

# 10-Day Comprehensive Training in Dialectical Behavior Therapy

Featuring: Alan Fruzzetti, Ph.D.

March 27-29, May 13-15, Sept. 19-20, Dec. 5-6

Las Vegas, NV

Earn up to 60 CE credits



## ABOUT DBT:

Dialectical Behavior Therapy (DBT) is an integrative, evidence-based treatment which synthesizes acceptance-oriented therapy with the precision of cognitive and behavioral therapy. Dozens of controlled studies support the effectiveness of DBT with adolescents and adults affected by emotion dysregulation. DBT outcomes show increased safety and stability, maximized participation in treatment, and significant improvement in mood, relationships and job functioning. DBT includes 5 essential components: 1) Skill training, 2) Skill generalization (including skill coaching), 3) Individual therapy/motivation, 4) Family or other adjunctive interventions, and 5) Consultation or treatment team.

## ABOUT THIS COURSE:

The course consists of 10 days of training in four parts, over seven months, providing up to 60 CE credits. This comprehensive DBT training will address all 5 components of DBT and help you to develop a DBT program in your work setting. Program development and adaptations will be discussed for diverse populations, including (but not limited to) complex diagnoses, cognitive abilities, developmental level, and social support structure. Parts I and II will cover theory and conceptualization of the model, structure of treatment, skills for individual and group sessions, and how to function as a consultation team. Didactic training as well as demonstration, video of sessions, and supervised practice will be included in each part of the intensive training. Parts III and IV include additional supervision, consultation, and training for the use of the model with parents and families. This comprehensive DBT training will address all 5 components of DBT, and help you to develop a DBT program in your work setting.

## AUDIENCE:

This presentation is intended for psychologists, other licensed mental health providers, and graduate students of psychology.

## COMPREHENSIVE TRAINING IN DBT: 8:30am—4:30pm

### PART I: Theory, Structure, Targets and Treatment Strategies

3-Days (Wed/Thurs/Fri) March 27th—29th, 2019 ♦ Optum, 2716 N. Tenaya Way, LV 89128

### PART II: DBT Skills, Skill Training and Skill Coaching

3-Days (Mon/Tues/Wed) May 13th—15th, 2019 ♦ Day 1&3 at Optum, 2716 N. Tenaya Way, LV 89128  
Day 2 at Opportunity Village Buffalo Campus, 6050 S. Buffalo Drive, LV 89113

### PART III: Program Development and Team and Case Consultation:

2-Days (Thurs/Fri) September 19th—20th, 2019 ♦ Univ. of Phoenix, 3755 Breakthrough Way 89135

### PART IV: Advanced Team and Case Consultation, Specialized Populations, DBT Certification

2-Days (Thurs/Fri) December 5th—6th, 2019 ♦ Univ. of Phoenix, 3755 Breakthrough Way 89135



Approved for Nevada Psychologists and MFTs.  
Approval Pending from the State of Nevada: LCSWs.  
NPA is approved by the American Psychological Association  
to sponsor continuing education for psychologists.  
NPA maintains responsibility for this program and its content.

Details and Registration Now Available Online: [www.NVpsychology.org/workshops](http://www.NVpsychology.org/workshops)

# COST OF WORKSHOP/REGISTRATION FORM: 2019 DBT

~ Early Bird Deadline is **2/18/2019** for registration to Parts I, II and 10-Day ~

	<u>10-Day</u>	<u>Parts I &amp; II</u>	<u>Part I only</u>	<u>Part II only</u>
	Early Bird / Regular	Early Bird / Regular	Early Bird / Regular	Early Bird / Regular
<b>NPA Member *****</b>	<b>\$1,290 / \$1,490</b>	<b>\$710 / \$810</b>	<b>\$415 / \$475</b>	<b>\$415 / \$475</b>
<b>Prev Int Train-Member ***</b>	<b>\$840 / \$940</b>	<b>\$490 / \$590</b>	<b>\$315 / \$415</b>	<b>\$315 / \$415</b>
<b>Student Member **</b>	<b>\$790 / \$890</b>	<b>\$390 / \$490</b>	<b>\$265 / \$315</b>	<b>\$265 / \$315</b>
<b>Non-clinical ParaProfessional Mbr * <i>not available</i></b>		<b>\$490 / \$590</b>	<i>not available</i>	<b>\$315 / \$365</b>
<b>Non-Member</b>	<b>\$1,510 / \$1,710</b>	<b>\$910 / \$1,010</b>	<b>\$515 / \$575</b>	<b>\$515 / \$575</b>
<b>Prev Int Train—Non-Member</b>	<b>\$990 / \$1,090</b>	<b>\$590 / \$690</b>	<b>\$365 / \$415</b>	<b>\$365 / \$415</b>
<b>Student Non-Member</b>	<b>\$940 / \$1,040</b>	<b>\$590 / \$690</b>	<b>\$365 / \$415</b>	<b>\$365 / \$415</b>
<b>Non-clinical ParaProf. Non-Mbr</b>	<i>not available</i>	<b>\$590 / \$690</b>	<i>not available</i>	<b>\$365 / \$415</b>

\*\*\*\*\* Licensed psychologists, MFTs, LCSWs, other licensed professionals that are members of NPA

\*\*\*\*Postdoctoral fellows/psych assistants eligible for 15% discount off NPA member/NON-Member registration fees. Please request code to apply when registering online by emailing us at [admin@nvpsychology.org](mailto:admin@nvpsychology.org)

\*\*\* Previously Intensively Trained registrants, must substantiate, may only participate in Parts III & IV if space permits, determined by 2/18/19.

\*\* No other discounts applied for students. Students are not licensed or practicing in any mental health profession. They must show current enrollment in a regionally accredited college or university as a graduate student in psychology or a closely related profession.

\* Non-clinical ParaProfessionals: Behavior Techs, Psych Nurses, etc.

**NPA Group Discount:** Professional alliance—5—9 registrants subtract 10%, 10+ participants subtract 20%. Contact Exec Director at [admin@NVpsychology.org](mailto:admin@NVpsychology.org) or 888-654-0050 for more information.

## HELP NPA BE A GREEN ORGANIZATION:

I will download an electronic copy of handouts from NPA website (instructions will be sent by email)

I am unable to use electronic availability of handouts and need a paper copy made for me (additional \$10.00 fee per Part)

## REGISTRATION:

NAME: \_\_\_\_\_ DEGREE: \_\_\_\_\_

License #: \_\_\_\_\_ Profession \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

Payment in the amount of \$ \_\_\_\_\_ is enclosed, by check, payable to NPA

Please charge my credit card \$ \_\_\_\_\_ (Complete area below)

Visa/ MasterCard/ Discover/ American Express (circle one)

Account#: \_\_\_\_\_ Exp Date: \_\_\_\_\_

Security Code: (3 numbers on back of card; 4 numbers on front of AmEx): \_\_\_\_\_

Cardholder Name As it appears on the card: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Authorized Signature: \_\_\_\_\_

Register Online At: [WWW.NVPSYCHOLOGY.ORG](http://WWW.NVPSYCHOLOGY.ORG)

**Fax** (credit card only) to: (888) 654-0050

or **Mail** this form with check to: P.O. Box 400671, Las Vegas, NV 89140