Havelock, NC.
- Armstrong, T. D. (2017, April). Thriving in Culturally Diverse Settings. Two three-hour workshops presented for the O'Berry Neuro-Medical Treatment Center, Goldsboro, NC.
- Armstrong, T. D. (2016, June). The Dynamics of Blended Families. Day-long workshop presented for the Southern Regional AHEC, Fayetteville, NC.
- Armstrong, T. D. (2015, November). Multi-Faceted Approaches for Supporting Adults in Grief. Day-long workshop presented for the Eastern AHEC, Greenville, NC.
- Armstrong, T. D. (2015, February). Psychological Interventions for Bereaved Children, Adolescents, and Families. Presented for the Eastern AHEC, Greenville, NC.
- Armstrong, T. D. (2014, September). The Ethics of Cultural Competence: Transcending Visible and Invisible Barriers in Psychotherapy. Three-hour workshop presented for the North Carolina Psychological Association. Raleigh, NC.
- Armstrong, T. D. (2014, August). Psychological Interventions for Bereaved Children, Youth, and Families. Presented for the State of the Art Children's Conference, New Bern, NC.
- Armstrong, T. D. (2014, March). Establishing an Effective Church-Based Mental Health Ministry. Presented for the Annual Conference of Faith Connections on Mental Illness. Chapel Hill, NC.

Armstrong, T. D. (2014, February). Serving African-American Consumers: What Every Service Provider Needs to Know. Day-long presentation for Charlotte AHEC, Charlotte, NC.

Armstrong, T. D. (2013, May). Cultural Competency with Children and Adolescents. Day-long presentation for Eastern Area Health Education Center (AHEC). Greenville, NC.

Armstrong, T. D. (2013, May). The Dynamics of Blended Families. Day-long presentation for Southeast Area Health Education Center. Wilmington, NC.

Armstrong, T.D. (2013, April). Attending to the Needs of Our Students with ADHD. Staff development seminar presented for Durham Public Schools support staff. Durham, NC.

Armstrong, T. D. (2013, February). Spiritually-Centered Holistic Hospice Care of the Elderly with Advanced Illness. Day-long presentation for Northeast AHEC. Winston-Salem, NC.

Armstrong, T.D. (2012-2013). Marriage 101: Living Out Our Commitment by God's Grace. Year-long Marriage Workshop Series presented to Couples Ministry at Antioch Baptist Church, Durham, NC.

- Session One: "Communication: Expressing Yourself Beneath the Surface"
- Session Two: "Finance: Maximizing Resources for Your Future Together"
- Session Three: "Intimacy: Restoring the Spice to Your Marriage"
- Session Four: "Moving Toward Wholeness: Putting It All Together"

Armstrong, T.D. (2012, September). God Sees Me: Hagar in Contemporary Reflection. Presented for Duke Divinity School's Free Church Women's Retreat. Parkton, NC.

Armstrong, T.D. (2012, January). Responding to Bullying Effectively. Presented as professional development seminar for Durham Public Schools Before and After School Care Managers, Durham, NC.

Armstrong, T. D. (2011, December). Surviving the Holidays: A Grief Seminar. Presented at Union Baptist Church, Durham, NC.

Armstrong, T. D. (2011, April). Taking Personal Responsibility for Your Health: A Psychological Perspective. Presented at the Tenth Annual Durham Health Summit, "Health: Whose Responsibility is It?", Durham, NC.

Armstrong, T. D. (2011, April). "Run the Race, Keep the Faith:"Highlights from the Eleven-Year Journey of our Ministry of Congregational Care & Counseling. Presented at the Faith Connections on Mental Illness Conference "Mental Illness as a Spiritual Journey: Creating Caring Communities," St. Thomas More Catholic Church, Chapel Hill, NC.

Armstrong, T. D. (2010, December). Nurturing the Spirituality of the Professional Caregiver.

Presented for the Duke Hospice Family Services Retreat, Unicorn Bereavement Center, Hillsborough, NC.

Armstrong, T. D. (2010, May). Spirituality in End-of-Life Care. Presented for the APPEAL (i.e., A Progressive Palliative Care Educational Curriculum for the Care of African Americans at Life's End) conference, Atlanta, GA.

Armstrong, T. D. (2010, May). Grief and Bereavement. Presented for the APPEAL (i.e., A Progressive Palliative Care Educational Curriculum for the Care of African Americans at Life's End) conference, Atlanta, GA.

Armstrong, T. D. (2010, May). Integrating Spirituality in Therapy: A Seminar for Therapists. Presented for the Orange/Person/Chatham Area Health Program's Building Bridges Between Faith and Mental Health Care Seminar, Chapel Hill, NC.

Armstrong, T. D. (2010, May). Faithful Integration of Theology and Mental Health Care: A Seminar for Clergy. Presented for the Orange/Person/Chatham Area Health Program's Building Bridges Between Faith and Mental Health Care Seminar, Chapel Hill, NC.

Armstrong, T. D. (2010, April). Expanding the Church's Care: Establishing a Congregational Care and Counseling Ministry in Your Church. 10th Anniversary Forum presented at Union Baptist Church, Durham, NC.

Armstrong, T. D. (2010, April). Psychospiritual Needs of Late Adolescents in the Treatment of Grief. Presented for Duke Counseling and Psychological Services Staff, Durham, NC.

Armstrong, T. D. (2010, March). Spiritually-Centered Holistic Hospice Care of the Elderly with Advanced Illness. Presented for the Community Home Care and Hospice Medical Directors' Conference, Myrtle Beach, SC.

Armstrong, T. D. (2010, January). Relationship with God Across the Life Span. Keynote Address for Reid Temple's "Strengthening the Black Family" Conference, Glenn Dale, MD.

Armstrong, T. D. (2010, January). Caregiving: It Takes a Village. Presentation for Reid Temple's "Strengthening the Black Family" Conference, Glenn Dale, MD.

Armstrong, T. D. (2010, January). Blended Families: Melding Together for God's Purposes. Presentation for Reid Temple's "Strengthening the Black Family" Conference, Glenn Dale, MD.

Armstrong, T. D. (2009, August). Serving Beyond Brokenness: How Church Leaders Can Heal from Grief. Presentation to the Faith, Hope, and Care Ministry of North East Baptist Church, Durham, NC.

- Armstrong, T. D. (2009, March). Theology of Pastoral Care at the End of Life. Presentation for Duke Laity Weekend, Duke Divinity School, Durham, NC.
- Armstrong, T.D. (2008, October). Spiritually-Centered Holistic Hospice Care of the Elderly with Advanced Illness. Presentation for Community-based Prevention and Management of Cardiovascular and Other Chronic Diseases among Caribbean Elderly: A Focus on Nursing Leadership Conference, Antigua, West Indies.
- Armstrong, T.D. (2008, March). Integrating Pastoral Care Ministry and Behavioral Science Approaches. Presentation for Clinical Pastoral Education Interns and Residents, Pastoral Care Services, Duke University Medical Center, Durham, NC.
- Armstrong, T.D. (2007, November). Psychospiritual Care for Bereaved Children, Youth, and Families. Presentation for the UNC School of Social Work Clinical Lecture Series, University of North Carolina at Chapel Hill, Chapel Hill, NC.
- Armstrong, T.D. (2007, March). Children, Adolescents, and Grief: Providing Support for the "Least of These." Presentation for the Duke Institute on Care at the End of Life conference "In Life and in Death We Belong to God: The Congregational Continuum of Care in the Presbyterian Church," Durham, NC.
- Armstrong, T.D. (2006, November). Psychospiritual Dimensions of Dying in Children and Adolescents. Presentation for the Palliative Care Case Conference, Duke University Health System, Durham, NC.
- Armstrong, T.D. (2006, June). Black Children in Bereavement: Developing a Model of Multidisciplinary Care through Christian Faith Communities. Seminar presented at the Children's Spirituality Conference, Concordia University, River Forest, IL.
- Armstrong, T.D. (2005, October). Children and the Experience of Death: An Initiative of the Duke Institute on Care at the End of Life. Workshop presented at the 2005 Clinical Conference of the Carolinas Center for Hospice and End of Life Care, Hilton Head, SC.
- Armstrong, T.D. (2005, September). Love of God, Love of Neighbor, Love of Self: Towards a Faithful Integration of Theology and Mental Health Care. Colloquium Speaker for Regent University, Virginia Beach, VA.
- Armstrong, T.D. (2005, July). Church: Community of Caring. Presentation for the Duke Youth Academy, Duke University, Durham, NC.
- Armstrong, T. D. (2005, April). Treating Adolescent Substance Abuse: The Role of Faith Communities. Panelist for the Third Annual Durham Health Summit, Durham, NC.
- Armstrong, T. D. (2003, November). Sexuality and Diversity. Discussion facilitated for monthly educational program with female athletes at North Carolina Central University, Durham, NC.

- Armstrong, T. D. (2003, June). You Can Do *That* With Psychology?!: Psychology as Gift to the Community. Workshop presented to BRIDDDGE students, Morgan State University, Baltimore, MD.
- Armstrong, T. D. (2002, October). Congregational Care Ministries: Holistically Edifying the Whole Body of Christ. Paper presented at the American Baptist Churches of the South, Area III Meeting, Savannah, GA.
- Armstrong, T.D. (2002, October). Assessing Spirituality in Human Service Assessments. Paper presented at the Building Bridges Conference (Sponsored by the Orange-Person-Chatham System of Care), Chapel Hill, NC.
- Wilson-Starks, K., Armstrong, T. D., Berkel, L. A., Cokley, K. O., Richardson, L., & McDuffie, K. (2001, August). The Christian worldview and African thoughts, ideas, and practices: Are they compatible? Think tank presented at the 33rd annual meeting of The Association of Black Psychologists, Denver, CO.
- Armstrong, T. D., & Costello, E. J. (2000, June). A literature review of population studies of substance abuse and psychiatric comorbidity in adolescent females. Poster presented at the 62nd annual scientific meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico.
- Armstrong, T. D. (1999, August). Spiritual coping in families dealing with pediatric HIV or pediatric nephrotic syndrome. Paper presented at the 31st annual meeting of The Association of Black Psychologists, Charleston, SC.
- Armstrong, T. D. & Costello, E. J. (1999, June). Patterns of drug abuse in young adolescent females: Data from the Great Smoky Mountains Study. Poster presented at the 61st annual scientific meeting of the College on Problems of Drug Dependence, Acapulco, Mexico.
- Armstrong, T. D. (1999, February). Spirituality as resilience in families coping with pediatric HIV or pediatric nephrotic syndrome. Paper presented at the annual meeting of the UNC School of Public Health's Minority Health Conference, Chapel Hill, NC.
- Armstrong, T. D. (1998, August). Coping in families with children dealing with chronic illness. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Crum, L., & Armstrong, T. D. (1997, November). Seven suggestions for improving participation rates of African Americans for participation in public health research. Paper presented at the annual meeting of the American Public Health Association, Indianapolis, IN.
- Roberts, D. L., & Armstrong, T. D. (1997, August). Spirituality, depression, and health status in

older African Americans. Poster presented at the annual meeting of The Association of Black Psychologists, Washington, DC.

Crum, L. D., Armstrong, T. D., Smith, V. G., Hensley, L. H., & Cousins, D. S. (1997, June). Show me the money!: Recruiters' misperceptions of priorities in decisions to participate in medical research. Poster presented at the Summer Public Health Institute on Minority Health, Chapel Hill, NC.

Armstrong, T. D., Crum, L. D., Rieger, R. H., Bennett, T. A., & Edwards, L. J. (1996, June). Attitudes of African Americans toward participation in medical research. Poster presented at the Summer Public Health Institute on Minority Health, Chapel Hill, NC.

Armstrong, T. D. (1995, August). Exploring spirituality: The development of the Armstrong Measure of Spirituality (AMOS). Paper presented at the annual meeting of the American Psychological Association, New York, NY.

Armstrong, T. D., & Anderson, N. B. (1995, August). Exploring spirituality, religiosity, and psychological well-being in older African Americans: The validation of the Armstrong Measure of Spirituality (AMOS). Paper presented at the annual meeting of The Association of Black Psychologists, Los Angeles, CA.

Armstrong, T. D. (1994, August). Exploring spirituality among African Americans: The development of the Armstrong Measure of Spirituality (AMOS). Poster session presented at The Association of Black Psychologists' annual meeting, Philadelphia, PA.

Armstrong, T. D. (1994, May). Exploring spirituality: A preliminary study. Poster session presented at the annual North Carolina Psychological Association Spring Institute, Morehead City, NC.

HONORS

Dare to Be Different Award, Ebonettes Service Club, March 2016.

Who's Who in Black Raleigh and Durham, August 2015.

Recipient of the North Carolina Psychological Association's President's Award to the Insurance Committee SWAT Team, April 2015.

Durham Section Bethune Recognition Award (Female Entrepreneur of the Year), National Council of Negro Women, June 2012.

Co-Principal Investigator, "Circles of Care," Duke Endowment Grant, funded 2008-2010.

Together in Ministry Grant, American Baptist Churches, 2004 to 2008.

Duke Divinity School Tuition Grant, August 2001 to December 2003.

NIDA Travel Award to Society for Research in Child Development, April 2001.

NIDA/NIMH Junior Investigators Travel Awardee, March 2000.

College on Problems of Drug Dependence Travel Awardee, June 1999.

Postdoctoral Fellowship, National Institute on Drug Abuse, January 1999.

University Research Council, Small Grant Award, November 1995 (in collaboration with

UNC's Minority Health Project).
Sigma Xi Scientific Research Society Grant, February 1995.
Sigma Xi Scientific Research Society Grant, July 1993.
Academic Achievement Award, May 1992.
National Science Foundation Incentive Prize, June 1991.
Minority Summer Research Exchange Program, University of California at Los Angeles,
Summer 1990.
Mellon Minority Undergraduate Fellow, Yale University, March 1990-May 1992.

PROFESSIONAL AFFILIATIONS

President, North Carolina Psychological Association (July 2018 to present)
President-Elect, North Carolina Psychological Association (July 2017 through June 2018)
North Carolina Licensed Psychologist, June 2001, #2708
The Association of Black Psychologists (1996-2005; July 2018 to present)
American Psychological Association (October 1993 to present)
North Carolina Psychological Association (January 1995 to present)
American Association of Christian Counselors (October 2015 to present)

RESEARCH AND ADMINISTRATIVE EXPERIENCE

July 2013-
present Dean of Counseling, Apex School of Theology. Responsible for providing leadership in curriculum and program development for the Master of Arts in Christian Counseling and Master of Arts in Biblical Counseling programs. Giving oversight to counseling faculty teaching on-campus and online courses and providing advisement to students.

January 2008-
June 2009 Chair, Research Committee, Duke Pediatric Palliative Care Work Group, Duke University Medical Center (DUMC). Provided leadership for the research committee of the Duke Pediatric Palliative Care Work Group, the aim of which was to establish a pediatric palliative care service at Duke University Medical Center. Responsible for convening members of the research committee, reviewing extant quantitative and qualitative data on pediatric palliative care initiatives, and planning DUMC-specific data collection from health care providers and parents of dying or deceased children.

January 2005-
June 2010 Adjunct Assistant Professor (July 2008-June 2010) and Lecturing Fellow in Pastoral Theology, Institute on Care at the End of Life, Duke University. Charged with leadership of children's end-of-life initiatives. Responsible for developing research program and course ("Children and the Experience of Death: Theological and Psychological Explorations") on pediatric issues at the end of life. As a member of the ICEOL Management Working Group, helped to establish the strategic plan for the Institute under our director, Richard Payne, M.D.

- January 1999-
August 2001 Postdoctoral Fellow, Developmental Epidemiology, Department of Psychiatry and Behavioral Sciences, Duke University Medical Center. Responsible for data analysis and manuscript preparation on the Great Smoky Mountains Study (GSMS). The GSMS is a prospective, longitudinal data set which includes diagnostic and functional impairment data on a representative sample of over 1,400 adolescents in western North Carolina. Research focused on the impact of risk and protective factors in the development of adolescent substance abuse. Principal Investigator, E. Jane Costello, Ph.D.
- Fall 1995-
Fall 1998 Graduate Research, Department of Psychology, UNC-Chapel Hill. Dissertation entitled The Impact of Spirituality on the Coping Process in Families Dealing with Pediatric HIV or Pediatric Nephrotic Syndrome (161 pp.). The caregivers of children with life-threatening illnesses (HIV/AIDS), potentially-life threatening illnesses (nephrotic syndrome), and no chronic illnesses (controls) completed questionnaires on stress, coping activities, spirituality, and well-being. Qualitative home interviews examining these variables were also conducted with a portion of each sample. Defended September 1998. Advisor, Frank J. Floyd, Ph.D.
- Spring 1995-
Spring 1997 Independent Research, Division of Medical Psychology, Duke University. Exploratory study of the Armstrong Measure of Spirituality (AMOS), conducted in collaboration with Norman Anderson, Ph.D. The AMOS, along with measures of perceived stress, life satisfaction, prayer, and religious participation, were administered to a community sample of 118 older African Americans.
- Spring 1994-
Summer 1997 Graduate Research Assistant, School of Public Health, UNC-Chapel Hill. Helped to establish a database catalog and research catalog containing information pertinent to minority health issues for the Minority Health Project. Searched several databases and contacting various organizations for relevant databases or articles. Also conducted research (focus groups and surveys) with students at predominantly white and predominantly black campuses to study mechanisms underlying lower rates of participation in research by African Americans. Principal Investigator, Victor Schoenbach, Ph.D.
- Summer 1994 Graduate Research Assistant, Project RAPP, Durham, NC. Assisted in writing grant proposal concerning the relationship of ethnic socialization and violence for a project aimed at reaching adolescents, parents, and peers. Performed literature search, wrote section of literature review, and assisted in editing proposal. Principal Investigator, Dorothy Browne, Dr.P.H.
- Fall 1992-
Spring 1994 Graduate Research, Department of Psychology, UNC-Chapel Hill. Completed Master's thesis investigating relationships between spirituality and other

psychological variables. Collected original data from introductory psychology undergraduates and analyzed the psychometric properties of the Armstrong Measure of Spirituality (AMOS). Advisor, Barton J. Mann, Ph.D.

- Summer/Fall 1993 Graduate Research Assistant, University of North Carolina Hospitals, Chapel Hill, NC. Collected, entered, and analyzed data for research study examining psychosocial factors affecting kidney donation and transplantation. Administered questionnaires to patients and their family members by mail and made follow-up contact by phone. Principal Investigator, Rebecca Knotts, M.A.
- Fall 1991/1992 Undergraduate Research, Department of Psychology, Yale University. Senior Spring essay on family functioning in obsessive-compulsive patients and their spouses collected through a Minnesota health center. Advisor, Alice Carter, Ph.D.
- Summer 1991 Mellon Fellow, Department of Psychology, UNC-Chapel Hill. Transcribed, coded, and scored data for Children's Memory Project. Principal Investigators, Peter Ornstein, Ph.D., and Betty Gordon, Ph.D.
- Fall 1990/
Spring 1991 Undergraduate Research Assistant, Department of Psychology, Yale University. Helped coordinate Deliberate Rule Use Study, Yale Infant Study Laboratory. Worked with ages 31-34 months. Laboratory Director, J. Steven Resnick, Ph.D.

CLINICAL EXPERIENCE

- Sept. 2003-present Licensed Psychologist and Owner, Tonya D. Armstrong, PLLC. Psychology practice, training, and consultation involving children, adolescents, adults, groups, and families. Clinical supervision provided to interns pursuing licensure in various mental health disciplines. Trade name, **The Armstrong Center for Hope**, registered in 2008. Group practice established 2010.
- August 2001-August 2003 Licensed Psychologist, Alase Center for Enrichment. Practiced psychology through the provision of child, adolescent, adult, couples, and family therapy; psychological evaluations; and supervision of psychology trainees. Practice included three licensed psychologists, one licensed clinical social worker, and one school psychologist.
- April 2000-present Licensed Psychologist, Ministry of Congregational Care and Counseling, Union Baptist Church. Pastor, Kenneth R. Hammond. Providing spiritually-informed psychotherapy to adults, couples, families, and children who are members of the Church. Coordinating Stephen Ministry, an international program that trains the laity to provide care to individuals needing emotional and spiritual support.
Supervisor (through June 2001): Denise Barnes, Ph.D.
- Oct. 1999-Sept. 2001 Adjunct Assistant Professor, University of North Carolina at Chapel Hill. Served as Psychology Faculty for the Public Academic Liaison Project at the Northside Child and Family Counseling Center through the Orange-Person-Chatham (OPC) Area Health Program. Responsible for providing clinical services (e.g.,

psychotherapy, psychological assessments) to OPC child clients and their families as well as training and supervision to OPC trainees in psychology, psychiatry, and social work; 2 days per week.

Supervisor: Clyde Evely, Ph.D.

Sept. 1998-
June 1999

Visiting Clinical Assistant Professor, University of North Carolina at Chapel Hill. Through the Orange-Person-Chatham Area Health Program, provided individual, collateral, and family therapies as well as psychological assessments to children, adolescents, and families at the Northside Clinic (Chapel Hill) and the Person Counseling Center (Roxboro); 2 days per week.

Supervisor: Debbie Fixsen, Ph.D.

July 1997-
June 1998

Medical Psychology Intern, Duke University Medical Center. Rotations included the Pediatric Psychology Service, the Adolescent Inpatient Unit, the Community Guidance Clinic, and the Family Studies Program. Responsible for cognitive, academic, personality, and neuropsychological evaluations of children with a wide range of medical and psychiatric disorders. Didactic training and clinical work in systems therapy with families, couples, and individuals. Also conducted group therapy with adolescents and children with a special focus on problem-solving skills and strategies for coping with depression and anger.

Supervisors: Melanie J. Bonner, Ph.D. (pediatric)
Kathryn E. Gustafson, Ph.D. (pediatric)
John H. Curry, Ph.D. (adolescent)
Karen C. Wells, Ph.D. (family)
Janet Whidby, Ph.D. (community)

Fall 1995-
Spring 1997

Psychology Trainee, Davie Hall Psychological Services, Department of Psychology, UNC-Chapel Hill. Founded the Self-Esteem Enhancement Therapy Group for undergraduate women of color. In conjunction with co-therapist, employed primarily cognitive-behavioral and interpersonal strategies.

Supervisors: David Galinsky, Ph.D. (Fall 1996 & Spring 1997)
Bernadette Gray-Little, Ph.D. (Fall 1995 & Spring 1996)

Fall 1994/
Spring 1995

Davie Hall Psychological Services, Department of Psychology, UNC-Chapel Hill. Cognitive-Behavioral Marital Therapy and Family Therapy Practica. Training through direct interventions, didactic sessions, case conferences, and group supervision.

Supervisors: Donald H. Baucom, Ph.D. (couples)
Barton J. Mann, Ph.D. (families)

Fall 1994-
Summer 1995

Psychology Trainee, Geropsychiatry Unit, John Umstead State Mental Hospital, Butner, NC. Responsible for conducting cognitive assessments and conducting supportive therapy with aged inpatients.

Supervisor: Laura M. Clark, Ph.D.

Spring/
Summer 1994

Psychology Trainee, Division of Child Psychiatry, UNC Hospitals. Involved with Child Diagnostic and Family Therapy Teams. Responsibilities included diagnostic evaluations as well as therapy.

Supervisors: Helen Brantley, Ph.D. (Child Team)
Robert Dell, Ph.D. (Family Team)

- Fall 1993 Psychology Trainee, Division of Child Psychiatry, UNC Hospitals. Member of Adolescent and Child Diagnostic Teams. Assessment and diagnosis using clinical interviews, TAT, WISC-III, WIAT, Rorschach, CAT, VMI, PPVT-R, and Draw-a-Person techniques.
Supervisors: Helen Brantley, Ph.D. (Child Team)
Jillayne Hollifield, Ph.D. (Adolescent Team)
- Spring 1993 Adult Assessment Practicum, John Umstead State Mental Hospital, Butner, NC. Psychological assessment of inpatient adults on various wards. Techniques included clinical interview, WAIS-R, Rorschach, MMPI, and TAT.
Supervisor: Deborah Lawrence, M.A.
- Fall 1992 Child Assessment Practicum, Cameron Park Elementary, A.L. Stanback Middle, and C. W. Stanford Middle Schools, Hillsborough, NC. Administration and interpretation using WISC-III, K-ABC, WPPSI-R, and Draw-a-Person tests.
Supervisor: Deborah Lawrence, M.A.

TEACHING EXPERIENCE

- Fall 2013-present Instructor for Counseling Studies Department, Apex School of Theology. Teaching “Theories of Personality,” “Professional and Legal Ethics in Counseling,” and “Pre-Practicum Counseling Skills” for the Master of Arts in Christian Counseling and Master of Arts in Biblical Counseling programs.
- Spring 2008-
Spring 2010 Co-Instructor, “Moving the Church to Social Action,” Duke Divinity School. Facilitating the capstone seminar (PASTCARE 301) for graduating M.Div./MSW students. Course emphasizes the use of integrated skills in Christian ministry and social work to develop a project addressing a pressing social issue.
- Fall 2005-2009 Instructor, “Children and the Experience of Death,” Duke Divinity School. Developed a new pastoral care course (PASTCARE 210) on the experiences of dying and bereaved children. Using an interdisciplinary approach, students explore the theological, psychological, medical, epidemiological, and anthropological implications of death not only for children, but for their families as well.
- Spring 2005-
Spring 2010 Co-Instructor, “Introduction to the Ministry of Social Work,” Duke Divinity School. Helping teach foundational course (PASTCARE 101) for the M.Div./M.S.W. program developed by the Duke Divinity School and the UNC School of Social Work. Course focuses on the faithful integration of theology and social work by elucidating theory and translation into praxis. Co-instructor is Dr. Amelia Roberts, Associate Professor of Social Work at UNC.
- Fall 2002- Preceptor, “Pastoral Care and Cure of the Soul,” Duke Divinity School.

- Fall 2003 Assisting with syllabus preparation, instruction, and evaluation of master's-level students in a two-part series on pastoral care (PASTCARE 64, 65). These courses focused on theologically-informed human development, psychopathology, and treatment.
- July, 2001 Guest Instructor, Course of Study Program, Duke Divinity School. Taught a module on "Pastoral Care and Counseling: Caring for Children and Youth" to experienced pastors in summer training program.
- March, 2001-2007 Guest Lecturer, Psychology Unit, John Umstead Hospital. Teach didactic seminar on "Spirituality Among Geriatric Populations: Conceptualization, Assessment, & Treatment" to psychology interns. Facilitate discussion of benefits and barriers of a spiritual perspective in a psychiatric inpatient setting.
- November, 2000 Psychology Faculty, Northside Child and Family Counseling Center. Lead two-session didactic training on cultural diversity. Sessions open to trainees across the OPC Area Program.
- March, 2000 Guest Instructor, "Clinical Assessment," North Carolina Central University. Educated students in Clinical Psychology Master's Program on techniques for interviewing young clients.
- Fall 1996,
Spring 1997
Summer 1997
Summer 2000 Instructor, "Child Development," University of North Carolina at Chapel Hill. Responsible for the administration of the entire course, including development of curriculum, lectures, demonstrations, and evaluative measures.
- Fall 1995,
Spring 1996,
Summer 1996,
Summer 1999 Instructor, "Personality," University of North Carolina at Chapel Hill. Responsible for establishing curriculum, developing lectures, incorporating creative teaching aids, and evaluating students' performance.

OTHER RELATED EXPERIENCE

- September 2012-present Convener, Therapist Consultation Group on Integration of Spirituality into Mental Health Care ("Meeting at the Well"). Coordinate monthly one-hour discussions of community of mental health practitioners on topics relevant to the integration of spirituality and mental health. Hosted by The Armstrong Center for Hope.
- September 2011-December 2014 Radio Show Personality, WXKL 1290 AM, Sanford NC. Weekly, twenty-minute radio show, "Hope in the Morning with Dr. T" discusses topics relevant to the African-American Christian community.
- July 2008-June 2010 Co-Principal Investigator, Circles of Care Project, UNC-Duke Collaboration. Following the pilot "On Our Terms" project, this project funded by the Duke Endowment will develop and disseminate training for persons developing spiritual care teams in churches and other community-based organizations for

African Americans with advanced illness. Principal Investigator is Laura Hanson, M.D., oncologist with the Lineberger Cancer Center.

- September 2006-
December 2007 Consultant, On Our Terms Project, UNC Hospitals. Provided biweekly consultation to a project team training lay health advisors for African Americans diagnosed with cancer. Facilitated trainings around communicating spiritual issues at the end of life.
- December 2001-
March 2004 Consultant, Alpha Management Services, Inc. Provide weekly consultation to group home residential directors, Director of Operations, and Executive Director on maintaining structure in these residential settings. Develop behavior plans for residents and in-service trainings for staff members.
- March 1996-
December 1998 Ad Hoc Reviewer, Journal of Black Psychology. Provide written reviews for the editor of JBP, a journal dedicated to the dissemination of scientific research on Black individuals and groups throughout the Diaspora.
- June 1997 Moderator, Summer Public Health Institute on Minority Health, UNC-Chapel Hill. Responsible for moderating a session on qualitative methods in research with communities of color during videoconferenced portion of Institute. Audience, including individuals from 23 national sites, exceeded 600 participants.
- August 1995-
May 1997 Graduate Assistant, Office for Student Counseling, UNC-Chapel Hill. Responsible for supervising upper-class students who assist entering ethnic minority students with transitioning into college life. Also involved in women's programming during 1995.

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